Thank you Lord Jesus, for all the many blessings that come from you. Help each one of us, Lord, this week, as we build up to Lent, to never take for granted all we have in you.

Give wisdom Lord to all those who are part of CBM to know how best to demonstrate your love in action, and to amplify the voice of those who are so often unheard and forgotten.

50 year old Hauwa from Nigeria, West Africa, is irreversibly blind due to river blindness. Our partners in Nigeria are working to combat river blindness, and other Neglected Tropical Diseases, to protect future generations.

Heavenly Father, as we await the joy of Easter, help us to reflect, pray and prepare more eagerly remembering your faithfulness, love and mercy to us.

Thank you, Lord, for all the partners of CBM, and their tireless work in supporting the most marginalised. Help them to bear fruit, and may their work in supporting people with disabilities prosper.

We pray for those in government and in authority to have wisdom and the understanding needed to govern well and to ensure that all are treated equally and with respect.

We pray for all those advocating for disability inclusion in every aspect of life. May your freedom and justice, Lord, prevail, so everyone can live life in all its fullness.

"Create in me a pure heart, O God, and renew a steadfast spirit within me... Restore to me the joy of your salvation."

PSALM 51:10, 12A

Paul, 70, from Zimbabwe, Southern Africa, is a farmer and carpenter. After developing cataracts, he could not leave his home, nor walk to the toilet independently. Thanks to supporters of CBM, Paul underwent successful cataract surgery that has transformed his life.

"Create in me a pure heart, O God, and renew a steadfast spirit within me... Restore to me the joy of your salvation."

PSALM 51:10, 12A
**FEBRUARY**

**Prayers for Zimbabwe, Southern Africa**

Mary, from Zimbabwe, Southern Africa, was blind because of cataracts and unable to earn a living to support her grandchildren. Following successful surgery to restore her sight, Mary said, “I have nothing to worry about. I know God will guide me through the next stage.”

**Sun 18th**

Dear Lord, thank you for the Supporting Adolescent Girls Education Programme (SAGE) in Zimbabwe - we pray that young girls may benefit hugely and that communities may continue to be supportive.

**Mon 19th**

Lord, there are many who have trouble with their eyesight in Zimbabwe. May the training that has been given to ophthalmic nurses be a blessing to many cataract patients.

**Tue 20th**

We pray for your comforting presence, that you would give hope to many that are struggling with the impact of economic crises, disease, and mental health challenges. May they know your healing hand.

**WEEK 2 18th-24th**

**21st**

Lord, we pray for CBM teams and partners who work tirelessly to support our projects in Zimbabwe. Give them strength and wisdom so that this work may bring forth good outcomes.

**22nd**

We pray for the partnerships we have that support our work in Zimbabwe, may harmony and understanding continue through your grace and may people’s lives be transformed by our unified efforts.

**23rd**

We pray for your comforting presence, that you would give hope to many that are struggling with the impact of economic crises, disease, and mental health challenges. May they know your healing hand.

**24th**

Lord, we pray for all those living with disabilities in Zimbabwe, give them strength, give them hope, and let them know you are their present help in times of challenge.

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**MARY, FROM ZIMBABWE, SOUTHERN AFRICA, WAS BLIND BECAUSE OF CATARACTS AND UNABLE TO EARN A LIVING TO SUPPORT HER GRANDCHILDREN. FOLLOWING SUCCESSFUL SURGERY TO RESTORE HER SIGHT, MARY SAID, “I HAVE NOTHING TO WORRY ABOUT. I KNOW GOD WILL GUIDE ME THROUGH THE NEXT STAGE.”**

“I can do all things through Christ who strengthens me.”

PHILIPPIANS 4:13

**Prayers provided by Mildred Zimunya, Friend of CBM**
FEB/MAR

Father, we thank you for specialist nurses and surgeons who can treat women with obstetric fistula. We pray for restoration and healing for women who feel isolated and ashamed due to this condition.

