Costasie from Rwanda, East Africa, was delighted to receive cataract surgery at our partner hospital.

Lord Jesus, we thank you for our incredible supporters who give sacrificially to transform the lives of people with disabilities living in the poorest parts of the world.

Thank you God for the joy you bring to our lives, we pray for an overflowing of peace and joy in our hearts and minds.

Lord, we pray for those facing challenges in their everyday lives. Please bless them and provide for all their needs.

Shamilla, a 12-year-old girl, has cerebral palsy. She attends our inclusive partner school at CoRSU hospital in Uganda, East Africa.

When we are overwhelmed or anxious, help us Lord to focus on you and put our trust in you. Give us your peace and strength to keep going.

Today, we give thanks to all those CBM supporters and their churches preparing for Christian Blind Mission Sunday this autumn.

Father God, we pray for healing and comfort for anyone dealing with health issues. We pray they would find refuge in you.

Thank you Lord for your love and mercy. Please help us to love and honour the people you have placed in our lives.

“May the Lord bless you and keep you; the Lord make his face shine on you, and be gracious to you; the Lord turn his face toward you and give you peace.” 6:24-26 NIV

Prayers provided by Nish Karunaratne and her family, Data Manager, CBM UK

Front Cover: Rebecca, held by her mother Pascasia, after receiving successful cataract surgery at Kabgayi Hospital in Rwanda, East Africa.
AUGUST
Prayers for the East Africa Food Crisis

As East Africa faces severe drought, we pray that God would provide the rain needed to sustain the families who are being severely impacted.

Lord we pray for all those working in East Africa to ensure needs are met. We pray that aid can be provided and support given to those who desperately need it.

The drought in Kenya, East Africa, is due to climate change. Forgive us for our neglect of your creation and help us to take steps to prevent future food crises across the world.

People with disabilities are already among the poorest in their communities and are often the last to receive help at times of crisis.

We thank you Lord for the generosity of CBM supporters in response to the Kenya Food Crisis. Lord we pray that this support will enable communities to rebuild and lives to be saved.

Lord we pray that measures are put in place to create more resilience to drought and communities can be supported in putting in place plans for the future.

Lord we pray for the current needs of all those across East Africa. We pray that you would provide for all and be their strength when they feel they have none.

A lack of rain across parts of East Africa has led to crop failures, drought and widespread food shortages. People in Kenya are paying the devastating price for a climate crisis they have done nothing to create.

“The earth is the Lord’s, and everything in it, the world, and all who live in it.” PSALM 24:1

To learn more about how your support can transform the lives of more people living in the world’s poorest places, visit cbmuk.org.uk/kenya
Feeling inspired to share our vision of a more inclusive world? Why not join us, share your passion and become an ambassador for Christian Blind Mission with your church? To find out more call 0800 567 7000.

Father, in the week of World Humanitarian Day, we pray for those helping people in the poorest places of the world. We pray for those men and women that risk their lives in service to others.

Father, we pray for those who are currently living in crisis, either through war or natural disasters and are in need of humanitarian aid. Please provide them with guidance and support, so they will not be overwhelmed.

God, today we pray that you will help us all to operate with justice and understanding, to assist the needs of those less fortunate and help to make the world a better place.

In the week of World Humanitarian Day, we pray for those men, women and children who work in their community. May God provide the love to guide them, as they serve others around them.

God, we pray for the next generation. May they grow up to be caring and provide support and care for those around them. May they have generous and compassionate role models in their lives.

This World Humanitarian Day, we pray for those who commit their lives to helping others. We are grateful for their energy, support and kindness dedicated to those around them.

God, today we pray for those who serve their communities, particularly teachers, community leaders and aid workers. Help them to reduce stigma amongst vulnerable groups through awareness and education and to provide life-saving support to those in need.

“God is our refuge and strength, an ever-present help in trouble.” PSALM 46:1

People gather in a church in Cameroon, Central Africa, for a free glaucoma screening test.

Prayers provided by David Rootham, Friend of CBM
As part of a trachoma prevention programme in Ethiopia, East Africa, water springs have been built. This spring delivers water to 600 people in the area.

"When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you.”
ISAIAH 43:2

Reflections on inclusive water, hygiene and sanitation

Wed 24
We ask for patience and wisdom to educate communities, so that people with disfiguring diseases like lymphatic filariasis are supported and welcomed rather than discriminated against.

Thu 25
Lord we pray that children return to schools with access to sustainable supplies of soap, water and well managed latrines so they can lead the way to good hygiene for future generations.

Fri 26
We pray for greater empowerment for women in the poorest communities to be leaders and advocates of sanitation and hygiene. We hope to train more women to repair infrastructure.

Sat 27
Lord, following the COVID-19 pandemic, we pray in hope that we have greater respect for the importance of inclusive water and health care facilities for all.

