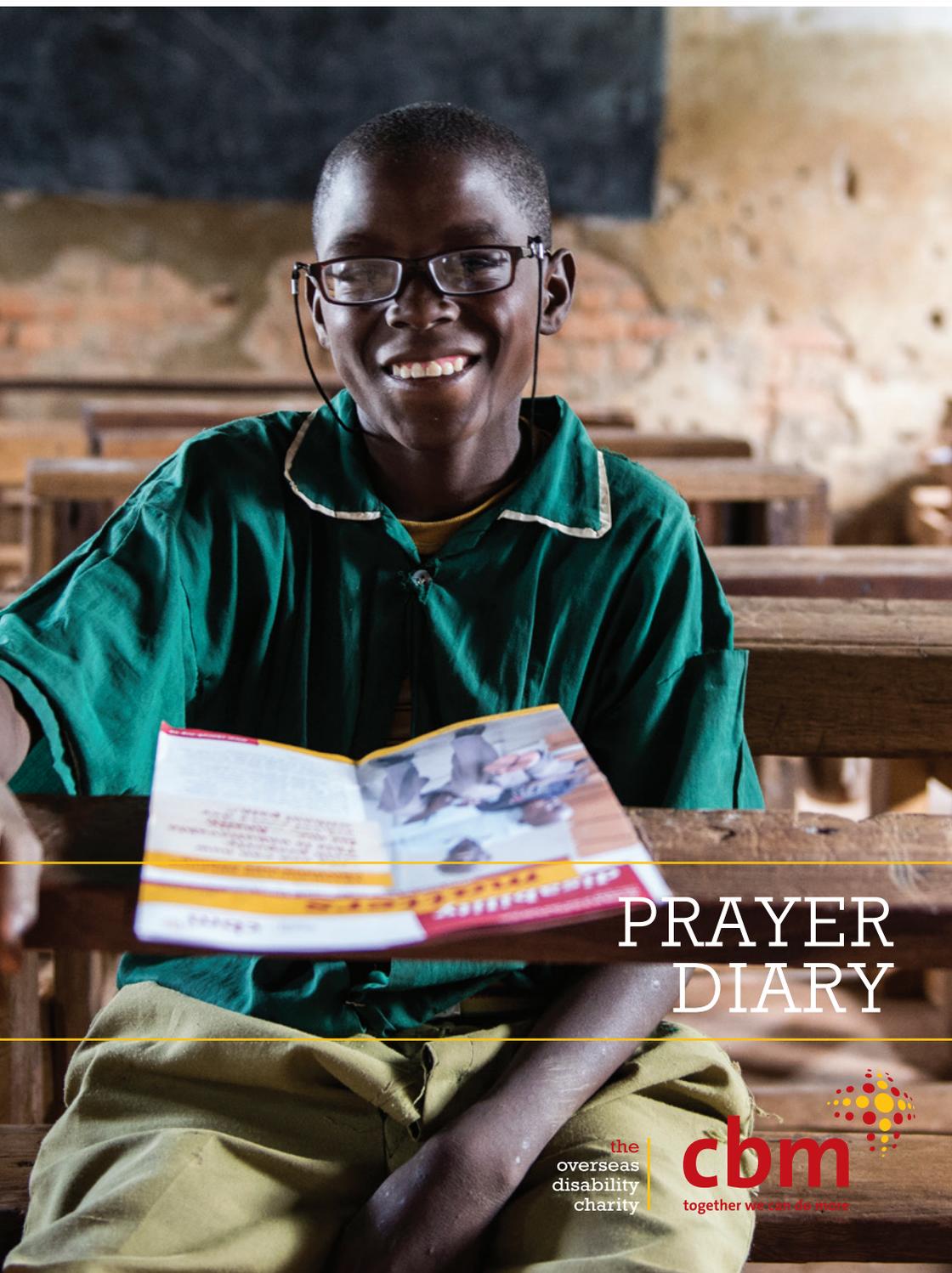


OCTOBER 2017 - FEBRUARY 2018



# PRAYER DIARY

the  
overseas  
disability  
charity



## NOVEMBER

*Mental health in the world's poorest places*

**Sun**  Give thanks for the many CBM partners who work tirelessly to restore dignity to people with mental health problems in some of the poorest countries in the world.