Lord, we pray for children who are unable to go to school due to avoidable blindness. We pray that those children can access life changing surgeries and break the cycle of poverty and isolation.

Zawadi, 18, from Kenya, East Africa, has nerve damage and a visual impairment. Zawadi is pictured with CBM program officer Jacqueline Mutai, who said, “There is a lot of stigmatisation of mental health patients and a lot of discrimination against people with mental health conditions and psychosocial disabilities.”

“Stop judging by mere appearances, but instead judge correctly.”
JOHN 7:24

FEB/MAR

After three years physiotherapy at a hospital, Jeanne received a prosthesis, but was unable to support herself and so begged on the streets. We pray for people forced into poverty due to a disability.

You are a God who sees and knows all. Thank you Father, that you never forget or neglect us. Today, we pray for communities to stand together for those living with disabilities and facing discrimination.

We pray for any persons who face discrimination and stigma due to mental health. Father may your love and joy bring comfort to them and their families. May they access the help and support they need.

Prayers provided by Doné McConnell, Supporter Relations Officer, CBM UK

FEB/MAR

Zawadi and her father, Kaingu, leave a meeting of an Organisation of Persons with Disabilities (OPD). The OPD advocates for people with disabilities, combating misconceptions and discrimination.

Lord, we pray for CoRSU, CBMs partner hospital in Uganda, East Africa, where so many children receive surgery for bowlegs or clubfoot. Thanks to CoRSU children now have the opportunity to play with their friends, go to school and not live in isolation.

Father, we pray for all those affected by poverty or unjust discrimination. Help us to continue to provide for and support those living in crisis and in need. Without you, nothing is possible.
**MARCH**

Prayers against isolation

**Wed 6**

Dear God, we pray for those who are struggling with rejection as they are stuck at home or bound by mental health challenges. Please make a way for appropriate community support.

**Thu 7**

We pray for those who are living with no sight, and are feeling isolated and unable to participate in school or work. Father, please make a way for them to feel connected and accepted.

**Fri 8**

Father, we pray for families and friends to move in grace and compassion with those who need extra support due to disabilities. May you strengthen and sustain carers who may also feel isolated.

Lord, we thank you that you are a loving father. Today we pray for those who are feeling lonely and rejected. May you be their peace and friend.

Sakib, 12, from Nepal, East Asia, has hearing loss in both ears. Sakib is pictured at home with his mother, Inja, after receiving a hearing aid at our partner hospital.

**Phanyai lives in Laos, Southeast Asia, and is part of the Association for Rural Mobilisation and Improvement (ARMI), a partner project helping to change the lives of those who need support within the local community through mutual respect, sharing resources and caring for the environment.**

“We do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.” PHILIPPIANS 2:3

Prayers provided by Leanne Folscher, Senior Supporter Relations Officer, CBM UK
**MARCH**

**Prayers for communities**

Blessing, from Uganda, East Africa, is the only child to Zuena and her husband. Both are farmers who grow maize, beans, and millet to survive. After a nine-hour journey to our partner hospital, CoRSU, Blessing was diagnosed with a cleft lip and palate.

Sun 10 Lord Jesus, this Mother’s Day, we ask for your peace and encouragement for mothers across the world who are living with a disability, especially as they seek to care and provide for their families.

Mon 11 We pray for people with disabilities who continue to face stigma and discrimination in their communities. We pray that through CBM’s work they would be empowered to speak out and claim their rights.

"But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint." **ISAIAH 40:31**

Tue 12 Thank you for calling on us to be a voice for the voiceless. We pray for all those advocating for the vulnerable members of their communities. Encourage them and bless their work today.

Wed 13 Father God, thank you for the 32,000 people with disabilities who were empowered through CBM’s programmes last year. We ask that they would continue to thrive and be part of their communities.

Thu 14 Lord, we pray that you would cultivate a culture of love and unconditional acceptance in the places where CBM works, establishing communities where all are accepted regardless of their circumstances.

