

P R A Y E R   D I A R Y   2 0 1 6



the  
overseas  
disability  
charity

**cbm**  
together we can do more



# About CBM

## What we do

CBM is an international disability and development organisation that transforms the lives of people with disabilities, their families and communities in the poorest places of the world.

Our vision is an inclusive world in which all people with disabilities enjoy their human rights and achieve their full potential.



## Why disability?

People living in poverty with disability are the world's poorest people. So if we're going to end poverty, we can't ignore disability.



## How we help

Last year, CBM helped more than **32 million** people with disabilities or at risk of disability, through **672 projects** in **60 countries**.

# Prayer can move mountains

The Bible tells us that prayer can be a comfort, a defence and a way of deepening our intimacy with God. However more important than all this, prayer is vital if we want to achieve change in this world.

“And we are confident that he hears us whenever we ask for anything that pleases him. And since we know he hears us when we make our requests, we also know that he will give us what we ask for.”  
1 JOHN 5:14-15

So thank you for joining us on a journey of prayer in 2016.

This diary contains prayers provided by our partners and supporters around the world. **Turn the page each day of the month, starting with Day 1 on the 1st of January.** When the 1st February comes around turn back to the beginning of the diary to continue.

**Thank you so much for your prayers. It is only through God’s help that the lives of people with disabilities living in the world’s poorest places will be truly transformed.**

With my warmest wishes



Kirsty Smith  
Chief Executive, CBM UK



**P.S.** Please feel free to share this prayer diary with your friends, family and church. To receive more copies please contact us at [info@cbmuk.org.uk](mailto:info@cbmuk.org.uk) or **01223 484700**. Thank you for praying to transform the lives of people with disability.

**If you would like prayer for anything at all please do contact us. We would love to pray for you in our weekly staff devotions. Find out more on p43.**

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# Reaching out in Democratic Republic of Congo

MATTHEW 11:5 "The blind receive sight, the lame walk, those who have leprosy are cured, the deaf hear, the dead are raised, and the good news is preached to the poor."

Please use these prayers to guide you on the 1st day of each month

## JANUARY

As our partners in DRC, in Central Africa, look ahead to the coming year, pray that God will give them the wisdom and strength they need to effectively reach and support people living with disabilities.

## FEBRUARY

The Eye Unit of Hôpital Evangelique de Vanga serves a population of over 6 million people and covers an area of 300,000 square kilometres. Pray for the hospital's effectiveness as it tries to meet the eye health needs of all these people.

## MARCH

Around 80,000 people in Vanga's catchment area have visual impairments, half of them due to Cataracts. Pray that the ophthalmic nurses will be able to effectively identify and treat conditions of blindness.

## APRIL

Bandundu province in DRC is home to a largely poor, rural population. Eye surgery is unaffordable and inaccessible. Please pray that CBM can effectively support Vanga in overcoming these barriers to effectively treat the population.

## MAY

Vanga treats patients at its base clinic and also via extensive outreach programmes. Pray for the trained community volunteers as they travel far and wide to educate and encourage.

## JUNE

Please pray today for the medical staff at Vanga. Reaching people living with disabilities and blindness in this area of DRC is an enormous task. Lord God, please give them strength, enthusiasm and the skills they need to heal people effectively.

## JULY

Due to their enormous catchment area, much of Vanga's outreach work is carried out using air transport. Please pray for the safety, good health and concentration of the pilots and the reliability of their planes.

## AUGUST

There is a high rate of malnourishment among children in this part of DRC. Please pray for provision for these children. Medical intervention is difficult, sometimes impossible, unless the body is properly nourished.

## SEPTEMBER

Treatment for blindness starts with screening of the population through trained community volunteers. Please pray that more people can enjoy a better quality of life through this screening process, accurate diagnoses and speedy treatment.

## OCTOBER

Eye surgery is a key pillar of the Vanga Eye Unit and their outlying surgery centres. Please pray that the mobile team will be able to reach more rural communities and be encouraged by the sight improvements they are able to give.

## NOVEMBER

Please pray for efficient and effective project management and capacity building by the project staff at Vanga. May more people be reached and supported by the team's efforts.

## DECEMBER

Vanga is a project specifically supported by CBM UK. Pray for bountiful funds so their work can expand.

# Enabling children in Uganda

PHILIPPIANS 2:4 “Let each of you look not only to his own interests, but also to the interests of others.”



## JANUARY

Let us pray for the dedicated staff at CoRSU (Comprehensive Rehabilitation Services for Uganda) who work tirelessly each day to help children receive the medical treatment and rehabilitation they need.

## FEBRUARY

Please pray for Denis who received corrective surgery for his bow legs in Uganda, East Africa, last February. Let us pray that his legs continue to heal and that his future is one of opportunity.

## MARCH

Pray for the childhood blindness programme that CBM is leading in East Africa. Pray that the programme in Uganda will continue to restore and protect the sight of many children.

## APRIL

Pray for CBM’s partner Katalemwa Cheshire Home for Rehabilitation. We pray that each child who is receiving vital rehabilitation after surgery may continue to heal and prepare for their return home.

## MAY

CAN is a knowledge sharing network for Community Based Rehabilitation in Africa, based in Uganda. Pray that the leadership team will effectively exchange best practice across the continent, improving the quality of CBR work in Africa.

## JUNE

Please pray for the childhood blindness consortia who are meeting in Uganda this month. Pray for continued collaboration and partnership.

## JULY

Please pray for Mengo Hospital (right) and Benedictine Eye Hospital who are providing vital assistance to those with visual

impairments in Uganda. We pray for their continued work reaching out to those in need.

## AUGUST

Please pray for all the children who are receiving medical care and rehabilitation at CoRSU. May God heal and protect each one of them.

## SEPTEMBER

Let us pray for improved attitudes towards people living with disabilities in Uganda. Pray that all people with disabilities are included in all aspects of life.

## OCTOBER

Please pray that each of us looks not only to our own interests but also to the interests of others.

## NOVEMBER

Pray that the Trachoma programme in Uganda, East Africa, continues to provide essential support to children living with this painful and blinding condition. Pray that more people will be protected from blindness caused by Trachoma.

## DECEMBER

As we reach the end of the year, we pray for all CBM and partner staff in Uganda. We give thanks for their dedication which is transforming the lives of so many people living with disabilities.



These prayers have been provided by Dr Andrew Hodges. Andrew is a plastic and reconstructive surgeon based at the CBM supported project Comprehensive Rehabilitation Services (CoRSU) in Uganda, East Africa. Andrew's wife, Sarah, is Head of the Anaesthetic department at CoRSU.

**JANUARY**

Pray for vision and energy at CoRSU as we try to do our best to treat people with disabilities and to pass on our skills to young doctors.

**FEBRUARY**

Pray for peace in Uganda, particularly as we approach the general election in February and March. Pray for justice, transparency and God's will to be done.

**MARCH**

Give thanks for the success of the plastic surgery training programme, from which two surgeons graduated in 2015. Pray that they will be resourced to train more surgeons, to help meet the huge need.

**APRIL**

Pray for the continuing development of our training programme, particularly as we seek funding for a new project.

**MAY**

Pray for our leaders – for wisdom, strength and compassion – as they strive to make CoRSU more able to meet the needs around us.

**JUNE**

Pray that God's will and direction will be made known to us. We have now been in Kampala in Uganda with CBM for 10 years. How can we best be used in the future?

**JULY**

Please pray for the young people of Uganda as they make their own way in the world. Pray that they will choose to make their country a place that is welcoming of everyone, regardless of ability or health.

**AUGUST**

Pray for unity among the surgeons, nurses and administrative staff here at CoRSU as we all work for the common purpose of sharing God's love with those in need.

**SEPTEMBER**

Many patients cannot afford to travel to CoRSU for treatment. Pray for solutions to enable everyone to be able to get the help they desperately need.

**OCTOBER**

Pray for excellence in all our work. Pray that all our staff will continue to understand how precious is every patient that walks through our doors.

**NOVEMBER**

Pray for more specialists to offer their services to CoRSU. Without their skills we cannot treat more people.

**DECEMBER**

3rd December is International Day of People with Disabilities. Please continue to pray that this day will provide opportunity to recognise the work needed to enable people with disabilities to have equal access.

*Dr Andrew Hodges  
and his family*



# Training ophthalmologists in Guinea

1 TIMOTHY 4:12 “Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity.”

## JANUARY

Today is World Braille Day which commemorates the work of Louis Braille. May the achievements he pioneered be developed further and benefit those who are blind or partially sighted.

## FEBRUARY

Please pray for the CBM-supported eye doctors who are training at the DESSO Centre in Guinea. Pray that all the doctors training there will work effectively as they combat blindness in West Africa.

## MARCH

CBM eye specialist Dr Moses Teshome is based at DESSO. May he have strength, patience and endurance as he trains new doctors, supervising their surgeries and encouraging them in their studies.

## APRIL

Pray that the trainees will concentrate well and learn quickly. It’s a tough course which is completed in two years rather than the usual four. Each student must do 60 Cataract surgeries independently.

## MAY

Please pray for reliable equipment at DESSO training centre in Guinea. Often power is only available 8 hours a day and there are many technical problems. Thank you Lord that you are ultimately in control of all things.

## JUNE

DESSO has a large clinic which many patients visit for eye screening and surgery. Pray that those involved in the consultations and organisation every day will be able to help as many people as possible.