**Mon**  Sierra Leone, in West Africa, has had to deal with war, Ebola, and recent mudslides. Pray for the people of this country as they deal with the consequences of these catastrophes.

**Tue**  Pray for Nigeria: a country with enormous potential, but where political and economic issues cause suffering for its huge population.

**Wed**  Pray for the people of Nepal, who looked after each other during the terrible earthquake. Your help is providing support and direct care for the victims of the earthquake.

**Thu**  Give thanks for the love and understanding of families of those with mental health problems as they help them to cope with the stigma and exclusion they often face.

Front cover shows Joseph (10) who received eye treatment and glasses from CBM's partner hospital in Kenya. He now enjoys going to school and dreams of becoming a doctor.

Prayers provided by Dr. Julian Eaton

I know that the Lord secures justice for the poor and upholds the cause for the needy. **PSALM 140:12**

## NOVEMBER

*Mental health in the world's poorest places*

**Fri**  Thank God for the increased attention that mental health is receiving; from the United Nations, to the many countries that are starting to address neglected mental health care.

**Sat**  Pray for the mental health of people who have been displaced, or are living in areas of conflict or natural disaster. Pray that they receive support from people more privileged.

*Born in the Democratic Republic of Congo (DRC), Julian trained as a doctor before specialising as a psychiatrist. Julian is the Global Mental Health Advisor for CBM.*

*Photo: Julian and his family in Togo, West Africa.*



# NOVEMBER

Focus on: *The Philippines*



*Dr. Manfred Mörchen trained as an ophthalmologist in Germany, where he grew up. Manfred currently lives in the Philippines where he is CBM's Regional Advisor for Inclusive Eye Health.*

# NOVEMBER

Focus on: *The Philippines*

**Wed**  
8

We pray for children in the Philippines who have vision problems and other disabilities which might mean they struggle at school.

**Fri**  
10

Dear God we ask you to bless the CBM country office in Indonesia. They are implementing new Inclusive Eye Health initiatives, and we pray they will be a success.

**Thu**  
9

Pray for inclusive eye health projects in the Philippines that strive to improve the life of people with a disability, living in poverty.

**Sat**  
11

This time of year in the Philippines is typhoon season. Lord we pray that storms will be mild and will not have an impact of the lives of the Filipino people.

**Sun**  
5

Please pray for the hospital in Manila, Philippines, where we treat premature babies who are at risk of blindness.

**Tue**  
7

Lord we pray for CBM's main partner for low vision in the Philippines; Resources for the Blind. We pray they continue to successfully provide for those with sight problems.

**Mon**  
6

We pray for Cataract Foundation Inc. - CBM's main eye health partner in the Philippines. May 2018 be a year of strong endeavours to prevent visual impairment.



*Jenel (23) suffered from cataracts since childhood. Here, he wears protective glasses after successful surgery.*

Prayers provided by Dr. Manfred Mörchen

Owe no one anything, except to love each other, for the one who loves another has fulfilled the law. **ROMANS 13:8**

## NOVEMBER

*Prayers for  
premature babies*

**Sun**  
12  
Lord give courage to families whose children are born in the world's poorest countries.

**Mon**  
13  
Please Lord, protect premature babies through their precarious first few months, and pray they get the treatment they need to grow strong.

**Tue**  
14  
Many premature babies are born seriously underweight. Lord, we ask that they receive nutritional care to help them grow healthy and strong.

**Wed**  
15  
We pray for babies like Gabriel, in the Philippines, who are at risk of losing their sight from Retinopathy of Prematurity (ROP).

**Thu**  
16  
We pray for our overseas ophthalmologists like Dr Manfred Mörchen who is working to improve treatment for premature babies with ROP.

## NOVEMBER

*Prayers for  
premature babies*

**Fri**  
17  
Today is World Prematurity Day. We pray for further advances in science and medicine to ensure more premature babies survive.