Father, we ask you to help us facilitate people with disabilities to ensure they have access to clean water. We are working towards clean water for everyone, everywhere, always.

Father, we pray for your help to share the knowledge and access to wash our hands and faces to prevent the spread of blinding trachoma and other diseases that threaten our health.

Students and other community members with disabilities receive a daily meal and water thanks to a CBM-funded inclusive school feeding and water distribution programme in Ethiopia, East Africa.

Prayers provided by Theresa Baird, Senior Programme Officer, CBM UK
To learn more about our work and how you can support people living with avoidable blindness, visit cbmuk.org.uk/what-we-do/

Lord, thank you for loving us and showing us the way. Please give us the strength and courage we need to live each new day with grace and mercy.

Dear Father, we thank you for your provision, we thank you for all the amazing people who work tirelessly to perform operations that help people see again. Please guide their hands and give them peace.

Dear Jesus, we thank you that every day we have running water that is clean and accessible. Today we remember those who have to walk miles to collect water for their family – keep them safe on their journey.

“God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.” HEBREWS 6:10

Prayers of gratitude

Wed 31
Thank you Lord for all the amazing supporters of CBM’s work around the world. May you bless them abundantly and guide their every step.

Thu 1
We pray for wisdom and guidance for CBM staff as they work together with country teams to change the future of individuals and their communities.

Fri 2
Thank you God for your faithfulness, compassion and kindness, may we have the grace and selflessness to be your hands and feet on this Earth.

Sat 3
Lord, we are thankful for our church community and pray for those who are lonely and have very little support. May you send the right people with the right expertise to those in need of care and support.

CBM friend and ophthalmologist, Dr Will Dean is pictured here, performing eye surgery at Nkhoma Eye Hospital in Malawi, Southern Africa.

Prayers provided by Leanne Folscher, Senior Supporter Relations Officer, CBM UK
**SEPTEMBER**

**Prayers for mental wellbeing**

**Sun 4**
Today we pray for people with mental health problems in parts of the world where there are very few services. We pray that they will be treated with dignity and understanding.

**Mon 5**
We recognise and pray for the dedication of those who are committed to supporting people with mental health problems. This role is often poorly recognised and appreciated and we pray for them to feel encouraged.

**Tue 6**
Mental health conditions are the world’s leading cause of disability, affecting over 450 million people at any time. 80% of people with mental illness live in low or middle-income countries, so today we pray for these men, women and children.

**Pictured here are students of the Mental Health Club in Benue State, Nigeria, West Africa.**

“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” *Isaiah 40:31*

**WEEK 6 4th-10th**

**SEPTEMBER**

**Prayers for mental wellbeing**

**Wed 7**
CBM is the world’s leading organisation tackling mental health and disability across developing countries. For over 15 years, CBM has been improving lives of people with mental health conditions in the world’s poorest places. We pray this invaluable work continues.

**Thu 8**
Our mental health advisors are spread across Africa, Asia and Latin America. We pray for strength and resilience as they continue to work in very challenging circumstances.

**Fri 9**
We advocate for people with mental health problems to have the power to speak for themselves, as their voice is often ignored. We pray for people who speak up and for their rights to be heard.

**Sat 10**
Lord, we pray for productive collaboration between CBM, our partners and international agencies as together we work to raise the profile of mental health; promoting justice for people living with mental health problems.

**Rose cares for her adult nephew, Robert, who has a severe mental illness. They receive support from a CBM partner in Malawi, East Africa, who help promote understanding of mental wellbeing.**
“God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.” HEBREWS 6:10

Families in the Anosy and Androy regions of southern Madagascar have received urgent support, thanks to your donations. This enabled them to access food, water, medication, soap and other essentials during the current food shortages.

Let us pray that all people affected by humanitarian crises around the world are able to find comfort in Our Lord, and that our hearts will be touched by having the love of sharing.

Deaf and hard of hearing people are among the most marginalized because of their invisible disability. Let us pray that their rights will be taken into account and that their inclusion in society will be facilitated.

Let us pray that the leaders of all nations can find common solutions to the various conflicts and wars in the world, which accentuate poverty, causing even more disability.

Let us pray that our Lord will touch the hearts of all people of good will, to support our efforts in the fight to break the cycle of poverty and disability.

In times of crises, people with disabilities and their families are among the most vulnerable. We pray that these men, women and children are able to access emergency help when needed.

Blind and visually impaired people are among the most deprived in the world. We pray that their rights will be recognised and respected and that they will be able to participate fully in the life of their families and communities.

In 2021, back-to-back droughts in southern Madagascar left thousands facing desperate hunger. We give thanks to CBM supporters who have already responded to the emergency Madagascar appeal, enabling families to access food, water, medication and other essentials.