## JULY

Pray for God’s blessing on Dr Michael Ketema, DESSO’s administrator, as he

oversees all work at the training centre in Guinea. He is himself an eye doctor and has enormous responsibility.

## AUGUST

CBM UK helps to fund DESSO. Give thanks for the money received and pray that we will be able to meet our full funding commitment to keep training specialist eye doctors.

## SEPTEMBER

Construction has started on a new school for eye nurses but there is a long way to go. Please pray for the money to finish the second floor and to build a proper roof.

## OCTOBER

Please pray that more doctors will be able to train at the DESSO centre. CBM currently sponsors 15 students, but so many more are needed.

## NOVEMBER

Give thanks for the Resource Centre at DESSO which provides a regular and cheap supply of surgical materials to all the eye clinics in Guinea. May this immensely valuable service be blessed and expanded.

## DECEMBER

Please pray for the country of Guinea, West Africa. Pray for stable government, effective healthcare and peace.



# Advocating for an inclusive world

MARK 12:30-31 “‘Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘Love your neighbour as yourself.’ There is no commandment greater than these.”

## JANUARY

Pray that the Sustainable Development Goals (SDGs) help deliver real change in the lives of people with disabilities around the world. These 17 goals aim to transform the world we live in over the next 15 years.

## FEBRUARY

Pray for the Advocacy for Women with Disabilities Initiative (AWWDI) in Nigeria. Give them strength and energy to continue their vital work in the fight for the rights of women with disabilities in Nigeria.

## MARCH

Let us join together in praying for inclusive and equitable quality education for children with disabilities around the world.

## APRIL

Pray for CBM International’s advocacy and alliance team who daily advocate for international development efforts to be inclusive of people with disabilities.

## MAY

Women with disabilities can face double discrimination. Pray that these women can challenge discrimination and promote equality and justice in their societies and communities.

## JUNE

Please pray for the Disabled People Organisations (DPOs) that CBM is working with around the world. Give them courage and strength to challenge stigma and combat inequality.

## JULY

Join us in praying that governments will see the importance of including people with disabilities into all they do. Pray that they will work to make their nations inclusive of all.

## AUGUST

Pray for the many local self-help groups that CBM is supporting. Pray that they can provide each other with support and encouragement.

## SEPTEMBER

Pray that people will “love thy neighbour as thyself” and treat all members of their community with the dignity and respect they deserve. Pray that we will remember to do this ourselves today.

## OCTOBER

CBM works with local and international organisations to promote social justice and equity. Please pray that in these partnerships we can work together to challenge human rights abuses and bring an end to poverty and exclusion.

## NOVEMBER

Please pray for CBM UK’s advocacy work. Pray that we can help influence policy-makers to include people with disabilities in their work.

## DECEMBER

Pray that we can help build awareness about poverty and disability, and break down the barriers that people with disabilities can face.

# Bearing fruit in Tanzania

These prayers have been provided by Christopher Andendekisyee. Christopher is an advocate for disability inclusion and international development and is the Country Representative of CBM in Tanzania. He lives with his wife Rehema and two children, Subilaga and Newton, in Dar es Salaam, Tanzania.



Photo © CBM

## JANUARY

Pray for the new Tanzanian government, elected last October. Pray that they will recognise the need to make their country inclusive of people with disabilities.

## FEBRUARY

Pray for families that suffer from discrimination because they have children with disabilities. Pray for God's protection over them and the perseverance to keep overcoming stigma.

## MARCH

Please pray that lasting and sustainable change will be achieved in the lives of everyone supported in Tanzania, East Africa. Pray that the follow up treatments and medicines provided will mean that the fruits that are sewn in their lives will last.

## APRIL

Restoring sight which has been lost because of Cataract can take only a few minutes. Pray for resources, awareness and political will so that we can get rid of this avoidable blindness.

## MAY

Pray that CBM's partners will be successful in empowering women with disabilities. Pray they will be able to support their families, live independently and contribute fully in their communities.

## JUNE

Pray that in 2016 CBM in Tanzania will achieve its annual targets and more as we work to transform the country we live in.

## JULY

Pray for CBM staff working worldwide towards our vision of building a world where everyone is loved, valued and accepted as God intended.

## AUGUST

Please pray that those overseeing our projects in Tanzania, East Africa, will be able to make wise decisions and support the projects well so that they can grow and develop.

## SEPTEMBER

Pray that more people will hear about the projects supported by CBM in Tanzania so that those who need treatment and support will know where to find it.

## OCTOBER

We are thankful for the UN Convention on the rights of Persons with Disabilities. Please join us in praying that the decisions will be followed and that the lives of people with disabilities will be considered by governments around the world.

## NOVEMBER

Today please pray that children with disability in Tanzania will achieve high marks in their final exams of 2016. Pray that education in Tanzania will increasingly meet the needs of all children.

## DECEMBER

Let us pray that people living with disabilities in Tanzania will know that God has chosen and appointed us all, as John 15:16 says, regardless of ability.

JOHN 15:16 "You did not choose me, but I chose you and appointed you so that you might go and bear fruit – fruit that will last – and so that whatever you ask in my name the Father will give you."

# With your help we're reaching millions

In our mission to improve the quality of life of people with disabilities in the world's poorest communities, we have, with partners, reached more than 32 million people in 2014.

They came from all walks of life and from many different cultures – we offer help irrespective of religion and actively promote inclusion of women and girls.



Photo © CBM/Inqbee

## A Global Operation

Thanks to the generosity of over **900,000 active supporters** around the world, CBM supported **672 projects** in **65 countries** across Africa, Asia, Latin America and the Middle East.



Photo © Robin Wyatt 2014

# CBM in Numbers



Photo © CBM/argum/Einberger

## Health

**652,000** sight-restoring Cataract surgeries

**24,585** Club foot surgeries to enable children to walk without pain

**2 million** people prevented from going needlessly blind due to Trachoma

**740,291** spectacles and low vision devices, **19,968** hearing aids and **128,539** orthopaedic appliances distributed

## Empowerment

**130,554** people with disabilities or family members helped to earn a living

**209,759** people with disabilities or family members enabled to attend peer support groups

**488** community projects to raise awareness of the rights of people living with disabilities



Photo © CBM

## Education

**95,000** children with disabilities enabled to access education

**12,716** teachers trained to deliver quality education to students with disabilities



Photo © Robin Watt 2014

# Intervention in the Ivory Coast

PSALM 5:11 “But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you.”

## JANUARY

Please pray for our project in the Ivory Coast, West Africa, which is improving the quality of surgical eye care by training medical staff and equipping Regional and University hospitals.

## FEBRUARY

Pray for an increase in national expenditure on health care in Ivory Coast, West Africa, which is currently only 1.4% of GDP.

## MARCH

As we mark World Health Day today, pray for the medical students currently training to improve the care offered in the Ivory Coast.

## APRIL

Cataracts eye surgeries are currently only available at 8 medical centres across the whole of the Ivory Coast. Pray for the resources to provide more surgeries across the country, particularly in remote rural areas which are hard to reach.

## MAY

Thank God for the Ivory Coast Red Cross, who we work alongside. Pray that they are encouraged and resourced to increase the care and services they provide.

## JUNE

Pray that we will be successful in increasing local awareness about preventing blindness, particularly so that we can reach people in high risk areas.

## JULY

As the Ivory Coast celebrates the anniversary of its independence, pray that the government will recognise the importance of including and empowering people with disabilities within all levels of society.

## AUGUST

Our partners meet many children whose lives are defined – and often restricted – by their disability. Pray that children with disabilities in Ivory Coast will be valued and that their God-given gifts will be celebrated.

## SEPTEMBER

Pray for the planned resource centres which will provide equipment and medication needed for Cataract surgeries across the Ivory Coast. Pray that these will help meet the high level of demand.

## OCTOBER

Pray for all the patients who will receive a Cataract surgery today. Pray that they will have peace about their treatment and experience a quick recovery.

## NOVEMBER

Thank God for the outreach adverts made on radio and TV which promote the eye health services provided by our partners. Pray that more people will hear about the treatment they could receive and seize the opportunities offered.

## DECEMBER

Pray for all those who have benefited from the improvements in eye health provision in the Ivory Coast which CBM's partners have provided in 2016. Pray that they would continue to experience the joy of restored eyesight.



# Opening up education in Malawi

LUKE 18:16 "But Jesus called the children to him and said, 'Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these.'"

## JANUARY

African children living with disabilities in Malawi often receive inadequate education or are excluded completely. Please pray that training would improve so that teachers are equipped to support all children in their classes.

## FEBRUARY

Let us pray that more blind learners will have access to school books in Braille and that low vision learners will have access to printed material in formats which they can use.

## MARCH

Please pray that God will energise and strengthen families living with disabilities to overcome the cultural and social barriers which they so often face.

## APRIL

Please join us in thanking God for the 37 special needs teachers which CBM are training in Malawi, Southern Africa. Thank him for their dedication in enabling children to fulfil their full potential.

## MAY

Please pray that the Disabled Peoples Organisations working in Malawi will be effective and sustainable in their work, achieving significant change and transforming many lives.

## JUNE

Pray for Malawi's Freedom Day which they will be celebrating on 14th June. Pray that they will celebrate this day with hope for prosperity and peace for the future.

## JULY

Daisy readers are small handheld audio devices which contain textbooks, lessons or messages from teachers, helping children who are blind or visually impaired to learn

and communicate. Let us pray that more children will receive these tools.

