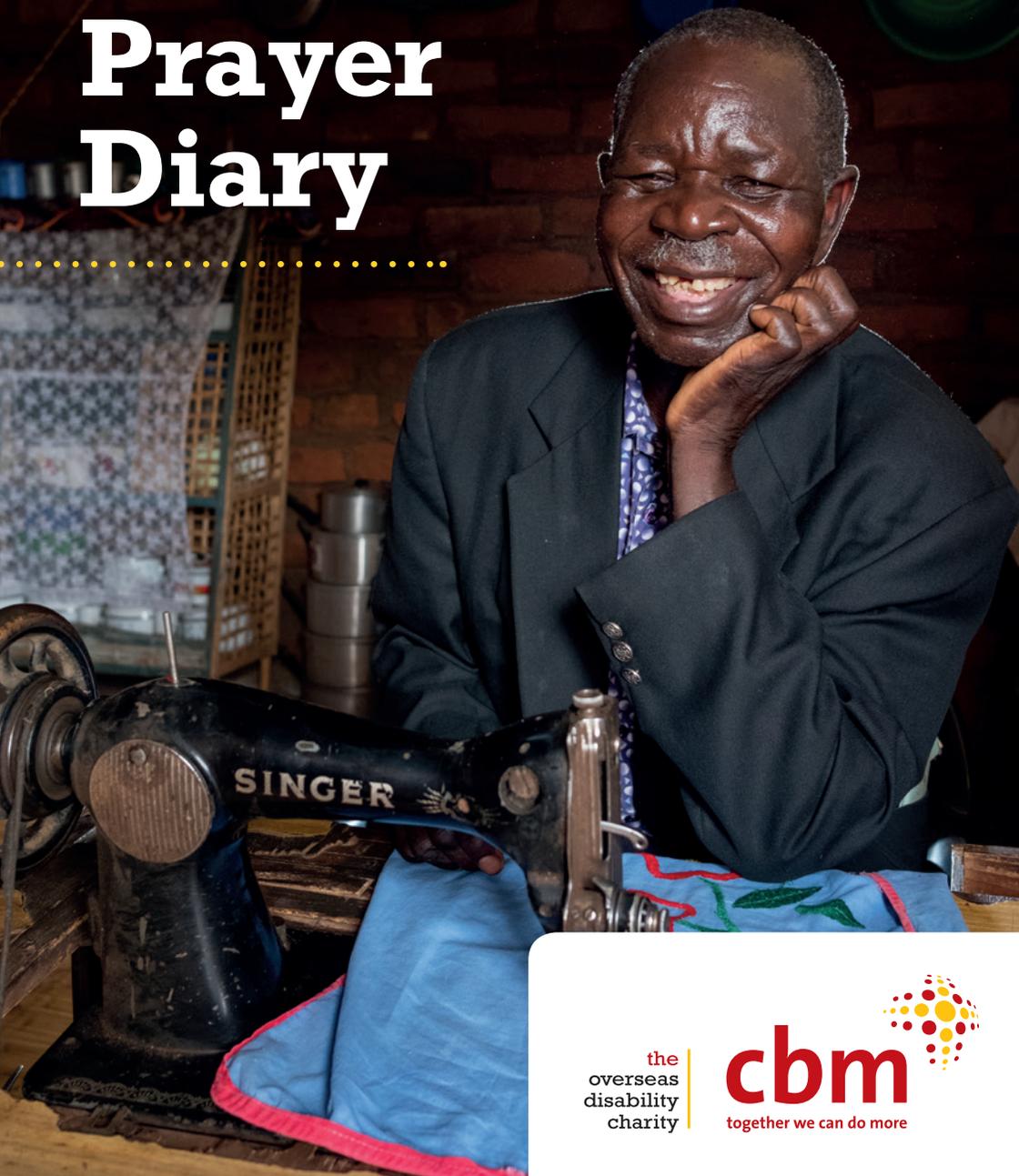


NOVEMBER 2019 - FEBRUARY 2020

Prayer Diary



the
overseas
disability
charity

cbm
together we can do more



NOVEMBER

Prayers from India



One-year-old Mantasha from India receives physiotherapy from our partner, following surgery for clubfoot.