Mosa, 45, has a learning disability and a physical disability. He and his mother support themselves by farming but the drought had a devastating impact on their crops. Thanks to your support they have been able to buy food and cooking pots.
Prayers for peace

We thank you Lord that you are the Prince of Peace, that despite all that goes on around us we can feel your peace.

We pray for those for whom peace is hard to find - those whose minds are busy and for whom life can feel too much. Lord, grant them your peace which transcends all understanding, show them they are loved by you.

Lord, we pray that you would change the minds and hearts of our global leaders. That they would place peace before power and reconciliation before reward.

On this International Day of Peace we pray for all those who are currently living in areas of conflict. We pray for safety, for healing and for strength. May they know that you Lord are with them.

May you be with all people whose families feel like a battleground, we pray that you would restore those relationships and help foster a community of love and support in all our homes.

Our world is full of conflict. Lord, we pray for a day when that is not the case. A day where humankind stands together, with all rights respected, seeing our similarities more than our differences.

We pray for those for whom peace is hard to find - those whose minds are busy and for whom life can feel too much. Lord, grant them your peace which transcends all understanding, show them they are loved by you.

Feeling inspired to share our vision of a more inclusive world? Why not share your passion and become an ambassador for Christian Blind Mission with your church? To find out more call 0800 567 7000.

Thanks to your support last year, around 278,000 wheelchairs, walking frames and other orthopaedic devices were distributed to those in need.

“We blessed are the peacemakers, for they will be called children of God.” MATTHEW 5:9

Prayers provided by Alice Twigger-Ross, Fundraising & Communications Intern, CBM UK
SEP/OCT

Prayers by a CBM supporter

Sun 25
Lord we pray for those living with depression and loneliness. May you be their guiding light of hope in their darkest nights. May they know that you love them with an everlasting love.

Mon 26
Father God we pray for those struggling with their mental health. You created us and we are here for your purpose. Reveal that purpose so that we can do our best to live out your will and live a fulfilling life.

Tue 27
Lord we pray for those who feel frightened, abandoned, unsafe, unsupported or trapped. There is freedom, help and hope in you Lord Jesus. We pray you will bring peace and courage to those battling with trauma.

If you would like to share some prayers to be included in a future prayer diary, please get in touch with our friendly team by calling 0800 567 7000 or emailing info@cbmuk.org.uk

"This day is holy to our Lord. Do not grieve, for the joy of the Lord is your strength." NEHEMIAH 8:10

SEP/OCT

Three-year-old Godwin was born with a cleft lip in western Uganda. Thanks to your support he was able to access life-transforming surgery at CBM partner hospital CoRSU.

Prayers provided by Steven Murray, Friend of CBM UK

Wed 28
Father, we pray for our friends and families. Help empower us in your love and give those around us strength in times of hopelessness.

God we pray for anyone who lives with from low self-esteem. May they know that their life is very important to you. Help them recognise their strengths and remind them that, in your eyes, they matter.

Fri 30
Today we pray for everyone struggling with mental health problems. Remind us that we are stronger than we think. You are our rock and our strength.

Today we remind ourselves with your words oh Lord, a joyful heart is good medicine, but a crushed spirit dries up the bones. May the hearts of those who abide in you, and you in them, be joyful.
**Jesus looked at them and said, ‘With man this is impossible, but not with God; all things are possible with God.’**

*MARK 10:27*

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**Prayers from Nepal, South Asia**

**WEEK 10 2nd-8th**

**Wed 5**

Dear Lord, thank you for all the opportunities you give us. We believe you have more plans to transform the lives of people in the world’s poorest places. Give us courage and help us to walk alongside people with disabilities. We strive for peace with everyone, and for the holiness without which no one will see you, Lord.

**Thu 6**

We pray for those living in Nepal. Its fragile Himalayan terrain gives it one of the highest fatality rates in the world from landslides, earthquakes and flash floods, and the climate crisis brings the threat of yet more extreme weather.

**Fri 7**

We pray for kind hearted people across the world. Words cannot express how grateful we are for your kindness and generosity. Thank you so much for being there for us and our communities through thick and thin.

**Sat 8**

We pray for all persons with disabilities both locally and throughout the world. Give them your mind, and surround them with people who will exercise integrity and work for justice, morality, and freedom.

**Mon 3**

Hear our prayers for those who are affected by floods, landslides & other crises. Strengthen them in their hour of need and grant them courage to face the future.

**Tue 4**

We pray that you continue to bless and support people living in poverty to live with dignity and respect across Nepal.

**OCTOBER**

**Prayers provided by Bimal Paudel, Programme Officer, CBM Nepal**

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**Krind, aged 5, had cataracts in both eyes. Here, he is shown having a test before receiving sight-saving surgery at our partner, the Biratnagar Eye Hospital in Nepal, South Asia.**

**Here, field worker Dilip is shown conducting a hearing test for 12-year-old Sakib who has a hearing impairment. Thanks to your support, field workers like Dilip are able to work in local areas in Nepal to examine eyes and ears.**
“And now these three remain: faith, hope and love; but the greatest of these is love.”  
COrinthians 13:13

Today, as we reflect, we give thanks for those churches and communities who are raising money to help restore sight in the world’s poorest places.