## AUGUST

Please pray that the Malawian Government will know the importance of prioritising education for all, making it inclusive and accessible regardless of wealth, race or ability.

## SEPTEMBER

As we remember the UK's new academic year and mark International Literacy Day today, please pray for children who may find it hard to make friends and settle into new routines because of their disability.

## OCTOBER

Please pray for God's protection over the children we support as they travel to school, often making long journeys: 'the Lord will watch over your coming in and going both now and forevermore.'

## NOVEMBER

Thank God that we are able to make a change for the better in the lives of children living with disabilities in Malawi. Pray for the 650 children in Malawi that received an education last year thanks to CBM supporters.

## DECEMBER

Please join us in praying that teachers and children in Malawi would be refreshed and energised over their break from school during the Christmas period.



# Preventing blindness and poverty in the Philippines

1 SAMUEL 2: 8 “He raises the poor from the dust and lifts the needy from the ash heap; he seats them with princes and has them inherit a throne of honour.”

## JANUARY

Pray for the Cataract Foundation, CBM’s partner in Bacolod and in 80 surrounding provinces. Pray for the success of their programmes to reduce avoidable blindness across the Philippines.

## FEBRUARY

Please pray for children who are blind in the Philippines. Almost half of child blindness is either treatable or preventable. Early detection and treatment are the keys to saving sight.

## MARCH

During this World Glaucoma Week, please pray for those with Glaucoma in the Philippines. Worldwide 60 million people have the condition and 9 million are already blind. Pray for early intervention, identification and treatment.

## APRIL

Poverty and disability go hand in hand and 25 million people live below the poverty line in the Philippines. Pray for greater access to education and employment so that the poverty/disability cycle is broken.

## MAY

Remember in prayer the Philippines general election planned for today. May elections be fair and peaceful and lead to stable government and justice for all.

## JUNE

Please join us in praying for those community workers who volunteer countless hours supporting children with disabilities and their families in home-based care and therapy.

## JULY

Pray for the staff of the National Committee for Sight Preservation working to improve the quality and reach of eye health programmes in the poorest served regions of the Philippines.

## AUGUST

Pray for the 500,000 people who are blind in the Philippines. Pray that their day-to-day lives may be eased by the care they receive.

## SEPTEMBER

Eye care services for children are a high priority for the Cataract Foundation in the Philippines. Ask for God’s blessing over this work so that fewer children have to cope with blindness-related conditions.

## OCTOBER

CBM and the Cataract Foundation lobbies local government to embed eye care within the healthcare framework and to raise awareness of the prevention of avoidable blindness. Pray that this work is fruitful and effective.

## NOVEMBER

Please pray for uninterrupted electrical power for the hospital services, for effective transport links for patients and for security and safety for people who are blind.

## DECEMBER

The Philippines has had its share of natural disasters. Pray that God will keep these islands free from harm so that the economy can grow and poverty can be reduced.



# Grass roots change in Nigeria

1 JOHN 4:7 “Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God.”



## JANUARY

Thank God for the Elim Centre’s community based rehabilitation programme in rural central Nigeria, Africa. Pray for the staff’s health and well-being as they seek to improve the lives of people with disabilities.

## FEBRUARY

Pray for the Elim Centre’s projects to generate income, including the bakery and the carpentry shop. Increased demand for services and inability to pay for treatment puts pressure on funding. Pray that they will receive the resources they need.

## MARCH

We are committed to tackling the link between poverty and disability. Pray for the Elim Centre’s livelihood scheme which provides training and business loans enabling the participants to lead more productive and fulfilling lives.

## APRIL

Pray for surgeons, doctors and physiotherapists working in Nigeria. As Jesus showed his love in his healing, pray that they will show that same love to their patients.

## MAY

Today we remember the outreach teams who take orthopaedic and ophthalmic clinics to remote areas. Pray they will be strengthened as they provide transforming treatments to isolated people.

## JUNE

Pray for children with Clubfoot and their families. Pray that they will not suffer prejudice and exclusion but will receive the treatment needed for freedom and happiness.

## JULY

People with disabilities are often excluded from Nigerian social, political and economic life, particularly from authority or leadership. Pray with us, as we work to reverse this order, that all people would be able to live life to the full.

## AUGUST

Pray for people living with a disability in remote areas of Nigeria. Pray that they will be reached through outreach clinics and that they will be enabled to grasp all the opportunities of life.

## SEPTEMBER

As the UK starts a new academic year, please pray for all Nigerian children currently missing out on an education because of their disability. Pray that they will receive training and teaching, so that they can support themselves in the future.

## OCTOBER

As we mark World Mental Health Day, please pray that our work will continue to break down the barriers and stigma which people living with mental health issues can so often face.

## NOVEMBER

Please join us in thanking God for the assistive devices (such as splints, crutches and standing boards) which our partner Elim Centre provides. Please pray that more people will be able to live fuller lives thanks to these devices.

## DECEMBER

Please pray for the physiotherapy sessions which are provided at Elim Centre, easing pain and helping their patients to live comfortably with their physical disabilities.

# Uniting in prayer for peace

MATTHEW 5:9 "Blessed are the peacemakers, for they will be called children of God."



## JANUARY

Pray for peace in Palestine in the coming year and ask for God's blessing and protection over all those who are working to bring security and stability to the region.

## FEBRUARY

Currently, 6.5% of people in Gaza are partly dependent on food aid, 90% of mains water is polluted and the economic situation is declining dramatically. Pray that Palestinians living with a disability will be able to access food and shelter.

## MARCH

As we near the end of Glaucoma Week pray for all those living with Glaucoma. Pray that they will receive the treatment they need to relieve this blinding condition.

## APRIL

Pray with us that attitudes would continue to improve towards Palestinians living with psychiatric, intellectual and physical disabilities. Pray that the government and NGOs will provide services which are available for all.

## MAY

Please pray for Atfaluna, the only school for deaf children in the Gaza Strip. Pray that God will provide the resources needed for it to continue providing education, therapy and awareness programmes.

## JUNE

Pray with us today for the Bethlehem Arab Society for Rehabilitation (BASR). Pray God's blessing over its health and rehabilitation services which work with people living with a range of disabilities.

## JULY

Please join us in praying for the success of BASR's community based rehabilitation work, which aims to ensure that Palestinians with disabilities live as equal citizens within their communities.

## AUGUST

Please join us in thanking God for the DPOs (Disabled People Organisations) which are advocating the right of people with disabilities to participate fully in society in Palestine. Please pray that God will make a clear way for them and that progress will be seen.

## SEPTEMBER

Please pray for the Atfaluna Vocational Training Unit in Gaza City, Palestine, which offers the opportunity for people with hearing impairment to learn crucial skills for employment.

## OCTOBER

The 16th Sustainable Development Goal, which the UN and international governments are working towards, is peace and justice. Please pray for all those working to attain these in Palestine.

## NOVEMBER

On this Remembrance Day we pray for people living with disabilities caused by conflict. We pray that they will receive the support they need and be able to adapt to their new way of life.

## DECEMBER

As the year draws to a close please pray for peace in Palestine over the Christmas period, particularly as many Christians travel to the birthplace of Jesus Christ over this special time.

# 20 years of transforming lives and communities

These prayers have been written by Kirsty Smith. Kirsty has been Chief Executive of CBM UK since 2012, having worked in international development for 20 years. She is married with two children.

## JANUARY

Pray for all who have supported CBM UK in its 20 years. Our supporters' loyalty and generosity has enabled us to improve the lives of hundreds of thousands of people with disabilities in poor countries.

## FEBRUARY

Please pray for our dedicated staff in the UK, the country offices and the local partner organisations, who work tirelessly in support of people and families living with disabilities.

## MARCH

Pray for those developing innovative treatments for Glaucoma in resource-poor settings. Laser technology is cheaper than existing treatments and less logistically challenging for patients.

## APRIL

Pray for the caregivers of people with disabilities, who provide never ending support for their loved ones. These parents and grandparents, spouses and children, friends and neighbours are the unsung heroes.

## MAY

One year on from the second devastating earthquake in Nepal, pray for those who lost loved ones, homes or livelihoods. Particularly pray for those who are now learning to live with a disability.

## JUNE

Pray for the CBM UK Trustees who freely give their time and talents to raise awareness about disability in the UK.

## JULY

Please pray for me as I travel to support our overseas programmes, and for my family who encourage me constantly.

## AUGUST

Poverty and disability go hand in hand, so we tackle them together. Pray for more inclusive income generation and employment opportunities for people with disabilities, enabling them to gain greater economic security.

## SEPTEMBER

In this new school year, pray for more inclusive education for the many children with disabilities who do not attend school.



*Kirsty and Prajita, who is receiving treatment shortly after the Nepal earthquake in 2015*

## OCTOBER

Pray for those who are excluded; through inaccessible buildings, inadequate legal or political structures, by stigma or attitude, or a lack of mobility or communication devices.

## NOVEMBER

Pray for all those working to make the UN Convention on the Rights of Persons with Disabilities a living reality for the one billion people living with disabilities worldwide.

## DECEMBER

As we prepare to celebrate Christ's birth, pray that we will all continue to feel called to support the life transforming work of CBM.

# Sierra Leone: From crisis to peace

JEREMIAH 33:6 “Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.”

## JANUARY

Please pray for the two eye hospitals that CBM partner with in Sierra Leone. The Kissy UMC Eye Hospital in Freetown and the Baptist Eye Hospital in Lunsar. We pray for the life changing work that these partners provide, in particular to vulnerable groups such as women, children and the elderly.

