



Thanks to you, last year...

369,261 people

accessed essential eye care services and thousands of people were able to see again

3,628 people

with disabilities received vital support during a humanitarian crisis, including food, water, shelter and healthcare

2,417 people

with mental health conditions accessed the treatment and support they need

Cover: Nine-year-old Lucas has autism and is supported to attend school by our partner FJKM Reformed Church, Madagascar. She loves playing with other children and enjoys singing with her classmates. ©CBM UK/Rakotoarivony

A message from our Chief Executive

2023 was a dynamic year for CBM UK - I cannot thank you, our strategic partners and wonderful supporters, enough for your generosity, and your commitment to our shared vision of an inclusive world in which all people with disabilities enjoy their human rights and achieve their full potential.

Together, with your support, and alongside a talented, dedicated network of partners across our countries of work, in 2023 we were able to innovate in our programming, expand our advisory work to other organisations working in low- and middle-income settings, and seize opportunities to advocate for change with our own UK government.

I am pleased to celebrate the impact of our work in 2023, and am grateful for your partnership into 2024.

Kirsty Smith, Chief Executive, CBM UK



©CBM Global/Eshuchi

WHO WE ARE

For over 115 years, CBM has been transforming lives around the world.

We work with local partners, making sure people with disabilities in some of the world's poorest communities have access to healthcare, education and a future where they can thrive.

OUR VISION

An inclusive world in which all people with disabilities enjoy their human rights and achieve their full potential.

OUR MISSION

Fighting to end the cycle of poverty and disability.

OUR VALUES

We Champion Inclusion • We Strive for Justice • We Pursue Excellence • We Embrace Partnership • We Live with Integrity



"I want to prove that a person with a disability can also build a business and become independent."

Chandrakala's story

"My name is Chandrakala, I am 32 years old. I was interested in becoming a beautician. But my parents don't like me to go outside or participate in training, only because of my physical disability."

"Now, I am a member of a self-help group. We discussed the Futuremakers project, and agreed I would get involved. I participated in three months of beautician training, and I was supported to start this business."

"One year ago, I started a small retail shop in my house. For that I had to fight with my family members, but still I started that."

"Now I have enough confidence to show my family that I am able to do whatever I want. I want to provide a message to all the community to those who were neglecting me because of my disability in the past, I want to prove that a person with a disability can also build a business and become independent."

Chandrakala is taking part in Futuremakers Nepal. Funded by the Standard Chartered Foundation and delivered by CBM and DECN in partnership with the Standard Chartered Foundation. It is part of Futuremakers by Standard Chartered, a global initiative to tackle inequality by promoting economic inclusion for disadvantaged young people, including those impacted by the COVID-19 pandemic.

Photos ©CBM UK/Kishor



Preventing blindness and saving sight

75% of blindness is avoidable. Together we have been transforming lives for people with sight-loss since 1908. Our work helps people access eye healthcare to treat and prevent blinding diseases, as well as training and equipping eye health professionals to ensure long-term impact.

In 2023 we successfully completed our three-year See the Way project in Rwanda, East Africa. In total, 35,608 people received eye healthcare, transforming their prospects for the future. The project improved access to essential eye healthcare in four remote districts, by training 138 members of staff and improving access to district hospitals, building a sustainable base for treatment to continue in the future.



"I am happy to see my daughter again. I am so happy about it."

Ngayaberua, age 78, after successful cataract surgery. Our See the Way Rwanda project, with our partner Kabgayi Eye Unit, was funded by donations from the UK public and match funding from the UK government through UK Aid Match. ©CBM UK/Habimana



"Once I complete my supervision, all the people around us will be able to access services properly, rather than waiting for six months time."

Henry, clinical officer, removes Kulaiti's bandage after her sight-restoring cataract surgery, in our project with partner Nkhoma Mission Hospital, Malawi. ©CBM UK/Hayduk



Anas' story



Anas has severely swollen limbs caused by Lymphatic Filariasis. He recently participated in vocational training through one of our Neglected Tropical Disease (NTD) projects in Nigeria, West Africa, learning how to maintain boreholes. Anas is now hard at work repairing these essential facilities, benefitting the whole community. From living with stigma to becoming an active member of his community, Anas has transformed not only his own life, but also the lives of those around him.