Sun 3 Pray that CBM's programmes in India will positively affect and transform the lives of people with disabilities. Pray for the health team and Senior Programme Officers working to transform lives in India.

Mon 4 Today we dedicate a prayer for people who live with the challenges posed by dementia and Alzheimer's disease. Pray that people who have lost their memories can find peace and comfort with their families.

Tue 5 We pray that our partner hospitals and schools get the resources they need to provide quality treatment and education to people in need. We ask that children with disabilities can shine as brightly in education as any other children.

Front cover: Since having cataract surgery at our partner hospital in Zambia, Patson's life has been transformed: he has returned to his two jobs as a farmer and a tailor.

Prayers provided by Madhizhagan Mohan, CBM India

NOVEMBER

Prayers from India

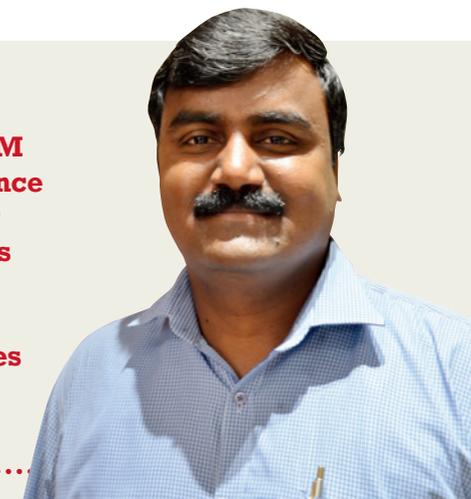
Wed 6 Pray that the entire South Asia Regional Office team will be blessed with strength and enthusiasm to continue our mission to serve the poorest people with disabilities, their families and communities.

Thu 7 Lord, we pray for people and communities to be positive towards people with disabilities. Pray that more resources can be allocated towards disability-related programmes.

Fri 8 Pray for organisations and their members that help disabled people to take up roles of leadership and responsibility, helping to redefine the lives of fellow people with disabilities.

Sat 9 Let us remember that in times of crisis, Lord, you are with us in our lives. Let us turn to your wisdom when we face daily challenges.

Madhi has worked in the CBM South Asia Regional office since 2003, and is currently Senior Programme Officer. Madhi is responsible for working with partners towards promoting equal rights and opportunities for people with disabilities.



"For I know the plans I have for you" declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future". **JEREMIAH 29:11**

NOVEMBER

Prayers of thanks

Sun 10 Father, we give thanks for the great and very committed team at CBM. We are thankful for the continued passion of our colleagues and our partners.

Mon 11 We give thanks that disability inclusion is higher up on the agenda of international organisations and agencies and that this gives opportunities for CBM's work to have a greater impact.

Tue 12 We are grateful for CBM skills training and capacity building, which has helped train many more opticians in some of the world's poorest places, so that people don't have to travel as far to get glasses.

The CBM UK team came together to compose prayers about their individual roles and the wider work of CBM.



"Greater love has no one than this: to lay down one's life for one's friends." **JOHN 15:13**

NOVEMBER

Prayers of thanks



Following successful cataract surgery at CBM's partner hospital in Nigeria, Samuel is pursuing his passion for playing the drums.

Wed 13 Today we pray for the people who CBM supporters have helped by making a positive difference to their lives. We remember five-year-old Samuel from Nigeria, West Africa who is able to receive an education following his cataract removal surgery.

Thu 14 We give thanks for our colleagues and teams throughout the world. We are grateful to have skilled colleagues who are positive, friendly and enthusiastic.

Fri 15 Lord, we are grateful for the donations received during the See the Way appeal earlier this year. God, bless our generous supporters who continue to give their prayer and support to help disabled people in some of the world's poorest places.

Sat 16 Father, we thank you that our staff and partners are committed and driven. Lord, give them ongoing determination to make a lasting difference to the rights and opportunities of disabled people in the world's poorest communities.