Fri 15 Thank you for the gift of community. We ask today for your peace and comfort for those who may be struggling to fit in, that they would build strong relationships with friends and neighbours.

Sat 16 Jesus, we pray for your strength today for all those who are feeling weak and vulnerable. Surround them with your love, that they might soar on wings like eagles and see your power at work.

**Blessing and Zuena meeting CBM UK Chief Executive, Kirsty Smith, at CoRSU, where Blessing is now scheduled for surgery and rehabilitation to correct her cleft lip and palate. Zuena said, “I thank CoRSU donors for the support. I ask you to stand with my child until the end of the rehabilitation.”**

Prayers provided by Elizabeth Taylor, Senior Data Officer, CBM UK
MARCH

Prayers around avoidable blindness

Sun 17
We pray for good health and stamina for eye surgeons working in the poorest parts of the world and for nurses working alongside them. Guide their hands as they tirelessly perform eye surgeries.

Mon 18
Bless every CBM supporter for their prayers and generous gifts that will help provide accessible clean water and toilets. And thank you, God, for the changemakers living in these communities who are preventing blindness.

Tue 19
Thank you, Father, for the smooth and consistent provision of vision-preserving medication such as Mectizan, which disrupts the life cycle of parasites responsible for river blindness.

Batwel, 85, is read a Bible passage by his son Lemani, at their home in Malawi, East Africa. Cataracts in both of his eyes meant that Batwel was completely blind, but thanks to CBM’s supporters, he received treatment through an outreach programme.

“...To open eyes that are blind, to free captives from prison and to release from the dungeon those who sit in darkness.” Isaiah 42:7

Fri 22
God, you said in your word in Psalm 34:18 that you are close to the broken hearted and save those who are crushed in spirit. We ask that you comfort people living with the fear of losing their sight. Give them your hope and faith.

We pray that people living with glaucoma will have this condition halted and the pressure on their eye’s optic nerve will be relieved through the swift provision of treatments such as eye drops and surgery by CBM field workers and partners.

Batwel, surrounded by his family after returning home following a successful cataract surgery.

Prayers provided by Jane Edge, Chief Executive Officer, CBM Australia
“Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” 1 THESSALONIANS 5:18

**MARCH**

**Prayers of thanks**

Five year old Fitia, from Madagascar, has received new glasses through the MAHAY Inclusive Education project. This has enabled him to take part in all of his school activities with the rest of his class.

Father, we thank you for your mercy and grace on our lives. We thank you that you know each of us by name. We pray that you will be with those who have no one to love and care for them.

We thank you for your unconditional love and we pray for those who are vulnerable and need your love and compassion; may you send the right people to love and care for them.

Heavenly Father, we thank you for your mercy and grace on our lives. We thank you that you know each of us by name. We pray that you will be with those who have no one to love and care for them.

Father we thank you for the resurrection of your Son and the promise of eternal life.

This Good Friday, we thank you that hope and peace can be found in you every moment of the day. May you bring hope to those who have no hope.

Today, we pray you will please give us a fresh understanding of your Father heart, may we always be your hands and feet everywhere we go.

As we take a moment to pause and focus our hearts and thoughts on you today, we pray for those who are in desperate need of support and have nowhere to turn, may you comfort their hearts and minds.

Mosa, 45, from Madagascar, has a physical and intellectual disability. He and his mother work to cultivate the land, and received support from CBM following the 2022 Madagascar food crisis.

Prayers provided by Leanne Folscher, Senior Supporter Relations Officer, CBM UK
Dear Heavenly Father, this Easter Sunday we thank you that you came to earth to die and rise again to give us eternal life. May you grant peace and your deep love on those who are aching and feel lost and lonely.

On this Easter Monday, we thank you Father for giving us life, so we may live abundantly and help others to have abundant life too.

Merciful God, as we celebrate Easter, may we remember the sacrifice of your Son, Jesus Christ, and the hope it brings. Help us to live a life that reflects his unconditional love.