## FEBRUARY

Please pray for the doctors that provide surgeries on a daily basis, restoring the eye sight of the poorest people. Pray that they will be equipped and supported in their work.

## MARCH

The Kissy UMC Eye Hospital runs an outreach programme which tells people living with treatable blindness about the treatment they could receive. Please pray that more people will be able to benefit from this.

## APRIL

Please pray for the Baptist Hospital in Lunsar, which provides 500 Cataract operations a year. Pray that God will provide the resources so that even more lives can be transformed.

## MAY

Mental health services in Sierra Leone are extremely limited despite the massive need. Please pray that people living with mental illness will receive the treatment they need to live a full life.

## JUNE

Please pray that God will equip his church in Sierra Leone to be a place of welcome and stability, where all people can 'enjoy abundant peace and security'.

## JULY

Two years after the first cases of Ebola, please thank God for the West African Medical Missions (WAMM) who developed and distributed disability-inclusive health information during the epidemic.

## AUGUST

Please reflect back upon our prayer in July (above) and pray that in future times of crisis people with disabilities will be considered within the medical response.

## SEPTEMBER

Please pray that as our partners in Sierra Leone provide physical and psychological care, those they meet will also know God's peace and security, as he promises in Jeremiah 33:6.

## OCTOBER

Today is World Sight Day. Please join us in praying that the crucial importance of restoring peoples' sight will be recognized by more governments and health organisations.

## NOVEMBER

Please pray that the Enabling Access to Mental Health programme will be effective in helping communities in Sierra Leone understand mental illness, welcoming and becoming sensitive to all.

## DECEMBER

If you are able, please spend some time today finding out more about Sierra Leone. Pray for the stability and health of the nation after decades of war and unrest.



## JANUARY

Most children with disabilities in low income countries don't go to school. Please pray for barriers to be removed and improved access for children with disabilities to be included.

## FEBRUARY

Early intervention is crucial to a child's development – pray for parents, caregivers and community rehabilitation workers as they prepare children with disabilities for school.

## MARCH

Ask God for increased knowledge of child protection amongst school staff as children with disabilities can be vulnerable to a lack of protection.

## APRIL

Nelson Mandela said: "If you think education is expensive – try ignorance!" Pray for more resources to be made available to improve the quality of education in the poorest places around the world.

## MAY

This week is Mental Health Awareness week. Pray that children living with mental illnesses in low income countries will receive the support and care they need, at home and at school.

## JUNE

Please pray for improved understanding amongst teachers of the needs and rights of children living with disabilities.

## JULY

Please pray for high quality training which equips teachers and the appropriate technology to support them.

## AUGUST

Pray for the children around the world who work each day as their parent's carer. Pray that they receive the support they need and times of rest and fun with their friends.

## SEPTEMBER

Give thanks that more people with disabilities are being empowered and enabled to gain employment, allowing them to provide for their own children's education.



Photo © CBM

## OCTOBER

Pray that governments around the world recognise the importance of investing in education. Education opens doors: it promotes social inclusion and fosters better access to jobs, health and other services.

## NOVEMBER

Together we can do more. Ask God for increased awareness of CBM's work so that more children living with disabilities can access education.

## DECEMBER

Give thanks for CBM's supporters who enabled 95,000 children to receive an education in 2014.

# Reaping harvests in India

2 CORINTHIANS 8:9 “For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you through his poverty might become rich.”



## JANUARY

Pray for the teachers supported by the Chamkol project in Southern India. Pray that God will give them much love for all the children they teach.

## FEBRUARY

Pray that the parents of children with disabilities in Chamarajanar will be willing to join the self-help groups, contributing fully and benefiting from their support.

## MARCH

Pray for the training centres in India that welcome young adults who have a variety of disabilities, teaching them skills and helping them find employment.

## APRIL

Please pray that the local government will continue to be supportive of the self-help groups which CBM helps fund, which provide people living with disabilities with a voice.

## MAY

Let us pray for people living in India with intellectual disabilities. Pray for a greater understanding within local communities and provision from the Government.

## JUNE

Thank God for the organic farming project in Betul, Central India. Pray for those who are able to farm and sustain themselves through this work, where normally they are restricted by their disability.

## JULY

Ask God's blessing over the people with disabilities who are receiving training in farming and livelihood skills in Betul. Pray that they will be successful in all that they do.

*Rajesh has been paralysed from birth. Thanks to CBM's partner in India, he is able to find purpose and income through their organic farming programme.*

## AUGUST

On 15 August 1947 India became independent. As the nation celebrates please pray that people with disabilities will be free to participate in society at every level and respected by their Government and communities.

## SEPTEMBER

Farming is never easy and we rely on God for rain and sunshine. As we celebrate harvest time in the UK please pray that our organic farming project will produce a rich and lasting harvest for those working on it.

## OCTOBER

Pray for the families of people with disability in India. Ask God that they will receive the support of their community.

## NOVEMBER

In many parts of India children with disabilities are seen as a result of a sin or judgement from God. Please pray that this wrong attitude will be suppressed by the truth of God's love for everyone.

## DECEMBER

As we wait during Advent for Christ's coming we also wait for attitudes to change towards people with disabilities. Pray for this to be the case amongst neighbours, communities, regional and national Governments.



# From oppression to fulfilment

ISAIAH 58:10 "And if you spend yourselves on behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday."

## **JANUARY**

Community Based Rehabilitation (CBR) is one of the pillars of CBM's work. It focuses on improving the quality of life for people and families living with disabilities, ensuring inclusion and participation. Please pray for effective CBR development across the world.

## **FEBRUARY**

Please pray for the Elim Centre in Igede, Nigeria. This partner of CBM provides CBR by focusing on health, education, livelihood and empowerment as part of the Methodist Diocese in Igede.

## **MARCH**

Nigeria is ranked 153rd out of 186 countries in the UN Human Development Index. 25 million Nigerians live with a disability. Please pray that they may be able to get involved in social, economic and political matters, gaining a voice in society.

## **APRIL**

Please pray that people with disabilities in Nigeria will not face so many barriers in their lives. May stigma, discrimination and distress be reduced and social exclusion be a thing of the past.

## **MAY**

Today is Mental Health Awareness Day. Please pray that all the CBM specialists in this area of medicine will have wisdom and insight as they meet so many varied needs.

## **JUNE**

Thank God for the eye surgeries which the Elim Centre helps to provide. Pray that as people are cured of visual impairment more opportunities in life will be available to them.

## **JULY**

The Elim Centre provides assistive devices (e.g. frames and supportive chairs) from its orthopaedic workshop. Thank God for all those working in this part of the project and ask that he will inspire and bless them.

## **AUGUST**

Rehabilitation services and economic integration of disabled people are key services at Elim. Please pray for the necessary funding to expand this work and give more help to those that need it.

## **SEPTEMBER**

Join us in prayer for the inclusive education support that Elim offers. As each person is assessed and their rehabilitation is planned, pray that they will experience joy and blessing in their lives.

## **OCTOBER**

Today is World Food Day. As we thank God for the provision of food in our country we pray for fairer distribution of food around the world. Pray that the hungry will be fed and for God's blessing over all agencies working to provide food security.

## **NOVEMBER**

Pray today for the Elim fieldworkers who provide individual plans to support people with disabilities, which may include medical intervention, rehabilitation, counselling, training and economic empowerment. Pray for wisdom and energy.

## **DECEMBER**

Please join us in thanking God for the staff at the Elim Centre. For their commitment and dedication, and the transformed lives they see in the Igede area of Nigeria.





# From women to water in Malawi

JAMES 1:17 Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.



## JANUARY

Pray that women with disabilities in Malawi will be permitted a life of dignity and productivity within their communities. Pray for access to employment and the resources they need to support themselves and their families.

## FEBRUARY

Let us pray that the government and community leaders in Malawi will work to improve the lives of people with disabilities within their nation, considering and equipping them within all that they do.

## MARCH

Please pray for the first pillar of the SAFE strategy for eliminating blinding Trachoma: **Surgery**. Pray that all those receiving surgery today in Malawi will have peace and that their sight will be successfully restored.

## APRIL

Please pray for the second component of the SAFE strategy for eliminating blinding Trachoma in Malawi: **Antibiotics**. Pray for safe travel as the outreach teams access remote communities to distribute the medicine which protects against this painful infection.

## MAY

Please pray for the third component of the SAFE strategy for eliminating blinding Trachoma in Malawi: **Face washing**. Let us pray that families will quickly adapt to the new routines they are taught, which will help preserve their sight.

## JUNE

Please pray for the fourth component of the SAFE strategy for eliminating blinding Trachoma in Malawi: **Environmental improvements**. Thank God more communities are receiving access to clean water thanks to the digging of wells.

## JULY

Please join us in praying that the tragic inequality in Malawi will reduce. People with disabilities are often systematically excluded from health and education services, as well as employment and decision making.

## AUGUST

Please pray for the 23 surgeons being trained in Malawi. Pray that they will be enabled and energised to perform the many surgeries required to free people from blinding Trachoma.

## SEPTEMBER

Let us pray for the success of health programmes promoting aspects of the SAFE strategy within schools. Join us in praying that the Malawian Ministry of Education will continue to support us in this work.

## OCTOBER

Malawi is one of the poorest countries in Africa. Let us pray that wealth will be more evenly distributed and that those who live comfortable lives will provide for those living in abject poverty.

