

the
overseas
disability
charity

cbm
together we can do more

together
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How your gifts
change the lives of
people with disabilities



For every child killed in warfare, three are permanently impaired.

Your gifts heal the wounds of war

How CBM reaches children trapped in conflict

Riding in a pickup truck down a dusty road, nine year old Ganiko thought he was safe from the terrors of war. The next thing he knew a landmine exploded under the front wheel. Shrapnel tore through his face, shattering his jaw. Local doctors did the best they could but within days the painful wound became infected. Without a hasty trip to see a specialist plastic surgeon in Kampala – at a hospital supported by CBM – he could have easily died.

From northern Uganda, Ganiko is just one of the 26,000 people around the world who are killed or maimed by landmines every year. Some mines are brightly coloured and attract unsuspecting little ones, so it's small wonder that two in every five people injured are children. Mines are only one of the many weapons of war that cause physical disabilities and lasting emotional scars in children. Your gifts help CBM work to heal these wounds, prevent further injuries and give children with disabilities a valued place in their communities.

Thank you for your help to heal children from the wounds of war. Your gift sends CBM funding into the heart of conflict to reach children and adults with disabilities.

DR Congo focus

The Democratic Republic of Congo (DRC) is a country ravaged by war. Home to 180,000 refugees from neighbouring countries like Rwanda and Burundi, a further 2 million internally displaced persons (IDPs) have fled the fighting and brutal rape of women and girls. In response to the need, CBM uses your gifts to support no fewer than nine projects treating and preventing disability across the country.

Our work is dangerous, because many of the children we help live directly in the line of fire. They may be kidnapped by advancing armies or forced to serve as soldiers. Bullet wounds have blinded them. Rape by soldiers can lead to infection by HIV or cause vesico vaginal fistula (VVF) leaving them incontinent and risking infection. Poor, unhealthy conditions in the wake of war leave an open door to diseases virtually unheard of in peaceful countries, like spinal tuberculosis or polio.

When displaced people are running away from conflict, it becomes even harder for doctors and community health care workers to find the children with correctible blindness, club foot, cleft lip and palate – or conditions like osteomyelitis, a serious bone infection with risk factors from injury to malnutrition, or poor hygiene and weakened immunity.

More than one in ten need us

Dr Bill McAllister
National Director of CBM UK



The World Health Organisation estimates that 10 percent of the people in any given country have a disability.

Imagine how

much higher that number can be in areas where innocent civilians and children are cruelly injured in conflict. Yet in any humanitarian crisis, the priority of relief services is to reach the highest number of people possible, often leaving people with disabilities neglected and less able to access basic services like emergency food or healthcare.

This has never been more true in the Democratic Republic of Congo where CBM has been carrying out its Christian medical work since 1972 to restore the lives and livelihoods of people with disabilities. Despite the country's rich natural resources, the World Bank rates the population as the second poorest in the world, with an average annual income of \$163, or about 28p per day.

Your support goes a long way on the shores of Lake Kivu, where teachers at the Centre pour les Handicapés Heri Kwetu are offering education and vocational training to visually or hearing impaired children. They also need £6,000 to build a five-bed dormitory block to house amputee patients who are being fitted for orthopaedic devices.

Uganda

A girl forced to kill

"I can't remember how many men raped me," says

Theresa. At the age of 15, Theresa and several other girls were kidnapped from school and dragged to the forest to be kept for years as sexual slaves of the Lord's Resistance Army. Moving around northern Uganda to stay one step ahead of government troops, they also forced Theresa to kill. "One of my schoolmates had malaria. She was exhausted and couldn't walk anymore. The rebels told me if I didn't kill her, they would kill me." Knowing their threat was real, Theresa, now a mother, says, "I know God is a loving father, but day by day I ask myself if He will ever forgive me."

Theresa finally fled, pregnant, running for days without food or water. Her second son Joshua contracted malaria, and Theresa learned at the hospital that both he and she were infected with HIV. At 18 months of age, Joshua showed symptoms of motor retardation and got help from orthopaedic surgeons at a hospital supported by CBM. Today he can walk with crutches and a brace, and thanks to CBM, Theresa started a small business selling coal and fruit, finally facing her future with dignity. Joshua is staying healthy through antiretroviral medication and his mother's immune system is staying strong enough to provide for her two sons.

She clings tightly to her faith in God, in light of continued nightmares about her brutal captivity and the unbearably heavy burden of the violence in her past.

In the wake of brutal treatment, Theresa learned her son has HIV and a motor disability, having difficulty walking.



Projects target people in need

With a population of over 60 million, the Democratic Republic of Congo is the fourth largest country in Africa. But people's life expectancy is still in the 40s.

Few people's lives are unaffected by the war between 1998 and 2003, and eastern areas of the country are still plagued by brutal militia groups. Many people are disabled due to violence, but congenital disabilities are also common as war leads to poor prenatal and infant care. CBM UK uses your gifts to support nine major projects.

1 Hôpital Evangélique provides eye health care to south west DRC and its neighbours. The 636,000 people who live in the area are extremely poor, and there is little in the way of infrastructure due to the impact of war.

2 Centre Mpandilu is a school for more than 360 deaf and intellectually impaired children in the central province of Kasai. The Centre also works to integrate children and young adults into society and works to raise awareness of the needs and rights of people with disabilities.

3 Centre Hospitalier Bethesda has relied on CBM's Emergency Programme to provide eye care for displaced people in the whole of the African Great Lakes region. CBM support helped to triple the number of operations performed compared to previous months when patients stayed away due to security fears.

4 Department of Ophthalmology at the Université Catholique du Graben offers screening, surgery, refraction testing and glasses and refers blind patients to mobility and orientation training. CBM helps provide medicines and equipment for more than 18,000 consultations a year.