Prayers provided by CBM UK team

NOVEMBER

Prayers from Tanzania, East Africa

Nesia Mahenge, became CBM Country Director for Tanzania in January 2018. Her role is to oversee the implementation of programmes. Nesia says, "I am very humbled to be part of the CBM team to serve persons with disabilities."



Sun 17 CBM Tanzania gives thanks to almighty God for his mercy and love. We submit the development of our country plan and strategic plan before God for his guidance to help us make it successful.

Mon 18 Father, thank you for giving Nesia the opportunity to work for CBM Tanzania to serve people with disabilities. We pray that you continue to guide Nesia and the CBM team in Tanzania as they fulfil their responsibilities.

Tue 19 Lord, we lift up our government, development partners, and communities who are fighting for the rights of persons with disabilities. We call upon your name to show them the great things to be done to eradicate poverty in Tanzania.

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. **ISIAH 40:28**

NOVEMBER

Prayers from Tanzania, East Africa

Wed 20 Lord we thank you for Ernst Christoffel, the CBM founder who started the mission to transform the lives of the world's forgotten people. Father, you have chosen CBM in the world to amplify the voices of persons with disabilities.

Thu 21 As we continue implementing CBM's vision, we pray that staff members and partners keep on demonstrating the values and characteristics that will transform people's lives.

Fri 22 We pray for CBM's inclusive education programmes in Tanzania to be fully realised and supported by different development partners to ensure that children with disabilities can thrive.

Sat 23 Lord we pray for your guidance to remind us not to rely wholly on our own understanding. Help partners, CBM staff and supporters to rely confidently upon you.



In 1908 Ernst Christoffel, a German Pastor, established CBM in Turkey.

Prayers provided by Nesia Mahenge, CBM Tanzania

NOVEMBER Tackling gender-based violence



The 25th November every year is the designated United Nations International Day for the Elimination of Violence Against Women. Women and girls with disabilities are some of the most likely people in the world to experience abuse.

Members and volunteers of our partner, the Disability Rights Advocacy Centre (DRAC) campaign for gender equality in Nigeria.

Sun 24 Dear Lord, thank you so much for the opportunity to work with Disability Rights Advocacy Centre (DRAC) in Nigeria. We pray that the programme will have a positive impact on the lives of women and girls who have experienced abuse.

Mon 25 Father, we give thanks for everyone involved with the "Respect not Abuse" research study, which highlighted the challenges faced by women with disabilities. Thank you for empowering us with knowledge, which we can use for good going forwards.

Tue 26 Lord we have learnt that one of the things that makes women with disabilities particularly vulnerable is economic dependency. We pray for the success of our "Break the Cycle" programme which seeks to empower women through skills training.

In the same way, the women are to be worthy of respect, not malicious talkers but temperate and trustworthy in everything. **1 TIMOTHY 3:11**

NOVEMBER Tackling gender-based violence

Wed 27 Lack of access to education can lead to vulnerability for some disabled girls. Lord, enable us to help teachers understand, empathise and meet the needs of children with disabilities, especially girls who often miss out on school.

Thu 28 God, bless everyone who is involved in our programme with DRAC, in particular, the community disability advocates. Give them the strength to raise awareness of the issues, which women with disabilities face.

Fri 29 Lord, we hope that by having trained community advocates, women with disabilities will not feel as afraid. We ask for the success of the literature, events and communication materials provided by our "Respect not Abuse" programme.

Sat 30 Father, we ask that the perpetrators of violence will not turn a blind eye to the work we are doing. Help them to stop and consider their actions. We ask that those with a violent past can reform to a respectful future.

Part of the Respect not Abuse project is an awareness raising campaign aimed at community leaders.



Prayers provided by Grace Harper, CBM UK

DECEMBER

International Day for Persons with Disabilities

Worldwide, 1 in 4 people experience mental health conditions, with 80% living in low and middle-income countries. CBM are expanding their portfolio of mental health work including a Peer Support programme in Malawi.