## NOVEMBER

Thank God for the 4000 people who now have glasses from Nkhoma Eye Hospital in Central Malawi. We thank God for the huge impact these have had on their quality of life.

## DECEMBER

Avoidable causes of blindness are estimated to impact 100 million adults and children by 2020. Please pray for the Vision 2020 initiative which aims to prevent this.

These prayers have been provided by Julian Eaton, who is the Mental Health Adviser for the CBM West Africa Region. His work includes supporting regional partners as they develop mental health work in their projects, and helping other organisations (including governments) to improve the services they offer to people with mental health problems.

## JANUARY

Please pray for healing and restoration in Sierra Leone as it recovers from Ebola and its consequences.

## FEBRUARY

Please pray for Julian as he balances his PhD research in Nigeria with his Global Mental Health advisory role.

## MARCH

Let us pray for progress in Nigeria as Dr Emeka Nwefoh develops psychiatric services in a politically unstable environment.

## APRIL

Please pray for families of those with mental health problems, who may struggle to cope with any stigma they face and the challenges of caring for their relatives.

## MAY

Please thank God for the many services and support networks which focus on mental health in the UK. Please pray that all those who need them will be able to access these crucial services.

## JUNE

Please pray for Dr Brou N'Guessan in Ivory Coast as he builds CBM's new mental health programmes.

## JULY

Please join us in giving thanks for those who volunteer their time locally and internationally to serve people with enduring mental illness.

PSALM 140:12 "I know that the LORD secures justice for the poor and upholds the cause for the needy."

## AUGUST

The international Christian community in Lomé, in Abuja, Nigeria, worship, learn and support each other. Please pray that we all will be dedicated in our prayers and work for a world that is inclusive and loving – as God intends.

## SEPTEMBER

Please pray for balance in Polly Eaton's life between her school administrative role, various voluntary commitments and home life.

## OCTOBER

Please pray for wisdom for budget holders as they discern where best to allocate funds in the midst of so much need.

## NOVEMBER

Please give thanks for the many CBM partners and their staff who work tirelessly to serve the sick, poor and needy.

## DECEMBER

The region of West Africa continues to struggle economically and politically, with many countries experiencing consistent unrest and instability. Please pray for political stability in these areas, so that investments into education and health care can increase.

*Dr Julian Eaton and his family*



ISAIAH 41:13 “For I am the LORD your God, who takes hold of your right hand and says to you, Do not fear; I will help you.”

## JANUARY

Let us continue to remember the lives that were lost in Haiti because of the earthquake that hit the country in January, 2010. Pray for those who lost loved ones or who are now living with a disability in Haiti.

## FEBRUARY

We pray for the many people with disabilities currently living in refugee camps or informal settlements, vulnerable to disease, danger and uncertain futures. Pray that God will protect and provide for them.

## MARCH

Please pray for Sierra Leone as it continues to recover from the physical and psychological impact of the Ebola outbreak.

## APRIL

April marks one year since the major earthquake that hit Nepal. Pray for Nepal as it recovers and for our partner, KOSHISH, as it advocates for better mental health care and access to human rights.

## MAY

Pray for peace around the world. Please pray for our partners in countries affected by unrest, particularly in Palestine. Pray that they are blessed with courage and safety.

## JUNE

CBM works in many countries which are prone to natural disasters. Please pray that our partners can act quickly when disasters strike, and that people with disabilities are included in relief and recovery efforts.

*Emergency beds set up at CBM's partner hospital in Kathmandu, Nepal, shortly after the earthquake.*

## JULY

Pray that we will be successful in promoting the rights of people with disabilities and encouraging other organisations to provide disability-inclusive emergency response work.

## AUGUST

Let us pray that God brings peace to end the conflict and violence afflicting some of the world's poorest places. Pray that those seeking safety will find shelter and comfort.

## SEPTEMBER

Please pray for all those working across the world to make emergency response work more co-ordinated, efficient and disability-inclusive. All are made equal by God and no one should be left behind.

## OCTOBER

Let us remember that in times of crises, God is a continual presence in our lives. Father, please help us turn to your wisdom when we face daily challenges.

## NOVEMBER

November marks two years since Typhoon Haiyan hit the Philippines. Please pray for our partners as they improve access to mental health and psychosocial support in the areas worst hit by the typhoon.

## DECEMBER

Let's pray that all those currently living in places of disaster, conflict or instability will know God's love, promises and faithfulness today: 'Do not fear; I will help you.'



These prayers have been provided by CBM UK Champion Anne Wafula-Strike. Anne was born in Kenya and contracted polio aged two. She is a former GB & NI Paralympic wheelchair racer, who competed for Kenya at the Athens 2004 Paralympic Games.

## JANUARY

More than half of Kenya's population lives on less than 1 US dollar a day. Please pray that CBM's partners will be effective in giving more Kenyans a way out of the cycle of poverty and disability.

## FEBRUARY

Please join us in praying that people with disabilities in Kenya will feel welcomed and loved by their communities, rather than outcast.

## MARCH

We thank God for the gift of motherhood. Let us pray that mothers caring for children with disabilities in Kenya will love them unconditionally as Christ loves us.

## APRIL

2 Corinthians 12:9 "My Grace is sufficient for you, my power is made perfect in weakness." Let us pray for those living with disability to experience Gods' love, and His strength to denounce self-pity and rejection.

## MAY

1 Corinthians 16:11 "Seek the Lord and His strength, seek His presence continually." Please pray for all those working to empower the weak and vulnerable in Kenya. Pray that they will find their strength in the Lord.

## JUNE

Please pray that those Kenyans who live comfortably and with security will be generous and have compassionate hearts for the poor in their communities, many of whom will have a disability.

## JULY

Please pray for CBM's partner Sabatia Eye Hospital in Kenya. Pray that they will be resourced to provide the treatment and surgeries needed to save the sight of more children each day.

## AUGUST

Prejudice and stigma are big barriers which people with disabilities face daily in Kenya. Please pray that they will know God's unconditional love always. Psalm 46:1 "God is our refuge and strength, a very present help in trouble."

## SEPTEMBER

Let us pray that churches and community groups in Kenya will accept and integrate those living with disability, so they can lead a fuller life.

## OCTOBER

Philippians 4:13 says "I can do all things through Him who gives me strength." Pray that people with disabilities in Kenya will be empowered to do all things and to access the basic needs in life.

## NOVEMBER

Let us pray for people who feel isolated by their disabilities, and for people who contribute to that sense of isolation. Lord in your mercy teach and help them to accept your unconditional love.

## DECEMBER

Please pray that the work of Disabled Persons Organisations in Kenya will serve as a role model to the surrounding communities, leading to a future which is inclusive.

*CBM Champion Anne Wafula-Strike on a recent visit to CBM UK's office in Cambridge*



# An international family

These prayers have been provided by Dave McComiskey. Dave is CBM's International President. He is married to Cathy and they have two sons, Paul (married to Karen) and Philip. Dave and Cathy live in Germany.



## JANUARY

Please pray that people with disabilities will fully benefit from the UN's Sustainable Development Goals, announced in September last year.

## FEBRUARY

Please pray that CBM's Family Leadership Team will have wisdom and energy as they co-ordinate the international organisation.

## MARCH

Pray for the safety of our partners as they travel to many insecure and potentially dangerous areas to reach the poorest communities around the world.



## APRIL

Please join us in giving thanks for God's faithful provision and ask that He will provide more resources so that more people with disabilities will be empowered to learn, work and live fully.

## MAY

Please pray for energy and safety for Dave as he travels. Please also pray that Cathy will be supported by her friends and church whilst she remains at home.

## JUNE

Please pray for all the children around the world being treated by a CBM programme

today. Please pray that they will be safe and enabled to become all that God created them to be.

## JULY

Please pray for our International Board who voluntarily give their time and wisdom to further CBM's life-transforming work.

## AUGUST

Please pray for our Regional Directors who work in some of the world's poorest countries, leading CBM's projects and supporting our local partners.

## SEPTEMBER

Pray for CBM's medical specialists, their spouses and children, as they often have to cope with difficult and challenging living and working conditions.

## OCTOBER

Please pray for CBM's Emergency Response Unit as they particularly address the needs of people with disabilities during disasters and emergency situations. These people are often the first to be left behind.

## NOVEMBER

Please pray for wisdom as we plan the work CBM will do in 2017. Please pray for wisdom, strength and the needed resources to help all those whom the Lord has called us to serve.

## DECEMBER

Please take this opportunity to give thanks for the birth of our Saviour and for His many blessings throughout this past year.

**DEUTERONOMY 31:8** "The Lord Himself goes before you and will be with you."

JOHN 9:1-3 "As he went along, he saw a man blind from birth. His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?' 'Neither this man nor his parents sinned,' said Jesus, 'but this happened so that the works of God might be displayed in him'."

## JANUARY

Please pray for the work of our partner, Naman Sevi Samati in Madya Pradesh, and the Inclusive Organic Farming Programme, funded by CBM.

## FEBRUARY

We lift up to God the millions living in poverty in India. Eight states account for more people living in poverty than the 26 poorest sub-Saharan African countries.

## MARCH

Please pray for the work of Chamarajanar, in Kanataka state, India. Pray for the project based and community outreach work undertaken with children with disabilities.

## APRIL

Please join us in giving thanks for the work of CBM in India, and pray for the staff and their families, in Bangalore and Delhi.

