When completed by each runner, you must put all of these details online using your username and password.

THE BRITISH 10K LONDON RUN 11th July 2010

Platinum Charity

Charity Race Ref. No. (NOT CHARITIES REGISTERED No.) P399 — To be completed by Debenture Holding Charity

Name of Debenture Holding Charity you are running for: **CBM UK**

Surname: •

Forename: •

Address: •

• •

• • • • • • • • • • • • • • • • Postcode • • • • • • • • • • •

Daytime Telephone: • • • • • • • • • • • • Evening Telephone: • • • • • • • • • • • •

Email Address: • Age on day of race: • •

(Minimum age is 15 years on race day)

Date of Birth: • • • • • • Male • Female • ANTICIPATED FINISHING TIME

Union Jack Sports & the race sponsors may contact you from time to time with offers and information that we consider may be of interest to you. Please tick this box if you do not wish to be contacted in this way •

Course certified by AIMS measurer.

It's a condition of entry that you will be able to finish the race in under 2 hours. Any fancydress costumes must be functional and runner friendly, for further details please see website at **www.thebritish10klondon.co.uk**

I declare that will be 15 years or over on 11th July 2010, that I will compete on foot and that I enter and intend running entirely at my own risk. No animals, baby strollers, mechanical vehicles or wheelchairs etc. allowed on route.

To the extent permitted by the Unfair Contract Terms Act 1977, neither Union Jack Sports Ltd nor its sponsors and suppliers, including all local authorities and facilitating agencies be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default of Union Jack Sports Ltd, its sponsors, suppliers and facilitating local authorities and agencies or their respective servants or agents from any other cause, including any act of God or the physical condition of the competitor.

The race organisers reserve the right at its absolute discretion to alter the date of the event or to change the published course as deemed necessary at any time and to alter without prior notice the contents of each race pack & the events media partners ... **See website for updates.**

Signature _____ Date _____

Please return to your charity team co-ordinator at:

Charity Name, Address & Telephone No.: **CBM UK, attn: Chloe Marchant, 7-8 Oakington Business Park, Dry Drayton Road, Oakington, Cambridge, CB24 3DQ. Tel: 01223 484700**