

A close-up photograph of two people in a group setting. On the left, a woman is wearing a white shawl and has a white bandage over her right eye. She is smiling. To her right, a young man with short dark hair is also smiling. They are surrounded by other people, some of whom are partially visible in the background.

the  
overseas  
disability  
charity



## 2013-14 Annual Review

# From our Chief Executive



Kirsty (centre) with young health campaigners at a project planning workshop in Zimbabwe, 2014.

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**I have great pleasure in introducing this Annual Review, sharing some highlights of our year.**

I was privileged to visit projects in West and Southern Africa during the year. Meeting dedicated staff and people with disabilities whose lives are being transformed is always a humbling and inspiring experience. In Ivory Coast, at a hospital where CBM is helping to train doctors to carry out Cataract surgery, I met 68-year-old Peter, who had been blind and totally dependent on his family for 2 years. I will never forget his smile the moment his bandages were removed after surgery, restoring his sight and independence. I wish that all of our supporters could see first-hand how their help brings joy and hope to some of the world's poorest people.

We are proud of our achievements in 2013-14, reaching communities that would have been neglected, but we cannot rest on our laurels. There is still such pressing need for action – 1 billion people worldwide live with disabilities, the majority in poor countries. Many are trapped in extreme poverty.

Our new strategic plan sets out a clear path to achieve our ambitions: to work with local partners to transform many more lives, and to bring about changes in global policy and practice. I look forward to sharing our plans with you in 2015.

Finally, my heartfelt thanks to all who have helped CBM UK transform the lives of millions of people with disabilities in some of the world's poorest communities. The commitment and dedication of our supporters never fails to inspire me. With your help, we will do even more in 2015 and beyond to end the cycle of poverty and disability, removing the barriers faced by people with disabilities and helping to restore the world as God intended: a world where every individual is loved, valued and able to fulfil their full potential.

Yours sincerely

A handwritten signature of Kirsty Smith in black ink.

Kirsty Smith

# About CBM UK

## Mission

CBM is an international Christian disability and development organisation improving the quality of life of people living with or at risk of disability in some of the poorest communities of the world.

Based on our Christian values and over 100 years of professional expertise, we address poverty as a cause, and a consequence, of disability, and work in partnership to create a society for all.

## Vision

CBM's vision is an inclusive world in which all people with disabilities enjoy their human rights and achieve their full potential.

In 2013/14, CBM UK worked with local partners to deliver 21 life-changing programmes in 16 low and middle income countries. These programmes focussed on transforming the lives of people with disabilities by:

- **Improving health** – preventing and treating conditions leading to disability
- **Education for all** – working with schools, families and communities to ensure that people with disabilities can access appropriate education and training
- **Providing employment opportunities** – helping to overcome the barriers that people with disabilities face to earning their living
- **Disaster relief** – ensuring that people with disabilities receive emergency relief at times of crisis and helping to rebuild lives and communities once the crisis has passed
- **Alliances to achieve long-term change** – working with other NGOs, alliances and international bodies to build a more inclusive world.



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Photo: © CBM



**“I fully support CBM UK’s work improving the lives of people with visual impairments in the poorest countries of the world. Those of us with sight are extremely fortunate and anything we can do to eliminate avoidable blindness and enrich the opportunities of those without sight is enormously worthwhile.”**

Sir John Major, KG, CH

Photo: © CBM



# Improving health

## In 2013, CBM:

- Treated 13.8 million patients for River Blindness (Onchocerciasis) and blinding Trachoma
- Enabled 665,937 people to access treatment for orthopaedic conditions like Clubfoot
- Distributed 1,003,703 assistive devices including 795,835 spectacles, 28,918 low vision devices, 21,427 hearing aids and 115,691 orthopaedic appliances
- Trained nearly 6000 doctors and nurses to build long-lasting local expertise
- Gave over 1/2 million people the gift of sight through Cataract surgery

**CBM UK provides medical support to improve the health of people with disabilities in poor communities, while also working to prevent conditions which can lead to disability.**

## Restoring Sight

Madaraka lives in a suburb of Dar es Salaam in Tanzania, Africa, with her 3 year-old son, Annuary, who had a Cataract. *“Just a few months after he was born we realized that something was wrong”*. Madaraka took her son to a clinic but treatment was expensive. *“I earn very little as a hairdresser. My husband doesn’t have work at all. I just accepted the fact that we couldn’t afford to get help for Annuary, but it hurt a lot.”*