**Sat**  
18  
Lord, we pray for all children born with congenital conditions like cleft lip and cerebral palsy. May they be guided to the care they need.

Baby Gabriel smiles after a vision test.



But Jesus called the children to him and said, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these." **LUKE 18:16-17**

# NOVEMBER

## Challenges for disabled children



*Agnes Nabawanuka (left) has worked as a Community Based Rehabilitation Worker for CoRSU, Uganda since 2009. She is passionate about contributing to a society where disability is viewed as part of human diversity.*

**Sun 19** Lord we pray for people who dedicate their lives to helping those most in need, bless their important work and protect them.

**Mon 20** As today is Universal Children's Day, we pray for all children whose rights are being violated: emotionally, physically and socially; may the Lord grant them peace and freedom.

Prayers provided by Agnes Nabawanuka

"There is no exercise better for the heart than reaching down and lifting people up." **JOHN HOLMES**

# NOVEMBER

## Challenges for disabled children

**Tue 21** We pray for children with disabilities who live in poor countries like Uganda, East Africa; that the Lord may hear their cry and save them from discrimination.

**Thu 23** Lord, bless all community workers for the great work they do in supporting children with disabilities, orphans and all vulnerable groups.

**Wed 22** We pray for all children on the streets of Kampala who have no one to take care of them; no shelter, no bedding and nothing to eat. God, send your holy spirit to guide them.

**Fri 24** Lord, we thank you for the health workers in Uganda who choose to serve people who are sick and suffering. May you give them thorough knowledge, compassion and a healing hand.

**Sat 25** O Lord, we pray that you will always send good people to support the CBM family to fulfil their goals for the benefit of children with disabilities.



Agnes assesses Blessing's recognition skills in a preliminary vision test.

# NOVEMBER

*Pray for the world's poorest women*

**Sun**  Yesterday was International Day for the Elimination of Violence against Women. We pray especially for our project in Nigeria, which improves the lives of disabled women who are victims of domestic violence.

**Mon**  Pray for all women with disabilities. In many poor countries, women are seen as lesser to men and can be vulnerable to violence, but even more so for those living with a disability.

**Wed**  We pray for women in developing countries, who are more likely to live in poverty than men. We pray for a change in attitudes towards women and changes in policy to make them more equal.

**Tue**  Pray for an end to traditional practices like female cutting which cause enormous harm to some women and girls, and reinforces gender inequality in the world's poorest places.

**Thu**  Pray for women in the world's poorest countries who are single parents. Female-headed families are far more likely to live in poverty as women have less access to assets and education.

Prayers provided by Grace Harper, CBM UK

Then he said to her, "Daughter, your faith has healed you. Go in peace." **LUKE 8:48**

# DECEMBER

*Pray for the world's poorest women*

Usher was beaten by her husband when she went blind. Her husband then abandoned her, taking the children.



**Fri**  There is nothing more powerful than education to break the cycle of poverty. We pray for girls in the world's poorest places, that they won't drop out of school due to illness or disability.

**Sat**  Pray for our partner clinic CCBRT in Tanzania, East Africa. We pray for the women who attend CCBRT because they suffer incontinence caused by fistula. Pray they will receive treatment for this devastating condition.

# DECEMBER

## Overcoming challenges of disability



**Sun**  Dear Lord, as today is International Day for People with Disabilities, we pray for the 1 billion people across the globe who live with a disability.

**Mon**  We remember those who live with mental illness in the world's poorest countries and pray that improved community awareness and understanding helps reduce the stigma and isolation they often experience.

**Tue**  Children with disabilities often miss out on education because of inaccessible buildings and staff prejudice. Pray for our inclusive education programmes which enable all children to attend school.

Prayers provided by Kirsty Smith, CBM UK

Hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit. **ROMANS 5:3-5**

# DECEMBER

## Overcoming challenges of disability

**Wed**  We pray for those who support people with disabilities - family, neighbours and friends - whose commitment and dedication provide such inspiring examples of the love Jesus encourages us to show.