Lord, may we live a life that replicates your love and grace. Help us to follow your example of humility and obedience as we seek to support those who are most vulnerable in our world.

We pray for your guidance of workers on the ground, leading them to areas where trachoma and river blindness pose the greatest risk to people’s well-being, independence, and inclusion in their communities.

Prayers provided by CBM Australia
The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon.” PSALM 92:12

Prayers for health and well-being

Sun 7
Dear Heavenly Father, fill our hearts with compassion and love for those who are hurting. Help us to be a source of comfort and hope to those in need.

Mon 8
Lord, please help us to become more like Christ in our thoughts and actions by allowing our lives to begin to change as we grow closer to you.

Tue 9
Almighty God, we pray for peace and unity around the world and that peace is restored to nations that have none. We also ask that your strength will continuously lift the spirits of those in pain.

CBM’s partner Action Intercooperation Madagascar is running a project called Inclusive Recovery and Resilience in the South of Madagascar. Groups attend the farmer school and gain skills that aid towards independence and self-sufficiency.

WEEK 9 7th-13th

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Wed 10
Lord, we ask for total healing for those who are sick. We pray for your healing intervention, and we trust in your word which is forever settled in heaven.

Father, we pray that you would guide us in all our decisions this month. We also ask that our steps are divinely ordered in whatever we do.

Fri 12
Thank you, Jesus, for the gift of life and for the opportunity to see a new dawn each day. We rejoice in your faithfulness and all your promises for us.

Sat 13
Dear Lord, we commit our children to your mighty hands. Keep them safe, and may they grow in knowledge and wisdom.

Prayers provided by Ekaete Umoh, Country Director, CBM Nigeria
Loving God, today we pray for the rights, autonomy, and dignity of people with learning disabilities. May they be loved and celebrated for who they are, listened to, and empowered.

We give thanks for the Association of Intellectual and Developmental Disabilities in Nigeria (AIDDN), a CBM partner, and their work to strengthen Organisations of Persons with Disabilities.

Loving God, let us look to those around us, with and without learning disabilities, and be inspired by the diversity of discipleship. Let us be moved by those around us to see the world in new ways.

We know that people living with mental illness too often face isolation and exclusion. Loving God, be with those who are lonely; we pray that they may feel your presence.

We are thankful for mental health professionals, and all those committed to furthering the inclusion and well-being of people living with mental health conditions and psychosocial disabilities.

Lord, we pray for the work of CBM among people experiencing mental illness. We pray especially for the SUCEED Project, operating in Malawi, Zimbabwe, Sierra Leone, and Nigeria.

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." GALATIANS 5:22-23

We look to the Body of Christ and its wondrous diversity. Help us to embrace and affirm each other as members of one Body, equally valued and equally loved, and to celebrate each other's unique gifts.

We are thankful for mental health professionals, and all those committed to furthering the inclusion and well-being of people living with mental health conditions and psychosocial disabilities. We are thankful for the diversity of discipleship. Let us be moved by those around us to see the world in new ways.

Prayers provided by Reuben Jenkins, Marketing Officer, CBM UK
Dear Lord, thank you for the gift of life. We pray, Lord, that you would sustain and comfort people with disabilities in Kenya as CBM workers and partners strive to reach them, providing access to food and healthcare.

God, we pray for the building of accessible toilets and washrooms for people with disabilities in Kenya through your provision of the necessary workers and resources to accomplish this.

Lord, we pray for life-giving rain in Kenya. We also pray you will strengthen and expand CBM’s clean water projects in Kenya so more women and children can safely haul clean water for their families.

Heavenly Father, we pray for your provision of resources, aids and training in Kenyan mainstream schools so that children with disabilities can go to school, receive an education and have friends.

Lord, bless every beneficiary in Kenya who is open-heartedly caring for family or community members despite their own personal challenges.

Akale-Adir, 74, is raising six grandchildren alone. All were helped in 2023 by the Turkana Drought Response Inclusion Project in Kenya.