## MAY

Though officially outlawed, the caste system still abounds in rural areas. This can sometimes lead to a stigma around disability and people with disabilities being 'written off.' Please pray that these attitudes will be overcome.

## JUNE

Please join us in praying that the church in India, across all denominations, will be inclusive, reaching out to people living with disabilities and in poverty.

## JULY

Let us pray for the thousands who arrive daily in the cities of India to seek their dream. We pray especially for those with a disability who often find themselves without employment and begging on the streets.

## AUGUST

Please pray that the ruling BJP government of India will have disability and inclusivity high up on its agenda. Please pray that all state and regional governments will be inclusive in their policy making.

## SEPTEMBER

We pray for the thousands of women and girls who are trafficked into the sex industry and find themselves trapped and owned by syndicates. We especially pray for those amongst them who are especially vulnerable due to learning disabilities. We pray for their release from captivity and give thanks for the many projects working with these women and girls.

## OCTOBER

Most children with disabilities in emerging countries do not attend school. We pray for the thousands of children in India who are often left without an education, that further marginalises them in life.

## NOVEMBER

Please pray for investment in infrastructure, especially in the big cities, so that people living with disabilities can access education, transport, healthcare and employment. May they be recognised as valued human beings, who can bring value and play their part in society.

## DECEMBER

We give thanks for the extended family system in India. We pray for all carers, parents, friends and family members who assist people living with a disability. Thank God that He knows each of them by name.

# Thank you

Thanks to your help, Someone has received the support he needed to open a welding workshop and a hardware store. 'I can now support my family', he says gratefully.



## Have we told you lately that you, and others like you, are our heroes?

You bake, you run, you knit and you speak out. You are transforming lives day in, day out. Every year you raise thousands through sponsorship, fundraising events or volunteering. The money you raise helps people like Someone, from Kenya, to live independently and sustainably. Someone has been physically disabled since contracting Polio, but thanks to a CBM supported microfinance programme he can now use his skills as a welder to support his family.

## TRANSFORMING LIVES

We know **you're committed** to using your skills and time to transform lives.

**And we are committed to helping you do that.**

We can help you arrange fundraising events, or to hold a talk in your local community. We can promote your bake sale or welcome you as a volunteer. We can help you to make us

Charity of the Year at your church or workplace. We can provide you with the resources you need to run coffee mornings, church services or school assemblies. We can visit your church or community group and share with you more stories like Someone's. But most importantly we are committed to saying **thank you** to you.

**Thank you for helping to build a world where people with disabilities can fulfil their potential.** Your fundraising helps give people like Someone and his family a livelihood and a future.

**For more ideas** about how you can get involved in fundraising for CBM visit our website **[www.cbm.org.uk](http://www.cbm.org.uk)** or contact your Community Officers:

**England, Scotland and Wales:**  
Jacqueline Atkinson 01223 484700 /  
[jacquelinea@cbm.org.uk](mailto:jacquelinea@cbm.org.uk)

**Northern Ireland:**  
Eric Clarke 07525 046642 /  
[ericc@cbmuk.org.uk](mailto:ericc@cbmuk.org.uk)

Return the form on page 41 if you would like more information or resources.

# A steadfast God that sustains us

JAMES 1:12 “Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him.”



## JANUARY

Let us pray for the new childhood blindness project that is starting in Tanzania. May all the children who are living with avoidable blindness find the treatment and care they need.

## FEBRUARY

Please pray for the team at CBM's partner CCBRT. May they continue the transformational work they are doing to help treat people living with preventable and treatable impairments across Tanzania.

## MARCH

CBM's Country Office plays a vital role in supporting our local partners. Please pray for the team as they travel throughout the country, may you protect and keep them safe.



## APRIL

We pray for children like Vaileth and Susana (right), two sisters who had sight restoring cataract surgery. We pray that they continue their education and provide inspiration to their grand-mother who cares for them.

## MAY

Give thanks to CBM supporters who are helping to transform the lives of people living with disabilities in Tanzania, East Africa, through their generous support.

## JUNE

Pray for women living with obstetric Fistula, a devastating childbirth injury caused by prolonged, obstructed labour. We pray that they find out about the treatment that is

available free to them and that they no longer have to live with the devastating consequences of this condition.

## JULY

Pray for those with disabilities living in poverty in Tanzania. Pray that they will remain steadfast and resilient despite the challenges they may face.

## AUGUST

Pray for Christopher, CBM's Country Representative in Tanzania as he comes to the end of his first year with CBM. We pray that he continues to strengthen CBM's work in Tanzania so that we can reach more people living with disabilities.

## SEPTEMBER

We pray that the Glaucoma trial in Tanzania, East Africa, will provide the vital evidence that is needed to transform Glaucoma treatment in Africa.

## OCTOBER

Give thanks to our local partners and the staff who work every day in difficult conditions to help those in need.

## NOVEMBER

Let us pray for the East Africa childhood blindness programme as it comes to an end. We give thanks for all the children who have benefitted and pray that the impact of the programme will continue for years to come.

## DECEMBER

As we celebrated the Day of Persons with Disabilities earlier this month, let us pray that we can promote more understanding within communities so that all people are treated with the respect and dignity they deserve.

# Uganda's future: opening the eyes of children

These prayers have been provided by Sam Ogolla. Sam is CBM's Seeing is Believing childhood blindness Programme Manager for East Africa.



Photo © CBM

## JANUARY

Election periods in many countries come with strife and violence that disrupts the lives of many people. We pray for peace in Uganda during this year's election period.

## FEBRUARY

God-ordained leadership provides wisdom, love, peace and prosperity to a country and its people. We pray for God's hands to reach and touch Uganda as its new government starts work.

## MARCH

Please join us in praying for everyone who commits their lives to supporting and speaking for people with disabilities. May God reward them abundantly for their efforts.

## APRIL

We pray for the leadership at the CBM East Africa Regional Office, so that their efforts may lead to the continued inclusion of people with disabilities in the daily lives of the people of Uganda.

## MAY

CBM is working to eliminate childhood blindness in Uganda. Pray that God's healing power and love will be shown to these children as they receive treatment.

## JUNE

Please pray for all the children who have had surgery in one of our partner hospitals in Uganda over the past year. Pray for God's healing hands to touch each one of them on their way to recovery.

**PHILIPPIANS 2:4** "Let each of you look not only to his own interest, but also to the interest of others."

## JULY

Please pray for anyone whose disabilities or diseases are not recognised soon enough to permit full recovery or the most effective treatment. Pray that the work of our partners to educate communities in Uganda will mean that we are able to provide the most effective treatment to all.

## AUGUST

We pray for the consultants and the implementing partners of the Child Eye Health Programme in Uganda. Pray that, as they evaluate their progress, lessons will be learnt, allowing progress and the transformation of more lives.

## SEPTEMBER

We also support partners who are working to eradicate Glaucoma in inaccessible and poor rural areas in Uganda. We pray for safety and security of all involved, and for God's work through them to succeed.

## OCTOBER

Please pray that as God's children we will be dedicated in our prayers for our disadvantaged brothers and sisters around the world. Help us Lord to have hearts which are broken, as yours is.

## NOVEMBER

Please pray for all those who have recently become disabled in Uganda due to trauma or disease. As our partners help them to develop new routines and learn how to live full lives, please pray that God will give them the persistence and strength needed.

## DECEMBER

Please pray for the Eye Health programme as they collect evidence about the need and research the best treatment methods. Pray that they would continue to use this information to provide innovative and effective care.

PSALM 4:8 NIV "I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety."



## JANUARY

Please pray for KOSHISH, CBM's partner, as they provide psychological support to survivors of last year's earthquake near Kathmandu, Nepal.

## FEBRUARY

Please join us in praying for the thousands of people still struggling to come to terms with the impact of the 2015 earthquake, rebuilding their lives and mourning loved ones.

## MARCH

Thank God for people with disabilities who play an active role in NGOs and the Nepalese Government. Pray that they will be loud voices for change and equality.

## APRIL

Pray that stigma in society would decrease and that the vital role which people with disabilities can play in communities is recognised and encouraged in Nepal.

## MAY

Please pray that God would protect all those living without suitable shelter or security; 'I will lie down and sleep in peace, for you alone, O Lord, make me dwell in safety'.

## JUNE

Let us pray for the hospitals and rehabilitation centres as they cope with high levels of need across Nepal. Pray they are equipped with the medicine and finances necessary.

## JULY

Please join us in praying for those who experience mental health conditions, which often continue to be stigmatised and a taboo. Pray that they will have the courage and knowledge to seek the support that they need.

## AUGUST

Thank you for the beautiful variety and landscape of Nepal. We pray for people with disabilities during this monsoon season, that they would be able to travel and access food and resources.

## SEPTEMBER

Please pray that the Nepal Disabled Women Association, who CBM support, will be blessed and successful in their promotion of the rights of women with disabilities. Pray for the women who run the association, who have disabilities themselves.

## OCTOBER

Let's pray for the marginalised and poor women living with disabilities in Nepal. They can be among the most vulnerable to neglect and abuse. Pray that they will be lovingly and sustainably rehabilitated and cared for.

## NOVEMBER

We pray that people living with disabilities in Nepal would have access to secure and proper shelter during these cold winter months. Pray that the communities in which they live will welcome and support them.

## DECEMBER

On this Christmas Day, please join us in thanking God for the birth of his son Jesus Christ, who has brought freedom and hope for all.