DECEMBER

International Day for Persons with Disabilities

Thu
5

God, let us take action as a society to accelerate the eradication of barriers to social inclusion. Let us work to eliminate discrimination in our communities - each taking an active part in providing inclusion for all.

Fri
6

Lord, your Word says we are all fearfully and wonderfully made, and we ask that we are able to see everyone through your loving eyes without judgement towards anyone.

Sat
7

We pray that people living with disabilities receive access to training and education to empower them to become valued members of society, and to live happier and fulfilled lives within their communities.

CBM are experts in Disability-Inclusive Humanitarian Response. Our programme in Bangladesh helps refugees like 11-year-old Rashida to access medical treatment and overcome accessibility challenges in the refugee camp where she lives.



Prayers provided by Daniela Ulloa and Clare Potosi, CBM UK

Sun
1

Dear Lord, we ask that you give us grace and understanding towards the daily challenges and obstacles that over one billion people living with disabilities face in their everyday lives.

Tue
3

Today, on International Day for People with Disabilities, we come together in prayer to recognise and celebrate the achievements of people living with disabilities around the world.

Mon
2

We pray for the families and friends of people living with a disability, and ask that you fill them with strength, joy and peace as they care and support their loved ones.

Wed
4

We ask Lord that you bless the hands of passionate CBM workers who lovingly bring hope and change to the lives of people living with disabilities in some of the world's poorest places.

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. **PSALM 139:14**

DECEMBER

Prayers from New Zealand

Sun 8 Pray for staff at CBM New Zealand as we prepare for a brand new year. Pray for fresh thinking and encouraged hearts as we develop new strategies for 2020 and beyond.

Mon 9 Give thanks for CBM's advocacy work for other development agencies, to include those with disabilities in their emergency relief work. Pray for the inclusiveness training work we do with other relief agencies and non-governmental organisations.

Tue 10 Pray for peace and stability in countries with fragile governments and those suffering from protracted conflicts such as South Sudan and Cameroon. May peace come quickly and recovery be enabled.

Wed 11 Give thanks for each and every one of the loyal supporters who give generously to CBM. May God bless them and fill their hearts with the knowledge of how much their gifts achieve.



Murray Sheard has been the Chief Executive of CBM New Zealand since 2018. He is inspired by the amazing work that our programmes achieve, so that those disadvantaged by poverty and disability are included and heard.

Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.
THESSALONIANS 5:16-18

DECEMBER

Prayers from New Zealand



Ethiopia is subject to extreme weather conditions, which are worsening with climate change. Last year, CBM coordinated an inclusive emergency response after extensive flooding.



Thu 12 Pray for the cataract surgery CBM and our partners undertake. Pray for doctors, nurses, those providing equipment – and for each person who is given back the gift of sight.

Fri 13 Today we pray for people with disabilities in countries most at risk from climate change, and for our disaster risk reduction work. May we all find ways to live a greener, cleaner life that is kind to the environment.

Sat 14 Father, we give thanks for the United Nations Sustainable Development Goals. Much progress has been made to lift the poorest out of poverty. We pray for strength and wisdom to help us continue towards the goal of ending poverty.

Prayers provided by Murray Sheard, CBM New Zealand

DECEMBER

Prayers from a
programme officer

Grace was born with cerebral palsy and couldn't walk. Thanks to an intensive rehabilitation programme through our partner in Tanzania, Grace can now sit and stand without support.

Sun 15 We give thanks to the Lord for the founder of CBM and everyone that works for the charity, who in their hearts, have decided to work for women, men and children with disabilities around the world, to put a smile on their faces and give them hope for the future.

Mon 16 God, we pray for all individuals who support CBM programmes, to bless them and their families and for whatever they are providing to help people with disabilities. Lord we ask that you also provide for their needs.

Tue 17 Father may we pray for children. Pray for understanding and empathy for those who are not disabled, that they will be welcoming and kind to children with additional challenges.

Then you will call upon me and come and pray to me, and I will hear you. You will seek and find me. When you seek with all your heart. **JEREMIAH 29:12-13.**

DECEMBER

Prayers from a
programme officer

Wed 18 May we pray for all the CBM staff in Tanzania. Lord we ask you to guide them in everything they do. Protect them and their families and grant them success with the plans they have for their lives.