**Fri**  We pray for the staff and volunteers at our local partners who work tirelessly to support people with disabilities, to raise awareness and change attitudes at both community and policy level.

**Thu**  In a world where people with disabilities often face prejudice, we pray for a fairer world for everyone. Help others to open their eyes so that every individual can fulfil their God-given potential.

**Sat**  Many of the world's poorest people can't afford treatment, or the transport to access it. We thank God for you, our generous supporters, who help to transform so many lives.

Kirsty Smith, CBM UK Chief Exec visits Prajita, a girl who sustained injuries in the Nepal earthquake.



## DECEMBER

Focus on: Zimbabwe

**Sun**  
**10**  
Pray for the economy of Zimbabwe, Southern Africa, that it may recover from economic challenges.

**Mon**  
**11**  
In recent years, Zimbabwe has suffered with bad harvests. Lord we pray for plenty of rain this season to encourage plentiful crops.

**Tue**  
**12**  
Lord we pray for peace and stability in Zimbabwe, especially in the upcoming 2018 elections.

**Wed**  
**13**  
Pray for the vulnerable communities in Zimbabwe; for people with disabilities, the visually impaired and those who are ill.

**Thu**  
**14**  
Pray for CBM partners who work tirelessly to implement projects; may God give them wisdom and strength.

**Fri**  
**15**  
Pray for the CBM leadership team, at the headquarters in Germany and the staff at each Member Association.

**Sat**  
**16**  
God bless CBM supporters who demonstrate Christian love through their generous donations, prayers and volunteering.

*Deborah is the  
CBM Country  
Representative  
for Zimbabwe*



Prayers provided by Deborah Tigere

In this world you will have trouble. But take heart!  
I have overcome the world. **JOHN 16:33**

## DECEMBER

Pray for hope and love for all

*Fistula patient  
Elizabeth (21) with her  
son Bright, at CCBRT  
in Dar es Salaam,  
Tanzania.*



**Sun**  
**17**  
We pray for inclusion and love of all people living with disability in the world.

**Mon**  
**18**  
We pray for success of all programmes to achieve their desired effect.

**Tue**  
**19**  
We pray for all health and field workers in CBM projects across the world.

**Wed**  
**20**  
We pray for all CBM supporters to continue to show love so that all projects and treatment will continue.

**Thu**  
**21**  
We pray for the families of those affected by illness or disability, so that they will continue to show love to those affected around them.

**Fri**  
**22**  
We pray for all CBM workers across the world and the board of trustees.

**Sat**  
**23**  
We pray that those affected with mental health difficulties across the world will find hope, love and faith.

Prayers provided by Chinwe Osuchukwu, Trustee, CBM UK

If I gave everything I have to the poor, I could boast about it; but if I didn't love others, I would have gained nothing.  
**CORINTHIANS 13:3**

## DECEMBER

*Remembering God's  
love at Christmas time*

**Sun**  
24  
On Christmas Eve, we think of God's generosity of giving us his son. May the love of God, and the kindness of Jesus Christ, inspire us to continue helping those in need.

**Mon**  
25  
On Christmas Day, we reflect on all that Jesus taught us, and we promise to do these things. Above all, Jesus told us to love our neighbour, forgive our enemy and help those in need.

**Thu**  
28  
At Christmas time, we pray for peace on Earth. We pray that in countries where there is conflict, the governments will find a solution and that the fighting parties will reach an agreement.

**Tue**  
26  
Christmas is often a time for giving gifts, and it can be a materialistic time. We take time to pray for those who live in world's poorest places, and have hardly anything.

**Wed**  
27  
At Christmas we tend to enjoy a lot of nice food. Lord, we pray for those who struggle to put food on the table, because of the barriers that face people with disabilities which mean they cannot work.

God bestows His blessings without discrimination.  
The followers of Jesus are all children of God. **F. F. BRUCE**

## DECEMBER

*Remembering God's  
love at Christmas time*



*Grace (6) and Paul (10) both suffered with club foot, but they are receiving rehabilitation at our partner hospital in Uganda.*

**Fri**  
29  
As well as suffering caused by conflict, we pray for the victims of natural disasters like Hurricane Harvey, Hurricane Irma and the Mexican earthquake which happened in September.