Then, Madaraka saw a poster telling her that children could receive free Cataract surgery at CBM-supported hospital CCBRT. Four days after arriving at the hospital and receiving surgery, Annuary was discharged with eye drops to administer every day and a follow-up appointment in a month’s time. Madaraka is very happy about his improvement. *“He is not squinting as much with the right eye, now that he can see with it”, she says.*

A sight-saving Cataract operation costs just £24 for an adult or £95 for a child, but it can transform life for a child like Annuary. *“When I had a Cataract operation I realised it was a comparatively simple and inexpensive procedure. I thought of the millions of blind people in the developing world whose sight could be restored by a simple operation and I felt I wanted to donate towards the facilities to make it happen”, explains John Reed from Surrey, one of our generous supporters.*

## East Africa – Child Eye-care

Thanks to the support of Standard Chartered’s “Seeing is Believing” programme and a gift in the Will of one of our kind donors, CBM UK is leading a consortium of NGOs to ensure children in East Africa have access to quality, child friendly eye-care services. In 2013-14, 57,576 children received treatment through the programme and 45 million children will ultimately benefit through changes in national policies, strengthening national coordination and promotion of child eye health.

## Investing in children’s future

The Sylvia Adams Charitable Trust supported CBM UK to fund orthopaedic surgery for children with physical disabilities at CoRSU, a CBM-supported specialist hospital in Uganda, Africa. In February 2014, Jane Young and Mark Heasman from the Trust visited the hospital. Jane reports:

*“Children’s lives are being changed every day by treating things like Clubfoot...Many of the children treated at CoRSU are viewed as having no future because of their disability. But we were later able to meet some who have been treated and are now flourishing back at home. We came away thinking that this has been a wise investment in the future of some of Uganda’s children.”*

## Tanzania – Glaucoma treatment trial

A grant from Standard Chartered’s “Seeing is Believing” Innovation fund in March 2014 has enabled CBM to start trialling a new, pain-free laser treatment for Glaucoma in Tanzania. This will be the first time this treatment has been trialled in Sub-Saharan Africa and could revolutionize the way that Glaucoma is treated across the continent.



## Education for all

In 2013 CBM enabled 85,000 children to receive an education.

Education opens doors: it promotes social inclusion and fosters better access to jobs, health and other services.

Children with disabilities are more likely to miss out on education than any other group; they make up **one-third of those who are not in school**.

Photo: © CBM/argum/Einberger

**CBM works with local partner organisations in poorer communities to help children with disabilities access appropriate education. This involves:**

- developing safe and welcoming schools
- training teachers on their specific needs
- supporting parents into employment so that they can afford to send their children to school
- changing attitudes so people with disabilities are encouraged in their education.

### India – helping families keep children in school

Since its launch in 2013, our Chamkol project in Chamrajnagar, India has helped 640 families of children with disabilities to improve their health and economic situation and play an active role in their community. The project also supports primary schools to fully include children with disabilities and runs after-school clubs. So far 5,000 primary school children have benefited.

### Malawi – training teachers

Thanks to funding from the Scottish Government, CBM UK is working with Montfort Special Needs Education College and Strathclyde University to provide specialised accessible training to 210 teachers and 37 special needs teachers in 9 primary schools across 5 districts of Malawi, Africa.



### Building confidence, encouraging participation

Shilpa is 13 and has Cerebral Palsy. She used to be unable to walk, crawl or sit up on her own. After rehabilitation and support from Community Workers funded by CBM, she now attends both school and our after-school club. Her club coordinator, Asha, who herself has a disability, says,

*"When Shilpa first started coming, she would sit alone and wouldn't interact with the other children. I encouraged her to sit with the others, and if she didn't understand something I'd get her to ask the children around her to explain. Her confidence has really increased."*



## Building secure livelihoods

The chance to earn an income is an opportunity to escape from poverty, regain confidence, become less socially isolated and promote a sense of well being.

In 2013, CBM supported 123,742 people with disabilities to improve their livelihood possibilities.