Thu 19 Father we pray for the government of Tanzania to continue realising the needs of persons with disabilities. Support them to develop more policies which benefit disabled people, and for the policies that are already in place to be effective.

Fri 20 Lord, we pray for a better understanding of disability inclusion in Tanzania. We pray that people have empathy and continue to strive towards an inclusive society.

Sat 21 This December, we reflect upon the story of how Jesus came to the world. We pray for Jesus' love for all people who have disabilities to help them feel loved, accepted and appreciated.

Niwaeli is a programme officer responsible for implementing CBM programmes in Tanzania, East Africa. Niwaeli says, "CBM's work inspires me so much because we do the work of God here by touching the lives of people that at some point in their lives have lost hope."



Prayers provided by Niwaeli Iira, CBM Tanzania

DECEMBER

Reflections at Christmas time

Rebekah Greenbank joined CBM in July as fundraising and communications intern. She says, "I came to work at CBM as I share the charity's vision to create a more inclusive world. One part of my role I love is getting to share the stories from our fantastic projects."



Sun 22 We remember Anna and Simeon who waited for the birth of the Messiah and pray for those waiting for sight-saving surgery because they cannot afford the cost. We ask that these barriers will be overcome.

Tue 24 Lord we pray for the CBM family, our supporters, staff and partners. We pray that this Christmas we would know joy, hope and love. For anyone who is troubled we ask they would know you as a refuge.

Mon 23 We think of the good news for all people which the angel Gabriel gave to Mary. Please bless the work of CBM to bring good news and hope to the world's forgotten people; people who you know and value.

Wed 25 Thank you that you are called Immanuel, God with us. As we celebrate the birth of Jesus Christ, we thank you that you are still with us. May we all be aware of your presence with us this special day.

Do not fear, for I have redeemed you; I have summoned you by name; you are mine. **ISAIAH 43:1**

DECEMBER

Reflections at Christmas time

Thu 26 We are so grateful for the dedication of all the medical professionals working for our partners. We pray for medical staff and everyone who is working over Christmas and ask that you grant them rest.

Fri 27 Thank you for CBM's dedicated advocacy staff working to equip those with disabilities to claim their rights. This Christmas period let us make sure that our celebrations are inclusive to all.

Sat 28 Father we thank you for our Church supporters and pray for your blessing upon all the services that are happening during the Christmas period. May each service be a joyful time worshipping you.

Until 31st December 2019, your donations will have 5x the impact, helping more people, such as baby Irène from Rwanda (pictured), to access eye health services and have a brighter future.

Donate today and every £10 you give will become £50.



Prayers provided by Rebekah Greenbank, CBM UK

DECEMBER

New year, new hope

Our amazing volunteer Roy helps in the office on Wednesdays. Recently he supported CBM at the NNN conference in Liverpool, as he is passionate about our Neglected Tropical Disease work.



Sun 29
Dear Lord, we hope that this New Year, all new colleagues that join CBM will be welcomed warmly and receive the support they need. We ask that you enable colleagues both old and new to make a difference.

Mon 30
God we ask that long-established CBM staff have patience with new colleagues and give them the time they need to make a difference to help people in the world's poorest places.

Tue 31
We ask that you will guide the right people to CBM, and the team will be filled with passionate, talented people who offer their skills to achieve our mission.

Lord I wait for you; you will answer, Lord my God. **PSALM 38:15**

JANUARY

New year, new hope

Wed 1
God we find hope that the tide is turning towards inclusion of people with disabilities. Throughout the world, help governments and organisations to see how important this issue is.

Thu 2
Lord we hope for more incredible volunteers and Church Ambassadors, like Roy, who helps spread the message about CBM's vital work. We are blessed to have such dedicated supporters who give their skills and time to help others.

Fri 3
We pray that the new church relationships developed throughout 2019 will continue over the coming year. Help us to develop this fantastic support in churches and communities throughout the UK.