**Sat**  
30  
As the year draws to a close, we thank you Lord for all that CBM has achieved to help those in poverty with disability. We pray for many successes in the new year.

# JANUARY

*Pray for those with low or no vision*

Patients from CoRSU, our partner hospital in Uganda, send their New Year wishes.



Sun

31

As the year draws to a close, we pray for spiritual renewal and that we will see the needs of humanity with renewed strength.

Mon  
1

We hope that in this New Year, we will be granted the ability to discern what is truly good for the people we serve.

Tue  
2

As the eye is the window to the soul, we pray that people's eyes are cured of their ailments and remain healthy.

Wed  
3

We pray that CBM's technical leadership team for inclusive eye health is able to successfully deliver our ambitious strategy to transform many lives this year.

Prayers provided by Andrea Brandt von Lindau, CBM UK

The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light. **MATTHEW 6:22**

# JANUARY

*Pray for those with low or no vision*

Thu  
4

We know the divine through the magnificence of Creation. On World Braille Day, we give thanks that people who are blind can fully partake in the world's magnificence.

Fri  
5

We pray for spiritual, intellectual and physical strength and well-being of our eye health partners so that together we can achieve our goals.

Sat  
6

Let us pray that we will be able to make eye health services truly inclusive so that all people in need will be able to benefit.

*A girl reads a story in braille at Haitian Society for the Aid to the Blind.*



# JANUARY

*The strength to deal with change*



Regina, who had bow legs, plays with other children at CoRSU, Uganda, following her surgery.

**Sun 7** Please pray for all those who start something new in their lives this year: a new task at a new place. May God bless them and give them strength, courage and joy.

**Mon 8** In our fast-paced society, it becomes so much harder to appreciate values like patience, compassion and serenity. Lord, let us remember what really matters.

**Tue 9** We pray for all our loved ones and colleagues who passed on to be with The Lord. May his mercy comfort the grieving.

**Wed 10** Please pray for progress in medical research, that those who suffer from incurable diseases may one day soon receive an affordable treatment or cure.

Do not forget to do good and to share with others, for with such sacrifices God is pleased. **HEBREWS 13:16**

# JANUARY

*The strength to deal with change*

**Thu 11** Let us pray that God can change community attitudes towards disability, and help those living with disability be seen as valued members of our society.

**Fri 12** More and more people around the world are forced to flee their homes because of war or persecution. God, please protect them on their dangerous journeys and lead them to safety.

**Sat 13** Climate change has made the seasons unpredictable in many regions of Africa. Please pray for God's hand to be upon the lands, to make the soil fruitful and protect the farmers.

*Tobias Pflanz is CBM's Field Communication Manager and has been based in Uganda, East Africa for the past 8 years. Tobias is readying for change as he and his family are returning to their home country of Germany this year.*

Prayers provided by Tobias Pflanz



# JANUARY

Focus on: Indonesia

**Sun**  
**14** This month pray that more Indonesians become aware of the challenges and barriers people with disabilities face.

**Mon**  
**15** At the beginning of this New Year, pray for renewed inspiration and sense of purpose towards CBM's mission of improving quality of life for people with disabilities.

**Tue**  
**16** Pray for the implementation of the 2016 Disability Law in Indonesia; that people with disabilities will be able to access health, education and other services and feel included in society.

**Wed**  
**17** Give thanks for the new eye care project beginning in East Java. Pray that people with disabilities may be truly included in all aspects of this new project

*Originally from the UK, Matthew Hanning is the Country Representative for Indonesia. Based in Jakarta, he and his team are responsible for CBM's work in this vast country of 17,500 islands.*



# JANUARY

Focus on: Indonesia

**Thu**  
**18**

Pray for our eye health partners, and especially for their medical teams who seek to bring light and sight to so many Indonesians living with cataract.