"I didn't usually stay around people because some were fond of looking at me and some were scared of me. Truthfully, I really enjoyed the project because they value me and they have renewed my life. For a fact, my life is not the same."

Anas, taking part in our inclusive and holistic NTD project in Nigeria with our partner Health And Development Support (HANDS) ©CBM UK/HANDS

Education for all

Thanks to our supporters and together with our fantastic local partners, we are making sure that children with disabilities are included in school. We are helping schools to adapt their buildings so that they become accessible for everyone. We are coaching teachers to embed truly inclusive practices in their classrooms, and we are getting out into local communities and overcoming the stigma which so often keeps children with disabilities at home.

"I always wanted to be a teacher – nothing else. I think teachers are the most important – it is the best work a person can do. Whether the children are disabled or not it is the same classroom, same teacher."

Joice, a teacher at a model school from our project alongside Leonard Cheshire, Zimbabwe. ©CBM UK/Thabani



Joyce's story

We enable people with disabilities to access vital support when disasters strike, assisting with essential food, water, shelter, and healthcare. We equip hospitals, and we advise other humanitarian organisations on how to be disability-inclusive in their own programmes.



"These cash transfers are really helpful. I try to sell my baskets to provide for my children but there are days that I have not been able to sell anything, and we've slept hungry. Funny thing is, we always get the transfer notification the day after we have slept hungry. It is like God knows!"

Joyce receives cash transfers from our humanitarian project in drought-hit northern Kenya, with our partner Kenya Red Cross. ©CBM UK/Eshuchi



At seven-years-old, Intesham had his eyes screened as part of our inclusive eye health project in Nepal. It turned out that he had developed cataracts years before. He and his parents were delighted after he had successful cataract surgery with our partner, Biratnagar Eye Hospital. ©CBM UK/Kishor

Stories start with you

Your kindness makes all of these stories a reality. Find out about the different ways you can get involved and change lives by visiting our website: www.cbmun.org.uk

Where your money goes

Thanks to the commitment and generosity of our supporters, our income reached £7 million in 2023.

Expenditure

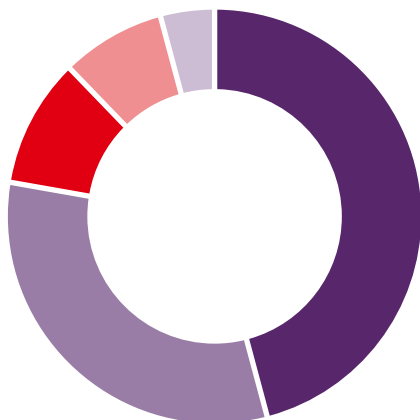
Total: £6,806,212

- Our life-changing work: £5,118,359* (75%)
- Raising funds: £1,687,853 (25%)



Our life-changing work

- Saving sight: £2,337,495 (46%)
- Community Based Inclusive Development: £1,595,367 (32%)
- Mental health: £488,911 (10%)
- Humanitarian: £409,923 (8%)
- Advocacy: £224,751 (4%)