Sat 4
We are so grateful for our supporters Lord, and we ask that they continue to support the world's forgotten people. Help us to see past our own problems and recognise the needs of people in the world's poorest places.

Could you help spread the word about CBM? We are looking for passionate people to speak at local churches.



To find out more visit: cbmuk.org.uk/get-involved/church-ambassador

Prayers provided by the CBM UK team

JANUARY

Prayers from the Philippines



8-year-old May had bilateral cataracts until she was offered treatment by CBM's partner in the Philippines. Here, she has a follow-up vision assessment.



Sun
5

Pray for the programmes staff and partners who will be very busy in consolidating year-end reports and at the same time planning for the new year's programmes and activities. Keep their focus on the mission that we are trying to achieve.

Mon
6

As children and teachers return to school after the Christmas break, may we pray for all children with disabilities - that they can learn and have fun together and not be separated from other children.

Tue
7

May we pray for all people affected by glaucoma, especially those who are living in poverty. We ask that they are able to find the means or access help from organisations to afford their ongoing medication, which could save their remaining sight.

JANUARY

Prayers from the Philippines

Wed
8

Lord, we pray that more optometrists find joy in conducting optometry in poor communities. May our present volunteer optometrists be in good health while traveling from one place to another, bringing hope for those living with visual impairment.

Thu
9

Lord, may we have the heart to listen to the cry of women who are still disadvantaged in many areas. May more world leaders and development organisations be responsive, particularly to the needs of women with disabilities.

Fri
10

We remember with grateful hearts all our donors, our partners in programme development, and the people whose lives we touched and continue to touch.

Sat
11

Lord, we pray for all the programme staff, community based rehabilitation workers and all those who tirelessly work together with disabled people's organisations to empower people with disabilities to advocate for themselves.

Rebie Relator is a programme officer, working for our partner Eye hEAR Foundation in the Philippines. Rebie says, "A thankful heart from satisfied beneficiaries is more than enough. When you enjoy the things you do, the workplace becomes a place of joy."



Prayers provided by Rebie Relator, Eye hEAR Foundation

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.

MATTHEW 6:26

JANUARY

Prayers for South Sudan



The prayer group from Usratuna Rehabilitation Centre, CBM's partner in South Sudan. From left to right: Sister Carla; James, Head of Personnel; Secko, Community Based Rehabilitation Administrator; Anna-Mary, Head Clinical Officer; Agnes, Community Based Rehabilitation Supervisor.

Sun 12 At the beginning of this year we put our life under the guidance of our Lord Jesus Christ. We ask him to guard our life with his embrace and to bless and strengthen every desire for good.

Mon 13 Almighty Father, be merciful to your people. Rescue the country of South Sudan from the conflict and hurt that it has recently experienced.

Let all that you do be done in love. **1 CORINTHIANS 16:14**

JANUARY

Prayers for South Sudan



Tue 14 Lord we ask you for peace. Peace is the greatest thing we need in this world, particularly in South Sudan. May you give our world leaders today a sense of peace, knowledge and justice.

Wed 15 Father we pray for our brothers and sisters across the world who are struggling with illness. We pray for those in hospital, at home and in refugee camps with different kinds of diseases.

Thu 16 God, we ask that you help to make our work in South Sudan sustainable, and accessible. There is great need for services in different parts of the country and we hope, with your help, we can expand to help more people.

Fri 17 Lord we ask you to maintain peace in South Sudan. We ask you to bless those who have lost loved ones, sustained injury or mental scars due to conflict. We hope to expand programmes to help those in need.

Sat 18 God, you are aware of all that concerns us and you have a plan. You alone can move the mountains. Help us to trust you more and enable us to do everything with love.

Prayers provided by OVCI prayer group

JANUARY

Prayers from Australia



Jane Edge is Chief Executive of CBM Australia. Here she meets families in Ethiopia within a CBM programme ensuring children with disabilities can attend school.



Sun 19 God, as we settle into the new year, may we re-dedicate ourselves to you and your heart for serving those most in need. May you remain close by CBM staff as they embrace a new year, which will bring challenges and opportunities.