We pray for those living with permanent blindness and that our world will be increasingly inclusive for people with disabilities, remembering the communities around the world where provision is scarce.

World Sight Day celebrations take place in the Karamoja region in Uganda, East Africa. Activities include eye health screenings for people in the community.

Today we pray for ophthalmologists, optometrists, theatre technicians, hospital staff, outreach workers and all those who work tirelessly to restore sight.

Today is World Sight Day and so we pray for all those men, women and children who are living with avoidable blindness and hope that they will get access to treatment and support.

Today, we give thanks for all CBM supporters who give generously to help build a world where nobody is needlessly blind and for churches preparing for Christian Blind Mission Sunday this weekend.

On World Sight Day, we think of children like Manisha (pictured) and the millions of people around the world who are needlessly blind because they can’t access simple surgery or treatment that could save their sight.

Today we pray that more jobs will be made accessible for people with visual impairments and the contributions that all can make be duly recognised. Let there be an end to ableism in places of work.

Today, as we reflect, we give thanks for those churches and communities who are raising money to help restore sight in the world’s poorest places.

We pray for people who don’t have access to eye health services because they live too far away and cannot afford transport. We pray that their right to healthcare will be met before it is too late.

Prayers for World Sight Day

WEEK 11

9th-15th October

Sun 9

Mon 10

Tue 11

Wed 12

Thu 13

Fri 14

Sat 15

OCTOBER

WEEK 11

9th-15th October
On this Christian Blind Mission Sunday, we pray for church congregations around the world. We give thanks for those who are working to make churches accessible for people with disabilities.

Following this year’s Christian Blind Mission Sunday, we give thanks for all the churches who have been raising money to help restore sight in the world’s poorest places.

Lord, we pray for all the healthcare staff who work at our partner institutions. We thank you for their knowledge and expertise. We pray you would be with them as they inspire and change lives.

Today, we pray for a more inclusive world. We pray for greater change globally so that all people with disabilities may have their rights upheld and opportunities opened to them.

We pray for those who cannot access eye health services due to economics, geography or stigma. We pray that they would be granted their right to healthcare as soon as possible.

Lord, we give thanks for all CBM supporters who have used their time and resources to raise money for CBM. We thank you for the inspiration they give us and the change they are making across the world.

We thank you for our amazing country teams. We pray that they would be a light in their communities and that you, Lord, would guide them and sustain them during difficult times.

“Paraphrase of Matthew 18:20”

Prayers for churches and the community

OCTOBER

Sunday 16th

Prayers for churches and the community

Dr Leonard Wanyonyi in Kenya is shown here preparing a patient for surgery.

If you would like to share some prayers to be included in a future prayer diary, please get in touch with our friendly team by calling 0800 567 7000 or emailing info@cbmuk.org.uk

Prayers provided by Alice Twigger-Ross, Fundraising & Communications Intern

CBM UK
We pray for the whole CBM Global team as they travel for various field related visits and training, that God may grant them journey mercies. We pray that God may guide them in various decisions they make.

We pray for families who live with and support people with disabilities. Pray that God gives them grace, patience, and hope, as they encounter various challenges. We pray that the families might be great examples to the communities in which they live.

Almighty Father, we pray for children with disabilities all over the world who are struggling. Help their parents, neighbours, and caregivers, endow them with love and perseverance as they help towards achieving their full potential.

May you guide our teams around the globe to work towards an inclusive world in which all people with disabilities enjoy their human rights and achieve their full potential.

A lack of rain across parts of East Africa has led to crop failures, drought and widespread food shortages. We pray particularly for families with disabilities in their extreme need.

“Now faith is confidence in what we hope for and assurance about what we do not see” HEBREWS 11:1

Prayers provided by Kevin Osundwa, CBM Kenya country director
Christian Blind Mission Sunday (16th October) is an uplifting addition to the church calendar in the same week as World Sight day.

This event is a unique opportunity that will allow your church members to learn about the prevalence of low vision in developing countries, and put God's love into action, to help the world's forgotten people.

We have produced a range of free resources so your church congregation can learn, pray and give to help restore sight to people living with preventable blindness in the world's poorest places.

To join the growing number of churches who will be marking Christian Blind Mission Sunday please visit www.cbmuk.org.uk/sunday or call 0800 567 7000.

With grateful thanks to Nish Karunaratne, Kevin Osundwa, Theresa Baird, Leanne Folscher, Satry Ramaroson, Alice Twigger-Ross, Steven Murray, Bimal Paudel and David Rootham.

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