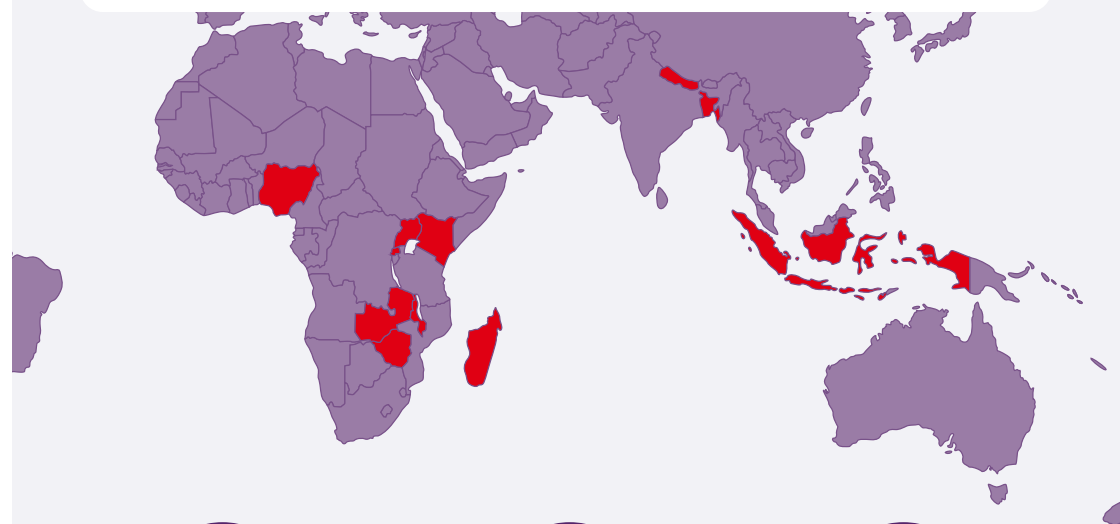


Further details can be found in our Annual Report, available on our website: www.cbmun.org.uk

*Includes £61,912 movement in exchange rates.

**Figure updated July 2024 to include work with our partner Mentally Aware Nigeria Initiative

In 2023, with our partners, CBM UK delivered 32 projects across Zimbabwe, Nigeria, Kenya, Nepal, Rwanda, Malawi, Indonesia, Madagascar, Bangladesh, Uganda and Zambia.



8

SIGHT-SAVING
PROJECTS

.....
369,261 people

5

HUMANITARIAN
PROJECTS

.....
3,628 people

4

MENTAL HEALTH
PROJECTS

.....
2,417 people**

2

NEGLECTED TROPICAL
DISEASE PROJECTS

.....
112,826 people

13

COMMUNITY BASED INCLUSIVE
DEVELOPMENT PROJECTS

.....
30,998 people

Leave a gift in your Will

Rodney and Shirley have been keen supporters of CBM UK since 2006 and decided to leave a gift in their Will.



“We can trust CBM to ensure that the money we give reaches the projects and people who need our support.”

Rodney and Shirley

Gifts in Wills fund a third of our work and we are incredibly grateful to anyone who chooses to support us in this special way. You can find out more about leaving a gift in your Will that will transform lives long into the future at: www.cbmun.org.uk/legacies

Below: Apsara is able to work driving her electric auto-rickshaw, after receiving a new prosthetic leg from CBM UK partner DECN, Nepal. ©CBM UK/Kishor



Looking to the future

Partnership is at the heart of our five-year strategy, making sure that the people we work together to support, our partners, and you, our amazing supporters, are central to everything we do. Going forward we will continue to:

- ✓ Work alongside locally-based expert partners, and advocate for governments and other stakeholders to include people with disabilities, to make sure that this is a global priority.
- ✓ Strengthen our programmes through evaluation and feedback, actively seeking the input of project participants and partners to improve our practice and our impact.
- ✓ Share with you the stories where your support is making an incredible impact for individuals, families, and communities.

Together, and thanks to your support, we are transforming the lives of more people with or at risk of disability for years to come.

Want to transform lives with us?

Take action

Explore all the different ways you can get involved and change lives by visiting our website: www.cbmun.org.uk

Contact us

We would love to hear from you. Please give us a call on 01223 484700, or send an email to info@cbmun.org.uk



**Faith, from drought-hit Tharaka Nithi County, Kenya,
in her sustainably-grown kitchen garden.**

Faith is part of our project with partners DOM-SPARK, working to prevent child malnutrition. As well as providing nutritional supplements for children, the project supports women to grow crops to feed their families. Photo: CBM UK/Kevin Gitonga

Christian Blind Mission (United Kingdom) Limited

1 Munro House, 20 Mercers Row, Cambridge CB5 8HY

Registered charity numbers: 1058162 (England and Wales) SC041101 (Scotland)

Search CBM to follow us on:    

www.cbmun.org.uk

01223 484700

info@cbmun.org.uk



Registered with
**FUNDRAISING
REGULATOR**