Photo: © Robin Wyatt 2014  
www.robinwyatt.org

**Earning an income is vital to families living on the edge, offering their best chance to escape poverty. But people with disabilities in poorer communities can face many barriers to earning a living, including lack of access to education and skills training, prejudice and lack of access to networks and finance.**

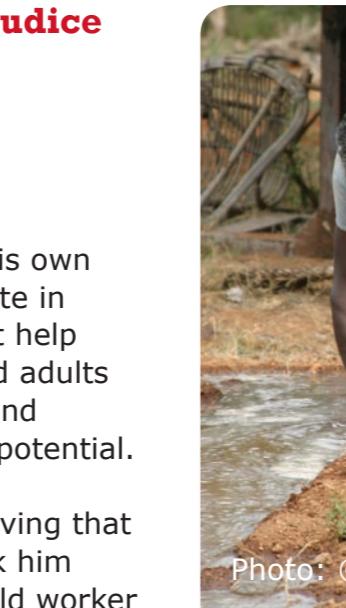
### Providing opportunities in Nigeria

Eje Abraham Oting is proud to own a computer centre, his own shop. As one of 18 children of poor farmers in Benue State in Nigeria, his future could have been very different without help from CBM-supported Elim Centre. Elim helps children and adults with disabilities and their families to overcome physical and societal barriers within their communities and fulfil their potential.

At 2 years old, Eje's lower limbs became paralysed. Believing that the disability was caused by witchcraft, Eje's mother took him around Nigeria in search of a cure, with no success. A field worker from CBM-supported Elim project spotted him struggling to walk to school with a cane.

Thanks to the support of Elim, Eje was fitted with crutches and a wheelchair to help him get to school. They helped him to complete secondary school and a computing diploma. Finally, CBM-funded Elim field staff helped him plan his business and secure the support of his brother to buy the shop.

*"I never mind what people say about me anymore provided I get to where I want because of the encouragement I received from Elim staff who always told me to go beyond people's expectations."*



### India – organic farming

CBM UK's programme in the Betul district of India has provided livelihood opportunities to over 300 farmers affected by disability. Some have physical, hearing and visual impairments; others are parents of children with disabilities. The programme provides specialised training in farming organic fruit, vegetables and other crops, with a mixture of theory and practical sessions.

This is one of the first projects in India to train people with disabilities in organic farming. It not only provides previously marginalised individuals with access to a sustainable income source, but will also lead to environmental benefits by shifting farming practices away from the use of chemical fertilisers.

This programme particularly helps those living in rural communities for whom employment opportunities are severely limited. In turn, participants will pass on their new skills to benefit their community, helping to achieve greater local acceptance and respect for people affected by disability.



# Emergency response and disaster relief

We ensure that the needs and rights of the poorest people with disabilities are not forgotten in times of emergency.

Photo: © CBM



**When disaster strikes, people with disabilities are often unable to access early warning or evacuation messages, or emergency shelters. Visual, hearing or mobility aids get lost or damaged and access to humanitarian services can be difficult or impossible.**

CBM has over 100 years' experience of providing relief and recovery for people with disabilities at times of crisis, remaining long afterwards to help rebuild homes, communities and livelihoods. We also ensure that people with disabilities are included in disaster 'risk reduction' activities, so that communities are better prepared for severe weather events, and promote their involvement in international programmes seeking environmentally sustainable development.



## Philippines – Typhoon Haiyan

Our supporters helped us to respond to our most significant emergency challenge this year: assisting those affected by Typhoon Haiyan, which killed over 6,000 people in the Philippines and affected more than 14 million.

In November and December 2013, we distributed emergency aid to over 23,000 people. We provided survival bags designed to ensure that families were independent for two to three weeks. One year on, CBM is still working in the Philippines to help re-build houses and schools, and also lives, livelihoods and communities.

## From emergency aid to rebuilding lives

Flora has two sons Jesson, 14 and Jehoy, 17, who both have severe intellectual disabilities. Her home in Barotak Viejo, a small town in the Philippines, was reduced to rubble by Typhoon Haiyan.

*"When the typhoon came I was afraid for my children. I knew I had to get them to safety. They cannot talk and can only walk very short distances. I was afraid that if the water came, they would die", she said.*

The evacuation centre was one kilometre from her house. *"The only way was to carry one child at a time. When I came back the second time the water had begun to rise. I was scared that my children would not be safe, but they are and I am so grateful"* she said.

Flora received support from CBM to get her family on the road to recovery. We're now working with communities like Flora's to provide ongoing psychological support and to ensure that reconstruction efforts are accessible for people with disabilities.