Father, your word says in Psalm 112:1, “Praise the Lord. Blessed are those who fear the Lord, who find great delight in his commands.” Bless all faithful supporters and their families for their prayers and kindness to the world’s most marginalised people.

Heavenly Father, we pray for Kenyans in need of eye care services so that they may receive the necessary treatment for conditions such as cataracts and diabetic eye complications.

“The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.” PSALM 28:7

Prayers provided by CBM Australia
Both of Hadiza’s parents have been blind since they were young, her father lost his sight due to measles. We pray for her parents and for all parents who have a disability.

At three years old, Hadiza’s parents struggle to farm their land due to their disability, so we pray for their wider family who have supported them.

Hadiza could be treated at CBM supported hospital in Kano, Nigeria, which filled her parents with hope. We pray for hope for parents whose children are born blind.

Both of three year old Hadiza’s parents are blind. When they found out that their daughter’s blindness could be cured, they said, “We were really excited when we heard that treatment was possible and the cost will be taken care of.”

At ECWA hospital in Nigeria, West Africa, Hadiza underwent a successful cataract surgery. As she recovers, her parent’s hopes are renewed. “We dream of Hadiza going to school and building a bright future for herself,” said her father.

We pray for the surgeons at Kano hospital as removing cataracts in children requires a high level of expertise, we pray for the ophthalmologists.

We pray for little Hadiza as she recovers from her operation. We pray that she will get the ongoing treatment she requires as she grows up.

Hadiza now must wear glasses and so we pray for her education that she will continue to learn and develop and be able to support her parents when she is old enough.

Hadiza will receive follow-up appointments to check on her progress and so we pray for the theatre team and the ophthalmologists who check the development of her eyes.

“He heals the broken hearted and binds up their wounds.”
PSALM 147:3

Prayers provided by David Rootham, Friend of CBM
MAY

Prayers for people living with physical disabilities

Wed
Lord, thank you for your abundant provision of glasses through CBM supporter generosity so that people with failing eyesight can see. May you protect field workers as they reach people and distribute these glasses.

Fri
Thank you for the creative ideas you are giving CBM workers as they strive to provide quality mobility aids to fit the unique needs of each person with disabilities.

Sat
Dear God, we pray for children born with clubfoot that they may receive timely specialised treatment through the Ponseti method, with gentle manipulation and a cast to realign and support their feet for proper growth and mobility.

MAY

Prayers for people living with physical disabilities

Deepak, 26, from Nepal, South Asia, lives with multiple disabilities. He received support from the CBM-funded Futuremakers project, which enables young people with disabilities to access livelihood services and resources.

Our Lord, we pray for community leaders in marginalised areas of the world. We pray their hearts will be opened to the needs of people with disabilities in their communities.

Dear God, we thank you for the enthusiasm growing in marginalised communities for the inclusion of people with disabilities through education and community participation in the building of ramps for wheelchairs.

Dear God, we thank you for the creative ideas you are giving CBM workers as they strive to provide quality mobility aids to fit the unique needs of each person with disabilities.

More than 1.5 billion people live with hearing loss, according to the World Health Organisation. We stand in faith for more projects this year that provide hearing aids to people who otherwise will not hear.

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God, we thank you for the enthusiasm growing in marginalised communities for the inclusion of people with disabilities through education and community participation in the building of ramps for wheelchairs.

“Jesus replied: ‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ MATTHEW 22:37

Prayers provided by CBM Global
For over 110 years, CBM supporters have been building more inclusive communities for people with disabilities in the world’s poorest places. By leaving a gift in your Will to CBM, you’ll be helping to save sight, strengthen health systems and improve access to education and employment opportunities.

You can make a Will for free through CBM. All we ask in return is that you consider leaving a gift, no matter how large or small, to support people with disabilities in the world’s poorest places.

For more information about leaving a gift in your Will, or to request a legacy brochure, please call our friendly team on 0800 567 7000 or email info@cbmuk.org.uk