Mon 20 God, we ask for guidance as we work with a new CBM strategy. With our mission in sight, we hope our new structure will strengthen our organisation and leave a legacy of inclusion and hope for millions.

Tue 21 Today Lord we pray for those benefiting from our programmes giving people with disabilities the opportunity to earn an income and provide for their families. We pray for our fantastic partners who support this work.

This is my commandment, that you love one another as I have loved you. **JOHN 15:12**

JANUARY

Prayers from Australia

Wed 22 God, we pray for those who are affected by conflict, natural disasters, and crises. We pray that CBM's inclusive disaster risk-reduction efforts ensures people with disabilities are included and not left behind.

Thu 23 May we take a moment to reflect on Jesus' ultimate sacrifice. Lord help each of us to find our own small sacrifices that enable us to demonstrate Jesus' love for those in need around the world.

Fri 24 Lord we offer a prayer of dedication for our international programmes teams. May you work through them, as they wisely steward the generous gifts of our supporters for the greatest impact in the world's poorest places.

Your amazing support helps us fund work like our Low Vision Programme in Kenya. Barack has a rare eye condition, but with assistive devices and support, he can see a lot clearer.



Sat 25 God we praise you for our faithful programme partners. We praise you for the many dedicated employees who work in challenging conditions to ensure people with disabilities are included in their communities. Because of their dedication, lives are transformed.

Prayers provided by Jane Edge, CBM Australia

JANUARY/FEB

Prayers from Cameroon,
West Africa



At Acha Eye Hospital, Cameroon, four-year-old Merveille received cataract surgery, medical care and community rehabilitation.

Sun 26 Thank you Lord for the strong partnership between CBM and Cameroon Baptist Convention Health Services (CBCHS). We give thanks for what both organisations have accomplished so far in their mission to transform the lives of people with disability.

Mon 27 Lord, we ask that you oversee the work of Cameroon Baptist Convention Health Services. Give them grace to continue and to strengthen and expand services for disabled people and their families.

Tue 28 There has been conflict in Western Cameroon since 2016. Lord, we pray for peace to return to Cameroon. Pray for all those who have been displaced, especially people with disability, that your love will see them through.

Trust in the Lord with all your heart and lean not on your own understanding. **PROVERBS 3:5**

JANUARY/FEB

Prayers from Cameroon,
West Africa

Wed 29 God, we pray that disabled people's associations and organisations in Africa will continue to strengthen the voices of people with disabilities until we achieve the inclusive development vision "nothing about us, without us" in all spheres.

Thu 30 We pray for CBCHS as we pilot inclusive education programmes in Cameroon. We pray for positive results, that we may break down barriers to make education more inclusive and accessible for children of all abilities.

Fri 31 Father we ask for your blessing on the parents and families of children in Cameroon who have disabilities. In particular, we ask you protect children who have been displaced during the recent unrest.

Prayers provided by Professor Tih, CBCHS

Sat 1 As we enter the second month of the new year we thank God for his grace, wisdom and strength to continue serving humanity and bringing glory to his name.

Professor Tih is the Director of the Cameroon Baptist Convention Health Services (CBCHS), which has been a CBM partner since 1983 and provides a multitude of services for people with disabilities in Cameroon.



the
overseas
disability
charity

cbm
together we can do more



Help us to build a world where no one is needlessly blind

A gift in your Will can give sight to the world's poorest people. Sight-restoring cataract surgery, treatment for a blinding condition like glaucoma, even a simple pair of glasses can transform the life of someone living in poverty.

Take advantage of our free will-making service, provided by the National Free Wills Network and you could make a lasting impact on generations to come. **For more information email legacies@cbmuk.org.uk**

With grateful thanks to the friends of CBM who have provided prayers for this diary including: Madhizhagan Mohan, Nesia Mahenge, Daniela Ulloa, Clare Potosi, Murray Sheard, Niwaeli Iira, Rebekah Greenbank, Rebie Relator, Pius Tih, OVCI staff, Jane Edge and the CBM UK team.

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