## Alliances for global change

Photo: © CBM

**CBM is working to create a world in which all people with disabilities enjoy their human rights and achieve their full potential – but we can't achieve this on our own. We work closely with other NGOs and international bodies such as the World Health Organisation, and also play an active role in coalitions such as Vision 2020.**

During 2013/14, through CBM International we continued to partner with the **World Health Organisation** in a number of fields including prevention of blindness, hearing impairment and mental health.

As a member of the **International Agency for the Prevention of Blindness**, we continued to actively support "Vision 2020: The Right to Sight", the global initiative to eliminate avoidable blindness.

As part of the **CBM International Federation**, CBM UK helps shape international policy and ensure that the voices of people with disabilities are heard. In 2015, the Millennium Development Goals will come to an end. CBM's International Advocacy and Alliance team is working hard to ensure that the Post-2015 global development goals include people with disabilities.

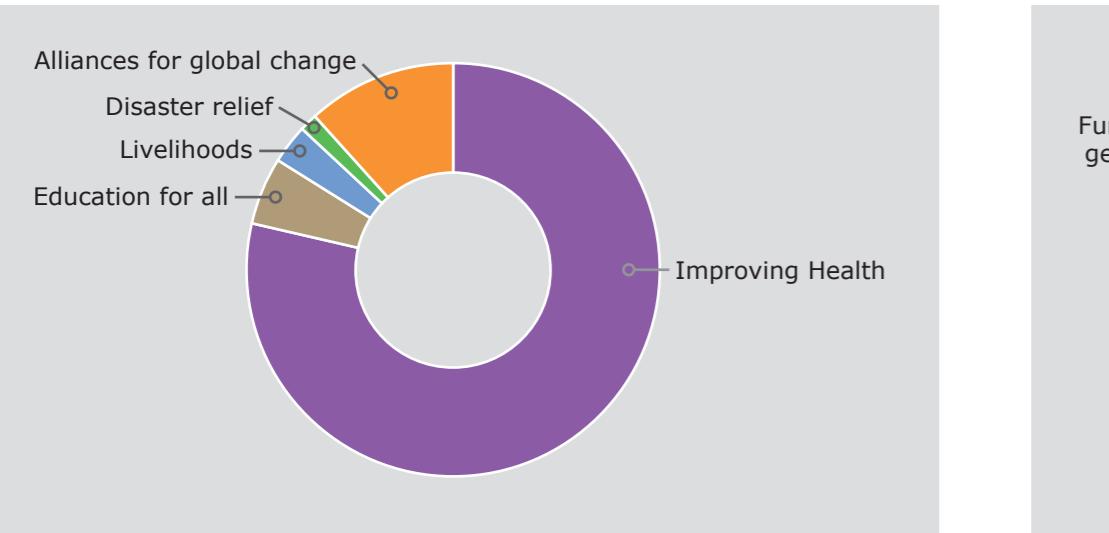
A May 2013 report by the UN Secretary General called on the world 'to leave no one behind' in its plan to eradicate extreme poverty and made specific recommendations for the inclusion of people with disability.

In our work influencing change, we have continued to gather and promote evidence of the need to support people with disabilities in developing countries.

- CBM UK contributed to the International Disability Committee inquiry on Disability and Development. The April 2014 report has influenced the UK government's Department for International Development to develop plans for its work on disability.