# Praying to end the cycle of poverty and disability

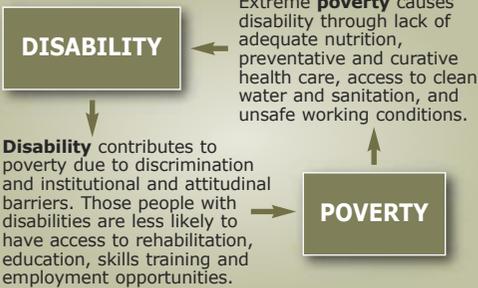
ISAIAH 25:4 “You have been a refuge for the poor, a refuge for the needy in their distress, a shelter from the storm and a shade from the heat. For the breath of the ruthless is like a storm driving against a wall.”

## JANUARY

Poverty and disability create a cycle that’s hard to escape. Please pray that world leaders and NGOs will understand the importance of addressing both together.

## FEBRUARY

Thank God that the needs of people living with disabilities are being intentionally addressed within the Sustainable Development Goals, which aim to combat world poverty by 2030.



## MARCH

Disability contributes to and deepens poverty on an individual, family and community level. Please pray that by providing rehabilitation, education, skills training and employment opportunities we will be able to reduce this cycle.

## APRIL

Please pray for all those currently living in extreme poverty, with inadequate access to good nutrition, health care, clean water and sanitation, and often unsafe working conditions. These factors mean they are at risk of disability.

## MAY

Looking back at April’s prayer, please pray that our work to provide health care, sanitation, nutritional assistance and employment opportunities will transform lives.

## JUNE

Please pray that all those working in international development will listen to the voices of people with disabilities. By doing this the poorest and most marginalised will be more effectively reached.

## JULY

Please pray that we will each take responsibility for ending poverty in this world, working for justice and speaking loudly for change.

## AUGUST

Humanitarian disasters leave many people with newly acquired disabilities, some of whom can no longer provide for their families. Please pray that our emergency rehabilitation work will help people learn how to adjust, teaching them the skills to work and live independently.

## SEPTEMBER

Typhoons bring destruction and distress. Pray with us that people with disabilities will not be left homeless, but will be considered during evacuations and rebuilding.

## OCTOBER

Whilst harvest is a time of abundance for us, the health of crops throughout the year is uncertain in many countries. Please pray that sustainable farming techniques will be widely known and for God’s protection.

## NOVEMBER

Poverty can start with lack of access to education. Pray that the teachers we work with will include children of all abilities and will enable bright futures for every child.

## DECEMBER

As we find joy in Christ’s birth, give thanks that we can all find refuge in Him. Particularly pray that people living with disabilities or in poverty will know God’s protection this Christmas.

# Sustainable health care in Sierra Leone

DEUTERONOMY 15: 11 “There will always be poor people in the land. Therefore I command you to be open-handed towards your brothers and towards the poor and needy...”

## JANUARY

Please pray God’s blessing over CBM’s partner in Sierra Leone, the United Methodist Church Baptist Convention, which links with two hospitals: Kissy, in Freetown; and Lunsar in the north of the country. Pray for effective project management and encouraging progress in their eye care work.

## FEBRUARY

Please pray for the effectiveness of the Child Rights Act in Sierra Leone which tries to ensure equal rights for children who are blind or living with disabilities.

## MARCH

As we celebrate Jesus’ resurrection today, thank God for the gift of his Son and for his saving power. Join today with all God’s people in celebration of the eternal life he offers.

## APRIL

Today is Independence Day in Sierra Leone. In 1961 the country became independent after more than 150 years of British colonial rule. Pray for good governance and justice and equality for people living with disabilities.

## MAY

Please pray for the National Eye Health Programme primary health unit staff and other health workers. Pray that together we can train more medical staff and increase the eye health services offered.

## JUNE

We pray for better health for children with Vitamin A deficiency, which can lead to blindness and malnutrition. Pray for food security and better nutrition.

## JULY

Please pray that we will successfully recruit many candidates for surgery training in ophthalmology. There is an acute need for more surgeons at both our partner hospitals in Sierra Leone.

## AUGUST

Join us today in praying for a big reduction in preventable blindness in Sierra Leone. Our partners are working to address one of the major causes – Cataract.

## SEPTEMBER

Please pray for all medical staff, local and international, working in Sierra Leone. There are only 8.8 doctors per 100,000 people living there. We pray for the training and commitment of new doctors to be able to reach more of the people.

## OCTOBER

Sierra Leone was one of the centres of the Ebola virus. Join us in thanking God for the commitment of those who helped the sick and pray that Ebola will not break out again in the west Africa region.

## NOVEMBER

Sierra Leone suffers from a lack of medical equipment, poor medical referral systems and limited access to medical services. Please pray for an improvement in these areas, so that all people with disabilities can receive care.

## DECEMBER

Pray today for peace in Sierra Leone, stable government, effective health care and the development of the country out of poverty.

# When someone says “Legacy” what springs to mind?

You only make a Will  
when you are about to die.  
I'm far too young!

I'll have to re-write  
my whole Will if I leave  
a gift to CBM

Gifts in Wills don't  
make any difference!

Only rich people  
leave legacies

## But none of this is true

**By remembering CBM in your Will** you can know that you are investing in a future world where all people, regardless of ability or circumstance, are valued and accepted. And you will be transforming lives no matter how much you can afford to leave.

### **Legacies funded over 4000 Cataract operations last year.**

**To find out more** about the impact that you could have by remembering CBM in your Will please complete the form at the back of this prayer diary, or contact **David Rootham** at [legacies@cbmuk.org.uk](mailto:legacies@cbmuk.org.uk) or **01223 484700**.

For your Will writer: Charity name: CBM UK Charity no. 1058162

## **Celebrate a lifetime of God's blessing by leaving a gift to CBM in your Will**

*6 year old Augustine from Tanzania, East Africa, needed surgery to remove the Cataracts in both his eyes but his family could not afford the treatment. Thanks to your support Augustine was able to receive the surgery and care he needed and his sight was restored. This photo shows Augustine having his eyes measured for his new lenses before surgery.*



Photo © CBM

EXODUS 15:2 “The Lord is my strength and my song; he has become my salvation.”



## JANUARY

Please pray for the cluster of CBM partners who are working together to reduce preventable blindness in Peru. Pray that their collaboration will be strong and beneficial, and that they would be able to transform more lives by sharing their expertise.

## FEBRUARY

Please pray that the Peruvian government will respond positively to advocacy work by giving more resources to the empowerment and inclusion of people with disabilities. Pray that they would continually work to improve health services.

## MARCH

Give thanks for the growing work we are able to do through community rehabilitation programmes. Please pray with us that more people would be able to access the support they need to live to their full potential.

## APRIL

People with disabilities living in poverty are often the most marginalised in society. Poverty can lead to disability, and a disability means you're more likely to live in poverty. Please pray that more people in Peru are empowered to escape this cycle.

## MAY

Pray that children with disabilities will be valued and that their God-given gifts will be celebrated.

## JUNE

Let us pray for the surgeons who are currently in training to provide sight-restoring operations to people in Peru. Ask that they would be able to learn quickly and with enthusiasm and have all the resources they need throughout their training.

## JULY

Please join us in praying for the thousands of Peruvians who are unable to afford daily living costs such as food, clothes and other essential items. Wealth is so unevenly distributed in Peru and many people living with disabilities live in poverty.

## AUGUST

Pray that the churches in Peru would be advocates for change, living the example of welcome, love and support of all – regardless of wealth or disability.

## SEPTEMBER

We pray for all those struggling to find employment because of their disability. Please provide them with a means of income and fulfilment.

## OCTOBER

Let us pray that people with disabilities will be welcomed by their communities. We ask that stigmas be reduced and that the families living with disabilities will be supported.

## NOVEMBER

Pray that our work to improve eye care services throughout Peru is successful and that more people are able to access visual devices, surgeries and support.

## DECEMBER

Thank God for the surgeons, opticians and other medical staff who work in Peru. Pray that they will be equipped to work to the best of their abilities, transforming more lives each day.

**“Oh lovely Zimbabwe...  
may the Almighty protect  
and bless our land”\***



**JANUARY**

Please pray that we may continue to build the resilience of the people living in regions affected by changing climates that lead to food crises and displacement.

**MARCH**

Please join us in praying for the churches in Zimbabwe. Pray that their leaders would have wisdom in their roles within the community and that the churches would advocate the inclusion and empowerment of all oppressed people within their community.

**APRIL**

Thank God that, as Lamentations 3:22-24 teaches us, his faithful love never ends. We thank him that everyone is equal and precious in his sight.

**MAY**

Thank God for the developments being made in eye health services by the Ministry of Health and Child Welfare in Zimbabwe. Pray that improvements will continue to be made in diagnosis, treatment and care.

**JUNE**

‘The Lord is my inheritance; therefore, I will hope in him!’ Please pray for those involved with our partners or Disabled Persons Organisations who may be feeling weary.

**JULY**

CBM is one partner within the Vision 2020 initiative, which is working in three provinces in Zimbabwe to reduce preventable blindness. Thank God for the programme and seek his blessing over all those whose sight will be restored or protected through it.

\* Zimbabwe’s national anthem

**AUGUST**

Please pray that more children with disabilities in Zimbabwe would receive the wheelchairs, hearing aids or other resources they need to help them access an education and fulfil their potential.

**SEPTEMBER**

A shortage of child eye health specialists severely restricts the services and care which can be provided in Zimbabwe. Pray that more ophthalmologists and ophthalmic nurses will be trained and posts created.