5 Hôpital Evangélique de Vanga is relied upon by more than 6.5 million people. Responding to a huge need, the team have set up a branch eye centre in Kikwit district where around 80,000 are blind mostly due to cataract. Thousands are awaiting screening and surgery and many children are malnourished.

6 Hôpital de l'ECC/CBFC provided vision-related consultations to over 4,700 people in the



People injured in an emergency are noticed. Those who already have a disability often are not.

first half of 2010 alone. They rely on CBM support to provide eye health care to the poorest people in one of DRC's most dangerous regions.

7 Institut Médical Evangélique (a co-operative of several Protestant churches) is an important teaching hospital which has established no fewer than 18 satellite centres in the rural areas in Bas Congo province. They are reaching a population of around 1.3 million people, and working to provide surgery and care for 7,000 people blinded by cataracts.

8 Université Catholique du Graben in Butembo refers children with physical disabilities to an orthopaedic hospital also supported by CBM that can provide surgery and assistive devices. A recent emergency programme provided medical treatment, emergency food, eye care and orthopaedic care to people with disabilities in IDP camps.

Online giving

Give online giving a go

Have you tried it yet? CBM's all-new website includes several inspiring ways to donate online, the most secure way to give. By visiting www.cbmuk.org.uk/donate you can send a single gift, give by Direct Debit, or visit our Gift Shop where you can choose one of many ways to bring joy and lasting change to people with disabilities or at risk of disability. CBM gifts are a great way to acknowledge special occasions like weddings, anniversaries or birthdays.

Giving online is simple, reliable and, most importantly, reduces our costs by placing your support directly where we can use it best, meaning more of every gift starts changing people's lives right away.

Legacy giving

Leave the gift of a lifetime

After you've looked to the needs of your family, a gift for CBM in your Will could meet the needs and dramatically change the lives of people disabled by violence, or those who are at risk of disability in many of the world's poorest countries.

Completely blinded by a bullet, a boy like this can benefit in the future, through a gift in your Will.



Legacies have been instrumental in supporting nearly 1,000 unique projects in over 100 countries. Remembering CBM with your gift can channel funds to a cause you care about, where otherwise they will be taxed if your estate is valued above the Inheritance Tax threshold. Your help can provide:

- cataract operations • hearing aids
- emergency medical assistance
- community education • orthopaedic aids
- vitamin A distribution programmes
- eye care clinics • specialist surgeons
- community-based rehabilitation, and more.

Every gift is important, regardless of its financial value. Often the most helpful gift to CBM is a residuary legacy, a percentage of the remainder of your estate. But you may also leave an exact sum, a specific item or artefact, or leave a legacy only after your family have been provided for in their lifetimes.

For more information or to request a brochure, email Marisa Lovell-Fox at legacies@cbmuk.org.uk or call her on 01223 484700.

Drop by and say hello

at the Christian Resources Exhibition

David Stevens, CBM's Country Manager for England will be at the International Christian Resources Exhibition at Sandown Park, Esher, Surrey on May 10-13. So drop by Pavilion stand P61 where we look forward to sharing inspiring stories with you about our work.

I'll give the gift of sight, help and hope

Yes, I'd like to help CBM provide treatment and rehabilitation for people facing a lifetime with a disability. Use my gift in areas of conflict and wherever it is needed most.

- £15** provides six months' supply of vitamin A for 50 children
- £40** can set up 2 families affected by disability in a small business
- £60** can train 10 community health workers

£ _____ to use wherever the need is greatest

Please send me information about giving by Direct Debit

Title _____ Full Name _____

Address _____

Postcode _____

Email _____

To make a donation or set up a direct debit online please visit www.cbmuk.org.uk/donate or by phone please call 01223 484700.

Please complete this form and send it along with your donation to:

CBM UK, Vision House,
7/8 Oakington Business Park,
Dry Drayton Road,
Cambridge, CB24 3DQ

Registered Charity no:
1058162 (England & Wales);
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Pakistan

There for the people of Pakistan

The battle is not over for families devastated by last year's severe flooding

Your gifts are still helping communities recover from last year's floods in Pakistan which left an estimated one fifth of the country under water and as many as 900,000 homes destroyed.

Through help from donors, CBM has continued providing emergency funding for Comprehensive Health and Education Forum (CHEF), including this past winter when many families were struggling to stay warm. CHEF relied on CBM support to assist communities to rebuild their lives after the floods.



Meer Hassan made a living driving a horse-drawn taxi, but the floods swept everything away.



In this camp alone, 180 people with disabilities are fighting to ensure their needs are not overlooked.

Meer Hassan, 50, is unable to walk because of childhood polio, but earned a living driving his horse and cart. But the floods of last August took everything. His cart was washed away and his horse escaped, never to return. With no place else to go, his entire household of 10 extended family members travelled 600km to a camp in Karachi.

Gifts from CBM supporters are still essential in providing emergency medical care, eye health care, assistive devices for people with mobility difficulties, clean water supplies and temporary shelter. People with disabilities are often neglected in an emergency and their needs are treated as a secondary priority. CBM and CHEF are working together to ensure equal treatment, helping vulnerable people get medical treatment and recover, to again begin providing for their families just as Meer has done in the past.

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Eye doctors risk death

Doctors in Afghanistan supported by CBM found Mirsaid who was nearly blinded by a landmine.

He still has some sight in his right eye despite tiny bits of aluminium shrapnel which doctors operated to remove. His left eye has been blinded by a trauma-induced cataract, but his mother is optimistic. "I hope that he will see again," she says.

Work in Afghanistan remains incredibly dangerous. Last August, Dr Karen Woo, Optometrist Tom Little and an associate were shot and killed on their return from an eye outreach in the Nuristan Province.

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