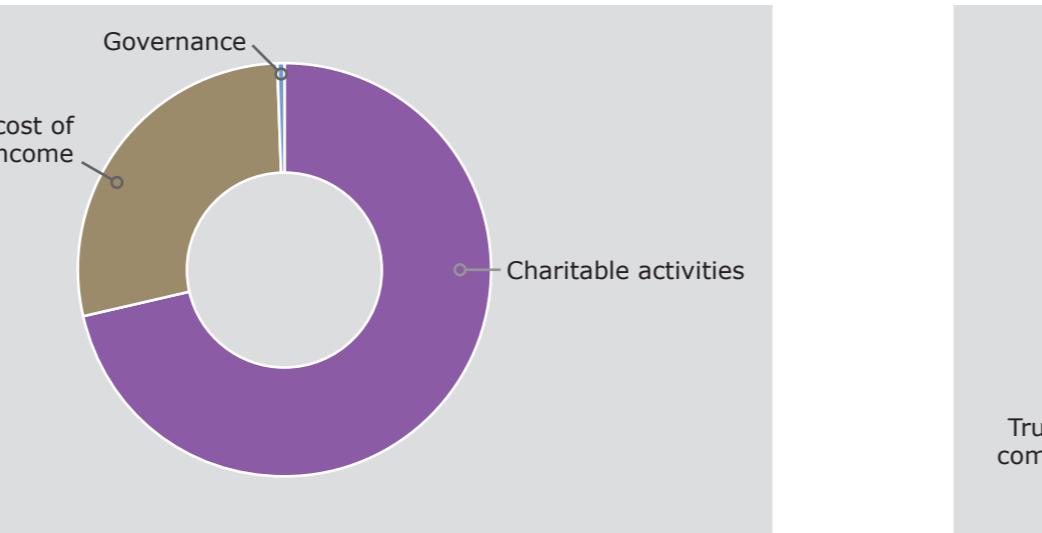
# Finances



## Breakdown of Direct Programme Costs

Improving Health	£1,693,398	(79%)
Alliances for global change	£246,569	(11%)
Education for all	£114,368	(5%)
Building secure Livelihoods	£64,595	(3%)
Disaster relief	£33,274	(2%)
<b>TOTAL DIRECT PROGRAMME COSTS</b>	<b>£2,152,204</b>	

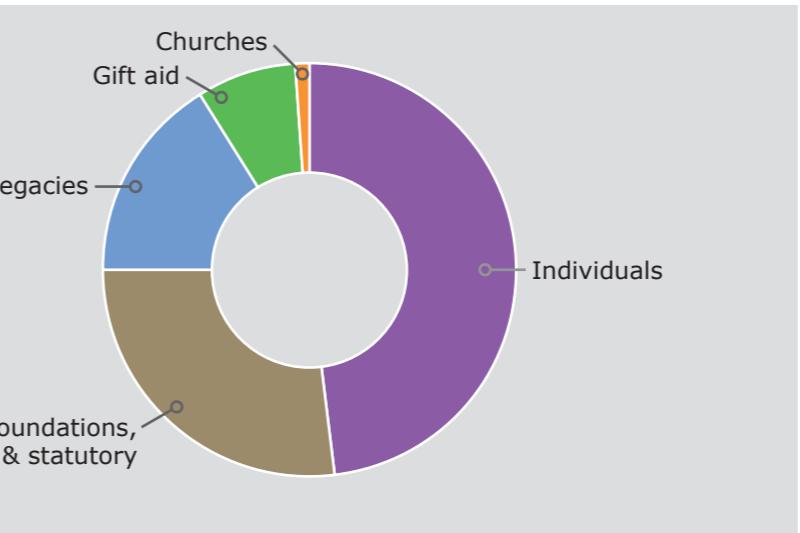
Our total expenditure decreased slightly in 2013/14. The cost of generating funds reduced by 5%, while project delays meant that some programme expenditure was postponed until 2014/15.



## Expenditure

Charitable activities	£3,088,944	(72%)
<i>Direct Programme Costs</i>	£2,152,204	
<i>Programme planning, monitoring, evaluation &amp; accountability</i>	£936,740	
Fundraising/cost of generating income	£1,215,225	(28%)
Governance	£12,502	(<1%)
<b>TOTAL EXPENDITURE</b>	<b>£4,316,671</b>	

For every £1 invested in fundraising, we received over £5 back during the year.



## Income

Individuals	£3,036,495	(48%)
Trusts & Foundations, companies & statutory	£1,704,005	(27%)
Legacies	£1,010,299	(16%)
Gift aid	£501,352	(8%)
Churches	£57,377	(1%)
<b>TOTAL INCOME</b>	<b>£6,309,528</b>	



**Tine Jenkin from Devon was one of the kind supporters who left a gift to CBM in their Will during 2013.**

"Tine was concerned for those who had little and the thought of supporting CBM was one that thrilled her", explains her brother, Edgar Powell. Legacies such as Tine's have funded the building of new eye clinics, enabled children with disabilities to go to school, trained doctors to prevent conditions that lead to disability and much more.

These figures are a summary of the financial information contained in the full audited annual accounts year ending 30th June 2014, which were approved by the board of Trustees on 27th November 2014 and have been submitted to the Charity Commission.

They may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. Full audited accounts have been awarded a clean audit report and are available on request or to download at [www.cbmuk.org.uk](http://www.cbmuk.org.uk).

# CBM UK projects

Healthcare

Education

Building secure livelihood

Disaster relief/Emergency response

Advocacy and alliances



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The Charity is also registered with the Office of the Scottish Charity Regulator 'OSCR' with registered charity number SC041101.