**OCTOBER**

It is estimated that 80% of blindness in Zimbabwe is due to avoidable causes. Pray that our initiatives to raise awareness about these causes within communities would be successful.

**NOVEMBER**

Please pray for all those who are waiting to receive Cataract surgeries in Zimbabwe. Pray that we will be able to continue providing surgeries and supporting eye health partners in Harare, Manicaland, Mashonaland West and Mashonaland East.

**DECEMBER**

Pray specifically for the major improvements to the eye units at Norton Hospital in Mashonaland West and the Sakubva Hospital in Mutare, and to the paediatric ward at Sekuru Kaguvi Hospital in Harare.

LAMENTATIONS 3:22-24 “The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning. I say to myself, ‘The Lord is my inheritance; therefore, I will hope in him!’”

# Building a disability-inclusive church

MARK 2:11-12 “I tell you, get up, take your mat and go home.’ He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, ‘We have never seen anything like this!’”

## JANUARY

Please pray for God’s church. Help us to be a church that welcomes and includes, that does not judge or exclude. A church that acts as well as speaks. A church that sees the image of God in the most unlikely of people and places.

## FEBRUARY

‘Let the weak say I am strong. Let the poor say I am rich. Because of what the Lord has done in us.’ Thank God that His ways are not our ways. Pray that God will use people with disabilities to lead and transform the world.

## MARCH

We pray that your church, Lord, will take a lead in ‘welcoming the foreigner.’ We pray for church leaders in positions of influence in Government, the European Parliament and those engaged in inter-faith relationships and diplomacy.

## APRIL

Pray that God will give courage and strength to His church in areas affected by emergencies, such as war and natural disasters. Pray that the church will be God’s arms of comfort and offer His peace to their communities.

## MAY

Please pray for people who are homeless, refugees and living in poverty. Pray that God’s church will reach out to these people with compassion and grace, seeking justice.

## JUNE

Please pray that churches will take a holistic approach in all that they do. That the gifts and potentials of everyone will be welcomed and that buildings and resources will include all regardless of ability.

## JULY

Thank God that he sees us as people before considering our abilities. We pray that we, your church, will reflect this in our attitudes, behaviour and ministry.

## AUGUST

Please pray for those engaged in the resourcing and training of churches around disability. Give them courage, strength and perseverance.



Photo © CBM

## SEPTEMBER

Please pray for the role of CBM in resourcing and educating the local church in the countries where it operates, so that barriers of stigma, exclusion and prejudice can be overcome.

## OCTOBER

We pray for people living with disabilities, their families, friends and care assistants who often face misunderstanding and isolation, even in church.

## NOVEMBER

Thank God that through Jesus’ death and resurrection He identifies with our struggles and welcomes us to the foot of the cross.

## DECEMBER

Like Peter and John, pray that God’s church will be a movement that offers life, in all its fullness, rather than charitable handouts.



## JANUARY

Pray that the staff at the CBM East Africa Regional Office in Kenya have had a well-deserved break over the Christmas period and are ready to start the year ahead refreshed and rejuvenated.

## FEBRUARY

This month CBM in Kenya will plan their work for the year ahead. Please pray that these meetings will result in more support and resources and will help transform lives and communities.

## JULY

Please pray for David Munyendo, CBM's Country Representative for Kenya, as he prioritises the many demands of the projects we support.

## AUGUST

CBM is a good steward of our resources, spending wisely and using time effectively. Please pray for wisdom for the CBM East Africa Regional Office in Kenya as they review and plan their spending for next year.

## OCTOBER

Please join us in praying for CBM's eye care partners around Kenya. Please pray that they will help to provide a brighter future for those who cannot see.

## DECEMBER

Rejoice with us as we look back over the past year. Please pray that all CBM and partner staff will have had a joyous festive period with family and loved ones.



*Dickson Nyamao, a fieldworker for CBM in Kenya, giving out Vitamin A tablets at a school*

## MARCH

CBM is supporting a capacity building project in Kenya which aims to give people with disabilities and the elderly access to emergency support at times of disaster. Please pray that this work brings about on-going consideration of people with disabilities in emergency planning.

## MAY

Staff from the CBM East Africa Regional Office regularly travel to visit partners, reviewing their success and supporting them. Please pray for safe travel and constructive conversations so that more lives can be transformed.

**JAMES 2:14-17** "What good is it, my brothers, if someone says he has faith but does not have works? Can that faith save him? If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, "Go in peace, be warmed and filled," without giving them the things needed for the body, what good is that? So also faith by itself, if it does not have works, is dead."

Together

**we can  
do more**



Photo © CBM

### **Yes! I want to know more**

I would like more information about **leaving a gift** to CBM in my Will

### **Please send me:**

\_\_\_\_ copies of CBM's **2016 Calendar**

\_\_\_\_ copies of this **2016 Prayer Diary**

\_\_\_\_ **posters and resources** to help me fundraise



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Postcode \_\_\_\_\_

We'd love to keep you informed about our work and how your support is transforming lives. If you are happy to hear from CBM UK by email or phone, please let us know your details:

Email \_\_\_\_\_

Phone/Text \_\_\_\_\_

We really value your interest and support. In order to ensure you continue to receive our literature please tick here

# Yes.

## I want to help ensure we can keep transforming lives

### 1 Here is my regular gift:

#### Instruction to your Bank or Building Society to pay by Direct Debit

Please pay CBM Direct Debits from the account detailed in this Instruction, subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with CBM and, if so, details will be passed electronically to my Bank/Building Society.



Originator's Identification Number

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To the manager (Bank/Building Society)

Bank/Building Society address

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Please pay CBM a monthly donation of (please tick)  £7.50  £12.50  £17  £ until further notice

Payable on (please tick)  1st  7th  15th  25th of each month

(Please allow at least one month between signing this form and the date of the first new payment)

Names(s) of account holder(s)

Account number

Branch sort code

Signature(s)

Date

#### The Direct Debit Guarantee

This Guarantee is offered by all Banks and Building Societies that take part in the Direct Debit Scheme. The efficiency and security of the Scheme is monitored and protected by your own Bank or Building Society. If the amounts to be paid or the payment dates change CBM will notify you 10 working days in advance of your account being debited or as otherwise agreed. If an error is made by CBM or your Bank or Building Society, you are guaranteed a full and immediate refund from your branch of the amount paid. You can cancel a Direct Debit at any time by writing to your Bank or Building Society. Please also send a copy of your letter to us.

### 2 I'd prefer not to give monthly. But please accept my single donation:

I am enclosing a cheque made payable to 'CBM' for £

OR Please debit my  MasterCard  Visa  Switch/Maestro  Delta  CAF card With the amount of £

Card No (Shaded boxes Maestro only) Issue No

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Card signature

Date

Name

Address

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Supporter No (if known)

We'd love to keep you informed about our work and how your support is transforming lives. If you are happy to hear from CBM UK by email or phone please let us know your details. We really value your interest and support. In order to ensure you continue to receive our literature please tick here

### 3 Join in and boost your donation even further

Lots of taxpayers across the UK have been increasing the value of their donations by adding Gift Aid. It doesn't cost you or CBM a single penny extra and is worth an extra 25p for every £1 you give. Last year, taxpayers helped contribute over £1 billion to charities with Gift Aid alone.

*giftaid it*

**In 2014, CBM received an extra £475,000 due to Gift Aid, enough to fund 2,968 cleft lip and palate operations**

I want to Gift Aid my donation of £ and any donations I make in the future or have made in the past 4 years to CBM. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

I am NOT a UK taxpayer

Signature

Today's date

Date of birth

Please return this form in the envelope provided or by using our address on the back of this diary. Thank you.

Donate quickly and securely online at [www.cbmun.org.uk/donate](http://www.cbmun.org.uk/donate)

In the event of there being insufficient funds to carry out a project, or in the event of a surplus arising on a project, any unspent funds will be used wherever the need is greatest.

CBM is registered under the 1998 Data Protection Act. Occasionally we exchange names with carefully chosen organisations, whose values are in sympathy with our own. If you do not wish your name to be passed on to other organisations please tick this box

# Partners in prayer

As we work through 2016 praying together for the projects we are supporting, it is also important to pray for each other. Each week we meet as a team to pray for our world and remember Jesus' teaching:

**Jesus answered, 'Go, sell your possessions and give to the poor, and you will have treasure in heaven. Then come, follow me.'**

Matthew 19:21

**We also know how important you are to living this out, and we are committed to praying for you. If you would like us to pray for anything that is happening in your life or in the lives of those you love, please get in touch.**

**Please send your prayer requests to:**

**By email:** [info@cbmuk.org.uk](mailto:info@cbmuk.org.uk)

**By phone:** 01223 484700

**By post:** CBM UK, Vision House,  
7/8 Oakington Business Park,  
Oakington, Dry Drayton Road,  
Cambridge CB24 3DQ

**With gratitude to all the friends of CBM who have provided prayers for this diary including:**

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Sam Ogolla

David Rootham

Kirsty Smith

Dave Taylor

Anne Wafula-Strike



I who made the stars of night  
I will make the darkness bright.  
Who will bear my light to them,  
Whom shall I send?  
Here I am Lord, is it I Lord?  
I have heard you calling in the night.  
I will go Lord, if you lead me,  
I will hold your people in my heart.

'Here I am, Lord', Daniel L. Schutte, 1981

the  
overseas  
disability  
charity

**cbm**  
together we can do more



Photo © CBM

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