Photo: CBM



**Fri**  
**19** Pray for CBM's partners working with children with low vision in Indonesia. Pray that educational services will be accessible to them as they seek to go to school.

**Sat**  
**20** Indonesia is often affected by natural disasters, including earthquakes, landslides and floods. Pray that authorities and CBM partners will be prepared to respond effectively.

Prayers provided by Matthew Hanning

Unless the Lord builds the house, those who build it labour in vain. **PSALM 127:1**

# JANUARY

*Pray for our projects in South Asia*

**Sun**  
**21** Pray for the CBM projects in India training people with disabilities so they can make a living.

**Mon**  
**22** Pray for CBM's education programmes in India, that work with mainstream schools. Pray that the teachers will gladly take up the challenges of educating children with disabilities.

**Tue**  
**23** Pray for our team of programme managers as they plan and monitor projects across India. As we plan for new projects, pray that resources will be found to do this.

**Wed**  
**24** Thank God for our team in Bangladesh. In a country frequently affected by floods and cyclones, pray for the programmes which seek to ensure that people with disabilities are safe in an emergency.



*Kisanrao (52) started a flour mill, after training from the CBM-supported organic farming programme.*

# JANUARY

*Pray for our projects in South Asia*



*Sara Varughese (back, left) began working with CBM as a medical advisor and is now the Director for the South Asia Regional Office. Here she is pictured with her team.*

**Thu**  
**25** Pray for Nepal which is still recovering from the earthquake. Pray for CBM projects on education, health and livelihoods in the earthquake affected districts.

**Fri**  
**26** Pray for India on its Republic Day. Pray for continued good governments, so that we may be able to carry on our work without restriction.

**Sat**  
**27** Pray for peace in South Asia: between countries, ethnic groups and religious groups. Pray for a spirit of love and caring between people.

Prayers provided by Sara Varughese

If what you heard from the beginning lives deeply in you, you will live deeply. **JOHN 2:24-26**

# JANUARY

*Pray for the families of disabled children*



*Whitney with her mum, Sarah, at home before her surgery.*

**Sun** We pray for those parents in developing countries who have had children born with blindness, like Whitney. We pray that they will be able to get the treatment and support they need.



**Mon** We live in uncertain times yet God wants us to live in faith. We pray for those parents faced with the challenges of bringing up a child with a disability.



**Tue** Many parents feel shame when they give birth to a child with a disability and feel that it may be their fault. We pray for these parents that they will know that it is not a judgement on them.



Prayers provided by David Rootham

Have no fear for your prayers have come to the ears of God **LUKE 1:13**

# JANUARY / FEBRUARY

*Pray for the families of disabled children*

**Wed** Let us pray for parents in developing countries who are distressed when they have given birth to a child with a disability, we pray that they will get support to send them to school.



**Fri** We pray for CBM's work for inclusive education both locally and nationally as well as with teachers and other parents. That all children will be welcomed and catered for.



**Thu** Many schools in the developing world do not provide the support needed by children with disabilities. We pray for our influence upon governments that they will provide schools for every child.



**Sat** We pray for Sian Tesni, our Inclusive Education Advisor as she works with the WHO and other organisations to help develop inclusive education systems that support all children.



*Godfrey with his mum, Olive, who had successful surgery to treat his cleft lip.*



the  
overseas  
disability  
charity



**CBM is an international Christian disability and development organisation, transforming the lives of disabled people in the world's poorest communities.**

Driven by Christian values, and steered by world-class experts, we break down the barriers faced by disabled people in developing countries by delivering practical support, improving policy and practice and inspiring the people of the UK to act



With gratitude to all the friends of CBM who have provided prayers for this diary including: Julian Eaton, Manfred Mörchen, Agnes Nabawanuka, Kirsty Smith, Deborah Tigere, Chinwe Osuchukwu, Andrea Brandt von Lindau, Tobias Pflanz, Matthew Hanning, Sara Varughese and David Rootham.

Charity Registration No: England & Wales 1058162  
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**CBM reaches out to people who others leave behind, transforming the lives of people with blindness and other disabilities in the poorest places of the world.**

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